

SCHEDULE OF EVENTS

Pre-Walk Activities

8:30 a.m. **Registration & Activities open**
Team Photos Area
Promise Garden Distribution Area
Playground
Sponsors/Exhibitor Area
Alzheimer's Association Info Tents
Food Area

Stage Ceremony

9:40 a.m. **Ceremony Opening Remarks**
9:45 a.m. **Promise Garden Ceremony**

The Walk

10:00 a.m. **WALK BEGINS!! (.5-mile, 1.2-mile or 3.2-mile Walk Routes)**

Post-Walk Celebration

10:45a.m. **Activities still available:**
Team Photos Area
Sponsors/Exhibitor Area
Playground
Alzheimer's Association Info Tents
Food Area (per availability)

12:00 p.m. **2019 Walk to End Alzheimer's concludes – THANK YOU!**

SEACOAST WALK FAQs

What time does the event start?

Registration (“Walker Check-in Tent”) & Activities open: **8:30 a.m.**

Opening Ceremonies/Promise Garden Ceremony at Stage: **9:40 a.m.**

Start your walk after the ceremony concludes!

What happens if it rains?

Walk is a rain or shine event. However, in the case of severe weather, we will cancel. If this is the case, we will update our Walk homepage on or before the morning of the event.

Where can I park? (For Participants)

Volunteer/Vendor and Handicapped parking is available directly across Clough Drive as noted on the site map. We have also included a parking map to show public/metered lots and street parking available in the area.

Is there water/food available?

An assortment of donated food and beverage items will be available in the “Food Area” pre- and post-Walk per availability. There is water available at one water stop, located along the Walk route.

How long is the Walk?

There are 3 route options – a .5 mile, a 1.2 mile and a 3.2 mile - all of which are accessible – See both route maps attached.

Are pets, strollers, bicycles and skates allowed on Walk day?

We do allow strollers, but for everyone’s safety, we discourage skateboards, bicycles, inline skates and wheelie footwear. Well-behaved dogs are welcome, but must be on a leash at all times.

Are the walk routes wheelchair friendly?

Both routes are accessible.

What activities will there be on walk day?

We will have a bunch of walk day entertainment including a team photo booth, dog area, sponsor exhibits, a playground for kids and ALZ Association information tables. All will open at 8:30AM and be available until the event concludes.

Where are the restrooms?

We will have port-a-johns on site directly across Clough Drive – please see site map attached for details.

Who do I get in touch with in case of an emergency?

In the case of an emergency, please call 911. For less urgent medical care, you can visit the EMT Ambulance onsite or find an ALZ committee member or staff member to ask for help.

REGISTRATION RELATED QUESTIONS

Can I sign up for the Walk at the Walk?

Yes. Visit “Walker Check-In” tent. There is no registration fee or minimum fundraising amount to walk.

Can I turn in donations at the Walk?

Yes. You can turn in donations on Walk Day at the Walker Check-In tent. You can also turn in donations in advance by mailing them to our office with a note with instructions on where to credit the donations (Alz Assoc. Attn: Seacoast Walk 309 Waverley Oaks Road, Waltham MA 02452) or by attending our Early Bird Registration night.

Do I get a Walk T-shirt?

T-shirts are available for walkers who have registered AND raised at least \$150. You can claim your t-shirt on walk day at the walker check-in tent if you qualify. All walk day volunteers will be given a volunteer t-shirt during setup.

How do I get a Promise Garden flower?

You must be a registered walker to receive a Flower. On Walk day, you will receive a wristband at walker check-in. Each registered walker with a wristband will receive a Promise Garden flower at the Flower Area. Please choose the color that best represents your connection to the disease.

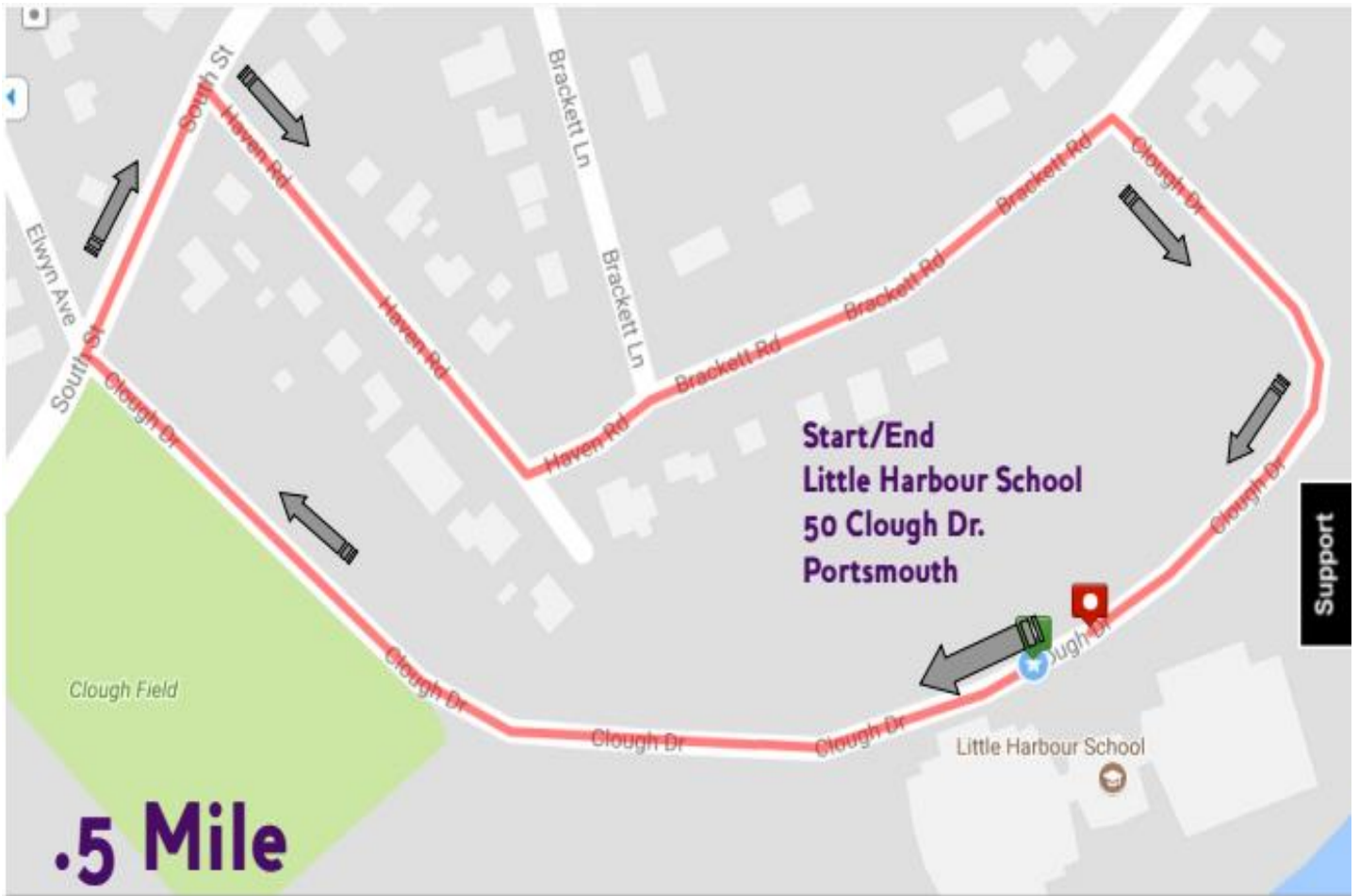
What do I do with my Promise Flower?

Before you begin walking, plant your flower in the Promise Garden. Take note (or a picture!) of where you planted it so you can collect it before you leave.

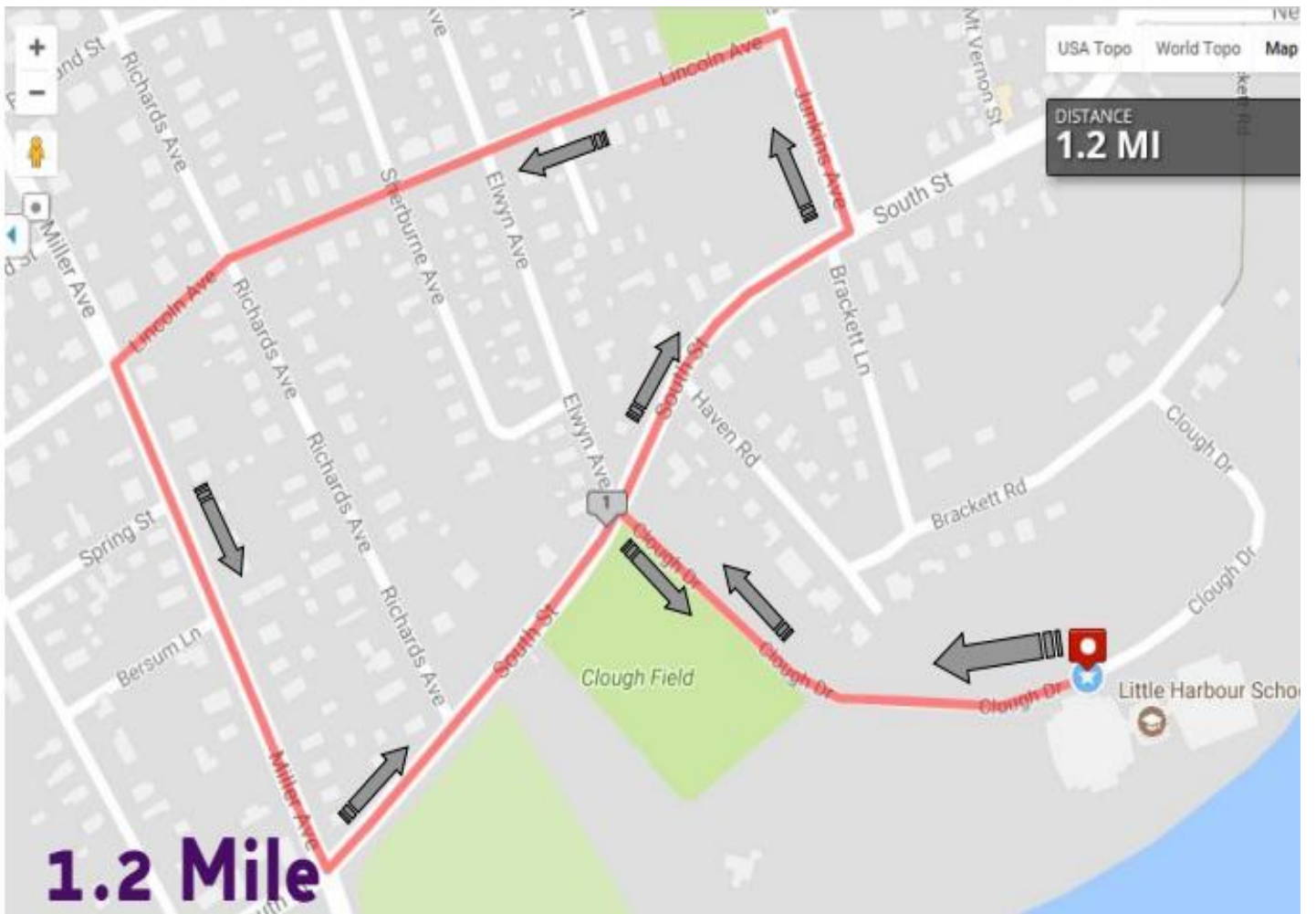
SITE MAP



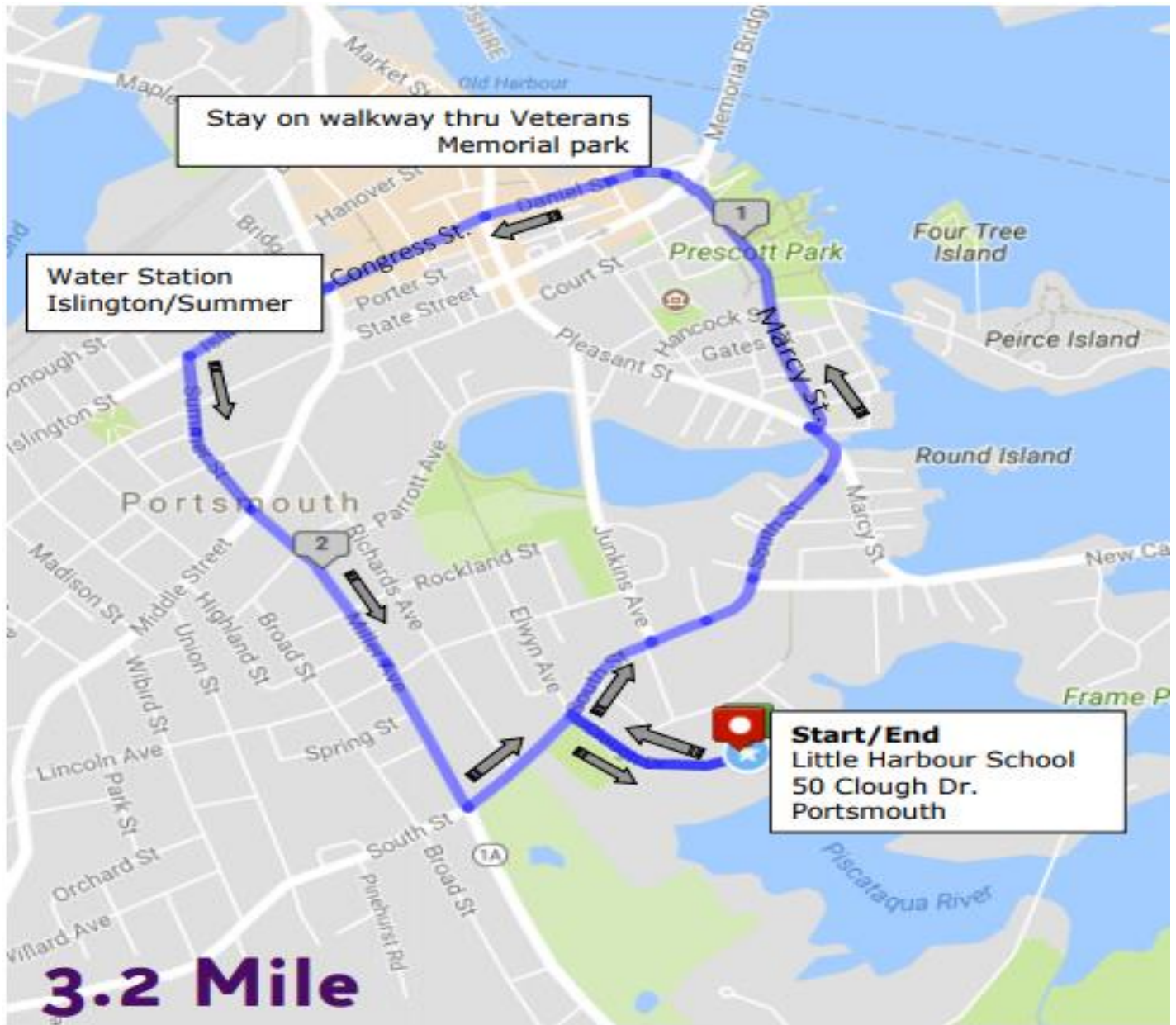
.5 Mile Route



1.2 Mile Route



3.2 mile Route



Parking Map

