

FREE EDUCATION CLASSES

alzheimer's  association®

Visit
alz.org/crf
or call
800.272.3900
to register

Due to COVID-19, all classes are being offered virtually via online webinar and conference call.

August 2020

Understanding Alzheimer's & Dementia

Wed. Aug 5, 5:30-6:30 p.m. | [REGISTER](#)

Thurs. Aug 13, 3-4 p.m. | [REGISTER](#)

Fri. Aug 21, 10-11:30 a.m. | [REGISTER](#)

Healthy Living for Your Brain & Body

Tues. Aug 4, 10-11:00 a.m. | [REGISTER](#)

Caring for Someone in Early Stage (3 Part Series)

Part 1: Thurs. Aug 13, 2-4 p.m. | [REGISTER](#)

Part 2: Thurs. Aug 20, 2-4 p.m. | [REGISTER](#)

Part 3: Thurs. Aug 27, 2-4 p.m. | [REGISTER](#)

Understanding & Responding to Dementia-Related Behaviors

Fri. Aug 7, 1-2 p.m. | [REGISTER](#)

Fri. Aug 14, 10-11:30 a.m. | [REGISTER](#)

Savvy Caregiver Workshop (4 Part Series) | [REGISTER](#)

Tues. Aug 4, 10 a.m.-12 p.m. |

Tues. Aug 11, 10 a.m.-1 p.m. |

Tues. Aug 18, 10 a.m.-12 p.m. |

Tues. Aug 25, 10 a.m.-12 p.m. |

10 Warning Signs of Alzheimer's

Tues. Aug 11, 1-2 p.m. | [REGISTER](#)

Mon. Aug 17, 2-3 p.m. | [REGISTER](#)

Wed. Aug 26, 10-11 a.m. | [REGISTER](#)

Effective Communication Strategies

Mon. Aug 3, 10-11 a.m. | [REGISTER](#)

Wed. Aug 19, 5:30-6:30 p.m. | [REGISTER](#)

Dementia Conversations

Tues. Aug 18, 9:30-10:30 a.m. | [REGISTER](#)

Legal & Financial Planning

Mon. Aug 10, 1-3:30 p.m. | [REGISTER](#)

Alzheimer's Association Research Town hall

Join us to hear about the latest groundbreaking discoveries in Alzheimer's and dementia research, brain health, and a look at what the future holds in the search for a cure.

Thurs. Aug 20, 5:30-7:30 p.m. | [REGISTER](#)

中文

10 Warning Signs of Alzheimer's:

Sat. Aug 22, 11:30am - 1:00pm | [REGISTER](#)

REGISTER BY VISITING ALZ.ORG/CRF OR CALLING 800.272.3900

To visit your local chapter, go to alz.org/socal
or follow us    @socALZ  @socalzofficial

SUPPORT GROUPS

alzheimer's  association®

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August 2020

FOR CAREGIVERS

Every Monday:

Monday, Aug 3, 6-7:30 pm
Monday, Aug 10, 6-7:30 pm
Monday, Aug 17, 6-7:30 pm
Monday, Aug 24, 6-7:30 pm
Monday, Aug 31, 6-7:30 pm

To register contact **Michelle Quiroga-Diaz** at **818.446.1687** or mquirogadiaz@alz.org.

Every Thursday:

Thursday, Aug 6, 10-11:30 am
Thursday, Aug 13, 10-11:30 am
Thursday, Aug 20, 10-11:30 am
Thursday, Aug 27, 10-11:30 am

To register contact **Sivana Lavine** at **818.875.9928 ext. 8792** or sclavine@alz.org.

EARLY STAGE SOCIAL ENGAGEMENT

Join Hammer Museum Student Educators for a virtual conversation about historic and contemporary works of art.

Hammer Virtual Tour
Friday, Aug 7, 11:00 AM
Friday, Aug 21, 11:00 AM

To register contact **Yael Wyte** at ywyte@alz.org

ONLINE SUPPORT

ALZConnected® (alzconnected.org), powered by the Alzheimer's Association®, is a free online community for everyone affected by Alzheimer's or another dementia, including:

- People with the disease.
- Caregivers.
- Family members.
- Friends.
- Individuals who have lost someone to Alzheimer's.



Call our 24/7 Helpline (800.272.3900) for free, around-the-clock help and the latest information.

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or follow us    @socALZ  @socalzofficial