



Dear Nutrition, Metabolism and Dementia PIA member,

Thank you to the members who were able to attend the *Nutrition, Metabolism, and Dementia* PIA Day scientific session at the Alzheimer's Association International Conference® 2016 (AAIC®) in Toronto. I think we all agree it was a big success. Following the scientific session that consisted of four speakers (Drs. Nikos Scarmeas, Dennis Steindler, Dayan Goodenowe and Martha Clare Morris), we held our annual business meeting.

For those of you who were unable to attend, we discussed several important topics:

- THE MIND diet trial diet
  - Dayan Goodenowe wants to follow up on MIND diet trials for Canadian participation.
  - Martha Clare Morris discussed how, as with all diet intervention trials, compliance and recruitment issues will be a big challenge for the MIND diet trial.
  - Additional trial considerations were discussed that included the possibility of combining forces with other trial groups, and building on ancillary studies (leaky gut, sleep studies).
- Elections to be held in future for executive committee positions with 2 yr rotations etc.
- Teleconferences in the future would be desirable.
  - Topics could include:
    - Modeling OMICS data
    - Imaging
    - Statistical modeling of OMICS
    - Deeper understanding of systems biology
    - Outcomes/cognitive decline
    - Systems nutrition/dementia
  - Results could be presented in White Papers
  - Could create subgroups
  - Also get ideas for topics from all PIA members – put out a call for topics
- White paper could also be produced from our PIA scientific session
- Session for next year?
  - Topics could include:
    - Interventions
    - Microbiota data
- Also an idea was proposed that we have a quarterly call with all PIA members.

We are also working to grow our PIA, so please stay in touch as we make plans for the next AAIC. Save the date for London (July 16-20, 2017, with pre-conferences on July 14-15).

With kind regards,

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Communications Chair, Nutrition, Metabolism & Dementia PIA