



THE LONGEST DAY
ALZHEIMER'S ASSOCIATION

The Longest Day® is the day with the most light, the summer solstice. Donate today — when we unite, the strength of our light will outshine the darkness of Alzheimer's.

\$10

to help end Alzheimer's.

Thanks to: _____

\$15

in honor of the over 11 million caregivers across the United States.

Thanks to: _____

\$20

to help advance Alzheimer's care, support and research.

Thanks to: _____

\$10

to join the fight.

Thanks to: _____

\$25

to move us closer to our vision of a world without Alzheimer's and all other dementia®.

Thanks to: _____

\$10

because 1 in 3 seniors dies with Alzheimer's or another dementia.

Thanks to: _____

\$15

to advance critically-needed research.

Thanks to: _____

\$40

as a self-donation to kickoff my fundraising.

\$10

to help defeat a disease that kills more people than breast cancer and prostate cancer combined.

Thanks to: _____

\$20

because every dollar makes a difference.

Thanks to: _____

\$10

to help end the most expensive disease in America.

Thanks to: _____

\$15

to outshine the darkness of Alzheimer's.

Thanks to: _____

\$25

in honor of the more than 6 million Americans living with Alzheimer's.

Thanks to: _____

\$15

because together, we can end Alzheimer's.

Thanks to: _____

\$10

to recognize the 50 million people worldwide living with dementia.

Thanks to: _____

You've taken the first step by registering for the The Longest Day. Now it's time to start fundraising. Use this interactive tool to help you reach your goal.

How it works:

1.

Hang this sheet up at work or take it with you to community functions, such as book club, bridge night or your favorite class at the gym.

2.

Ask others to select a square, make the suggested donation and sign their name on the line. Cross off their donation square to indicate it's completed.

3.

Fill in the entire board, and you've raised \$250 toward The Longest Day incentive gift program. You will be notified of the levels and prizes of the fundraising program via email. Information will also be available through your online Participant Center.

Visit alz.org/thelongestday and log in to your **Participant Center** for more fundraising tips and tools.

**THE DAY WITH THE MOST LIGHT
IS THE DAY WE FIGHT®**