

## Reserve, Resilience, and Protective Factors PIA Business Meeting Summary

**Location:** Crowne Plaza Hotel, Room: Tower

**Date:** Tuesday, July 18, 2017

**Time:** 6 - 7 p.m.

**PIA Chair(s)/Meeting  
Facilitator(s):** Yaakov Stern

### **New Steering Committee Member**

- Natalie Marchant is stepping down from the steering committee.
- Steering committee member roles now include taking minutes of the business meeting and circulating an itinerary for AAIC with presentations and posters that are relevant to the PIA
- A formal election will be held.

### **Action items**

- The Chair will email the PIA group to ask for nominations (self or other), preference may be given to post docs/graduate students.

### **Submitting an FRS for AAIC 2018**

- The group agreed to ask members to send their abstracts to the committee, and indicate whether they want to be considered for the FRS, data blitz or both.
- The 4 best abstracts, determined by the chairs, will be submitted for the FRS, the rest will be included in the data blitz.

### **Updates on the 4 Work Groups**

- Michael Ewers presented updates on the 4 Work Groups [slides to be circulated]

### **Re-stimulating interest in Work Groups, specifically in Work Group 4**

- Work Group 4 will have an explicit task to contribute to the research guidelines section of the white paper

### **Action items**

- Chairs to email whole PIA to describe the work groups and ask for expressions of interest again.
- Lead of Work Group 4, Robert Pernecky, will email the 'Design and Data Analytics' PIA to ask for more members

### **1<sup>st</sup> Conference on Cognitive Reserve 24-25 November 2017**

- Chairs to ensure email is sent to PIA to announce the conference

### **Work Group 1 white paper**

- Terms and definitions used in the white paper were discussed during the meeting

**Action items**

- Lead of Work Group 1, Yaakov Stern, will revive Stack
- Plan 1hr skype meetings every month, Yaakov will send an email ~1 month from now to organise first meeting
- Meeting topics: basic definitions of cognitive reserve, brain reserve, brain maintenance
- Members will be asked to prepare comments beforehand then Yaakov will update the document in real time during the meeting.
- Organise an in-person discussion at the Cognitive Reserve conference to continue work on the white paper

**Next PIA meeting at AAIC 2018**

- Proposal: Organise small group discussions with a good mix of senior and junior members of the PIA. The discussions could be centered around issues that are commonly faced in the research area and would be useful in getting direct feedback/mentoring for junior investigators.