ALZHEIMER'S ASSOCIATION®

Balance and Wellness in Caregiving:
A Webinar to Honor Women's History Month

Join the Alzheimer's Association Michigan Chapter for a special presentation in partnership with The DevOTed Lab at Wayne State University in honor of Women's History Month.
Both professional and family caregivers are encouraged to attend.

This program will:

- Discuss research findings in line with caregiver resources and training.
- Evaluate the role of confidence in caregiving.
- Review the importance of wellness amid caregiving.
- Identify wellness practices.
- Apply an example of mindfulness meditation.

Guest Speaker

Roseanna DiZazzo-Miller, Ph.D., OTRL, FAOTA, FMiOTA, CDP, is an associate professor at Wayne State University. Her research expertise is in training and quality of life for caregivers of people with dementia.

Thursday, March 14

11 a.m. to 12:30 p.m. EDT

This FREE webinar will be held via Zoom. Participants are encouraged to register.

60% ***of dementia caregivers are women***

2/3 ***of people living with dementia are women***

This training is approved for 1.5 regular CE Clock Hours for Nurses and Social Workers.