

EMPLOYEE LUNCH AND LEARNS

FREE. FAST. HELPFUL.

57%

of dementia caregivers reported sometimes needing to go into work late or leave early compared with 47% of non-dementia caregivers.

18%

of dementia caregivers reduced their work hours due to care responsibilities, compared with 13% of non-dementia caregivers.

9%

of dementia caregivers gave up work entirely as compared to 5% of non-dementia caregivers.



Compared with caregivers of people without dementia, twice as many caregivers of those with dementia indicate substantial emotional, financial and physical difficulties.

We can help.

The Alzheimer's Association Michigan Chapter offers free, 30- and 60-minute education programs to provide information and support to all employees about dementia, including how to reduce your risk. Contact us to schedule a lunch and learn for your employees today.

Contact us!

helplinegmc@alz.org

24/7 Helpline: 800.272.3900

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CURRENT OFFERINGS

10 Warning Signs of Alzheimer's

Alzheimer's and other dementias cause changes in memory, thinking and behavior that interfere with daily life. Join us to learn 10 common warning signs and what to watch for in yourself and others.

Caregiving & COVID-19

Caring for someone living with dementia during the COVID-19 pandemic adds unique challenges for caregivers. This program provides simple tips caregivers can put in place whether the person living with dementia lives at home, in a residential facility or care providers are coming into the home.

Dementia Conversations: Driving, Doctor Visits, Legal & Financial Planning

Learn to have honest and caring conversations about common concerns when someone begins to show signs of dementia.

Effective Communication Strategies

Learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.

Healthy Living for Your Brain & Body

Learn what research has shown about lifestyle choices that may help keep your brain and body healthy as you age. Hear practical ways you can incorporate changes into a plan for healthy aging.

Understanding Alzheimer's and Dementia

Learn the difference between Alzheimer's and dementia, Alzheimer's stages and risk factors, current research and available treatments, and ways the Alzheimer's Association can help.

Understanding and Responding to Dementia-Related Behaviors

Learn about common triggers for behaviors associated with dementia, how to assess a person's needs and how to intervene effectively.

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