





Bring your coffee or lunch to work for a couple of weeks instead of buying them — and put the money you would have spent aside for a donation.



Host a bake sale, garage sale or game night.



Get social and send out a fundraising message via Facebook, Twitter, Instagram or LinkedIn.



Visit alz.org/walkmatch to find out if your workplace matches charitable gifts.

Every dollar makes a difference, advancing the care, support and research efforts of the Alzheimer's Association®.

