

Thank you for joining the fight against Alzheimer's by registering for the 2021 Walk to End Alzheimer's - Newport, RI. You can join us at your local event this weekend on Saturday, September 25, or Walk From Home in your neighborhood. No matter where you participate, you are making a difference in the lives of those facing Alzheimer's.

Get ready for an inspiring and safe Walk day with the information below.

**Safety details:**

Walk has been planned with the health and safety of our constituents, staff and volunteers as our top priorities. If you are living with Alzheimer's or caring for someone with the disease, we encourage you to take extra precautions. Consider wearing a mask at all times if you choose to participate at your local event, or elect to Walk From Home in your neighborhood. The Alzheimer's Association [offers tips](#) for keeping vulnerable individuals safe during the COVID-19 pandemic.

All events will implement safety protocols including:

- Contactless registration
- Masks welcomed and available on site
- Physical distancing
- Appropriate spacing of tents and tables to avoid crowds
- Open air tents
- Shortened Promise Garden Ceremony
- Open start line (begin walking whenever you want!)
- Hand sanitizing stations.

On WALK Day, although things may look a little different, there will still be staff and volunteers on site who you can talk to and learn more about the programs and services available for family members facing dementia.

Find your chapter's Program and Services tables/tents:

Come learn about TrialMatch or how to become an Advocate. We will have information on hand on how to access our programs and services. Come talk to our knowledgeable staff and volunteers who can guide you through the Alzheimer's journey.

We will continue to closely monitor CDC, state and local guidelines to ensure events adhere to recommendations.

**Walk from anywhere.**

If you prefer, we welcome you to Walk From Home. You can engage in many Walk day experiences through our [mobile app](#):

- Watch a prerecorded Opening and Promise Garden Ceremony.
- Visit the Promise Garden and select a flower representing your connection to the disease and plant it among the others.
- Review the route map to track your at-home Walk, including start and finish lines through the augmented reality platform.

Visit the [FAQ page](#) for more information.

**Parking and Walk route information:**

The Walk will be located at

Fort Adams State Park, Newport, RI (inside the Fort)

The route is 2 miles long, but a shorter route option is also available. We are walking around the Fort on the Bay Path.

Parking is located at the FORT.

**Event schedule:**

Venue and Walk route open: 8:30 am

To avoid crowding along the route, participants and teams may begin walking at any time.

Promise Garden Ceremony: 9:30 am

### **Walk Day FAQ:**

- All participants should register prior to Walk day at [alz.org/ri/walk](https://alz.org/ri/walk).
- All children must be registered.
- Strollers, wheelchairs and wagons are welcome.
- The Walk route and festivities are outdoors — please plan accordingly.
- Donations will be taken on Walk day via mobile payment and cash/check dropbox.
- Be sure to wear your purple and carry your Walk flags! Take a selfie or photo of your team and post on social media using #Walk2EndALZ and #ENDALZ.

### **Fundraising checklist:**

Continue pushing toward your fundraising goal, or keep the momentum going with a stretch goal. Earn your official 2021 T-shirt by raising \$100, or set your sights on the next incentive prize.

- Personalize and share your fundraising page.
- Make self-donation.
- Send emails asking for support.
- Set up a Facebook Fundraiser.
- Send texts and tweets from the Walk mobile app.

**Thank you and see you at the Walk!**