

THE BEST \$100 T-SHIRT YOU'LL EVER EARN.



Raise \$100 to earn the official 2021 Walk to End Alzheimer's® T-shirt.

Quick ways to raise your first \$100:



Email five friends asking for \$20.



Cook meals at home for a couple of weeks instead of going out or getting takeout — and put the money you would have spent aside for a donation.



Host a virtual game night or other online fundraiser.



Host a Facebook Fundraiser or send messages on your favorite social networks asking for donations.



Visit alz.org/walkmatch to find out if your workplace matches charitable gifts.



Complete the fundraising square game on the reverse side of this flyer.



Every dollar counts in the fight against Alzheimer's.

Please support my Walk to End Alzheimer's fundraising efforts. Every dollar helps to advance the care, support and research efforts of the Alzheimer's Association®.



\$5

to help end Alzheimer's.

Thanks to: _____

\$11

in honor of the more than 11 million caregivers across the country.

Thanks to: _____

\$5

because Alzheimer's isn't stopping and neither are we.

Thanks to: _____

\$10

to join the fight.

Thanks to: _____

\$10

because 1 in 10 people age 65 and older has Alzheimer's.

Thanks to: _____

\$3

to help advance Alzheimer's care, support and research.

Thanks to: _____

\$3

because 1 in 3 seniors dies with Alzheimer's or another dementia.

Thanks to: _____

\$20

as a self-donation to kick off my fundraising.

\$3

because Alzheimer's is affecting our families, our finances and our future.

Thanks to: _____

\$1

because every dollar makes a difference.

Thanks to: _____

\$10

to help fight the most expensive disease in America.

Thanks to: _____

\$5

to support the Alzheimer's cause.

Thanks to: _____

\$5

because, together, we can end Alzheimer's.

Thanks to: _____

\$3

because, despite weighing only about three pounds, the brain is our most powerful organ.

Thanks to: _____

\$6

in honor of the more than 6 million Americans living with Alzheimer's.

Thanks to: _____