

ONLINE SERVICES

The Alzheimer's Association offers a variety of resources at alz.org. Our chapter website, alz.org/longisland, provides Alzheimer's support and information. Here you can find local events, read the latest news, connect with us on social media and subscribe to our weekly e-newsletter.

AlzConnected: Join our free, online community for everyone affected by Alzheimer's or another dementia. ALZConnected members can share their questions, tips, and experiences via message boards and live chat rooms.

Alzheimer's Navigator: A diagnosis of Alzheimer's disease raises many questions. The Alzheimer's Navigator - a free online tool designed specifically for individuals with Alzheimer's disease and their caregivers - helps guide you to answers by creating customized action plans and providing access to information, support and local resources.

Alzheimer's & Dementia Online Courses:

Learning what to expect and how to implement helpful care strategies can significantly improve the quality of life for both the caregiver and the person living with dementia. The Association offers a variety of free educational workshops online available 24/7 - training.alz.org.

OTHER SERVICES

MedicAlert + Alzheimer's Association Safe Return program is a 24-hour nationwide emergency response service for individuals with Alzheimer's or another dementia who wander or have a medical emergency. Financial assistance may be available.

Advocacy: Lend your voice to those who cannot speak for themselves. Your elected representatives need to know that Alzheimer's disease is important to you. You can send emails, make phone calls or join us on visits to legislative offices.

Research: The Alzheimer's Association TrialMatch is a free service that makes it easy for people with Alzheimer's, caregivers, families and physicians to locate clinical trials based on personal criteria such as diagnosis, stage of disease, and location.

www.alz.org/longisland

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The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer's disease.

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Sign up for our **FREE** e-newsletter. Stay up-to-date on the latest news and advances in Alzheimer's treatments, care and research. Visit our website at alz.org/e-news.

For more information about the chapter, visit alz.org/longisland or call **800.272.3900**



The Long Island Chapter covers Nassau and Suffolk Counties

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Melville, NY 11747
Riverhead, NY 11901



alzlongisland

alzheimer's  association®

Long Island Chapter



Programs & Services

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800.272.3900
www.alz.org/longisland



24/7 Helpline

Dementia experts are available by calling **800.272.3900** to answer questions about Alzheimer's disease, dementia, chapter services, support groups, community resources and provide tips and assistance during times of crisis.



Our highly trained and knowledgeable staff can help you with:

- Understanding memory loss, dementia and Alzheimer's disease.
- Medications and other treatment options.
- Skills to provide quality care and to find the best care from professionals.

Our 24/7 Helpline also features:

- Help in a caller's preferred language using our translation service that features more than 200 languages and dialects.
- Referrals to the local chapter office for community programs, services, assistance with respite care and safety services.



Care Consultations*

Care Consultations assist individuals with dementia and their families navigate through the difficult decisions and uncertainties they face at every stage of the disease.

Care consultations can be conducted in-person or by phone by calling **800.272.3900**. Evening and weekends are available by appointment.

Caregiver Training and Community Education*

A variety of educational sessions are offered to the community – general public, caregivers, people with Alzheimer's disease and other dementias, and healthcare professionals. These essential programs include topics about healthy living, early detection, disease progression, communication and behaviors, and medical and legal planning.

Support Groups*

Caregiver Support Groups are a safe place for caregivers, family and friends of persons with dementia to develop a support system, talk through issues and coping strategies, share feelings and learn about community resources. Support Groups are located across Nassau and Suffolk county and are available via telephone and online.

***These programs/services are also available in Spanish**

EARLY STAGE PROGRAMS

Memory Café: The Memory Café offers people with Alzheimer's and other dementias, as well as their caregivers, a chance to socialize and enjoy a delicious meal in a safe and relaxing atmosphere.

Social Engagement Activities: Early Stage activities and outings offer people with Alzheimer's disease, as well as their families and caregivers, a chance to socialize and experience their community in a safe, relaxed atmosphere. Activities/outings will include museums, botanical gardens, historical sites and more!

Early Stage Meetup: This interactive program offers support, education and social engagement to those who are newly diagnosed and in the early stages of Alzheimer's disease or another dementia. Discussions will provide disease education, help participants develop coping strategies, plan for their future, and grow a support system with people who understand. This group will also encourage caregivers to maintain their personal, physical and emotional health. A support group for care partners/caregivers runs concurrently with Early Stage Meetup.