



Holland Area Caregiver Support Group

Presented by:

Alzheimer's Association

Michigan

Third Tuesday of the month
1 - 2 p.m.

Holland Salvation Army - Art Room
104 Clover St
Holland, MI 49423

To register call 24/7 helpline at
800.272.3900

Questions? Call Susan 231.267.6119

Visit alz.org/gmc to learn more about caregiver programs and resources. To further extend your network of support, visit ALZ connected®, our online community, at alzconnected.org.

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.