

## Navigating Senior Living

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Vesta Senior Network

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## Vesta Senior Network

- Elder Care Consultants
  - Educators: Help families understand the Care Possibilities and important Financial Considerations
  - Experts: Draw from our 6 years of experience, having helped over 600 families
  - Advocates: Leverage our knowledge and experience of the industry to help people get the best for their loved ones.
- *ALZ possible together*

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## A Few Facts

- The "greying of our population"
- The Sandwich Generation
- The impact on the family
- Crisis Mode

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Then...

- Convalescent Home
- Old Folks' Home
- Nursing Home

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Now...

- Home Care
- Independent Living Community
- Senior Residences
- Senior Apartments
- Adult Day Care
- RCAC – Residential Care Apartment Complex
- Assisted Living Facility
- CBRF – Community Based Residential Facility
- Memory Care Community
- Rehabilitation Center
- SNF - Skilled Nursing Facility
- CCRC - Continuing Care Residential Communities

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If you've seen one AL...



...then you've seen one AL!

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What types of communities are these?



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Sustainable Choices



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## Costs

- Occasional In-home Care: \$12,000/year
- 24 hour home care: \$181,000/year
- Live-in home care: \$100,000/year
- Assisted Living Care: \$72,000/year
- Skilled Nursing Care: \$140,000/year

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## Funding Options

- Private Pay
- Aid and Attendance Benefit
- LTC Insurance
- Medicaid / Family Care

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## Make Yourself At Home...



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**Vesta Senior Network**  
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ALZ Possible Together

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