

Order of Events:

8:30 a.m.

Pre-Walk activities

Team Photo area

Promise Garden Distribution & Decoration Area

Community Mission Area/Sponsor Area

Alzheimer's Association informational tents

Kids Area

Pet Area

Food Area (pre-packaged snacks and bottled water)

9:55 a.m.

National Anthem performed by Sam Newcomer

10:00 a.m.

Promise Garden & Opening Ceremony

10:15 a.m.

Walk begins (1 mile and 3 mile)

10:00 a.m. - 12:00 p.m.

Activities still available:

Team Photo area

Community Mission Area/Sponsor Area

Alzheimer's Association informational tents

Kids Area

Pet Area

Food Area (pre-packaged snacks and bottled water)

12:30 p.m.

2024 Walk to End Alzheimer's concludes - thank you!

When and where does the event start?

October 27, 2024 | DCR North Point Park | Museum Way |
Cambridge, MA

Walkers Welcome & Route Opens: 8:30 a.m.

Promise Garden Ceremony: 10:00 a.m.

Walk following immediately after (approx. 10:15 a.m.)

Do I have to register in order to Walk?

Yes, we want to know you're Walking with us and need every participant to sign a standard waiver through their official registration. There is no registration fee for Walk. However, we ask every participant to make a personal donation and commit to raising funds in the fight against Alzheimer's.

Do I need to register my children for the Walk?

Yes, children should register. Parents/guardians can register children online or complete an offline registration form and sign the waiver on behalf of the child.

Can I sign up for the Walk at the Walk?

Yes. Visit the Main Tent and our volunteer greeters will assist with contactless registration via QR Codes. However, we do strongly encourage participants to register in advance at <http://act.alz.org/GreaterBoston> or with our QR code in the corner of this page.

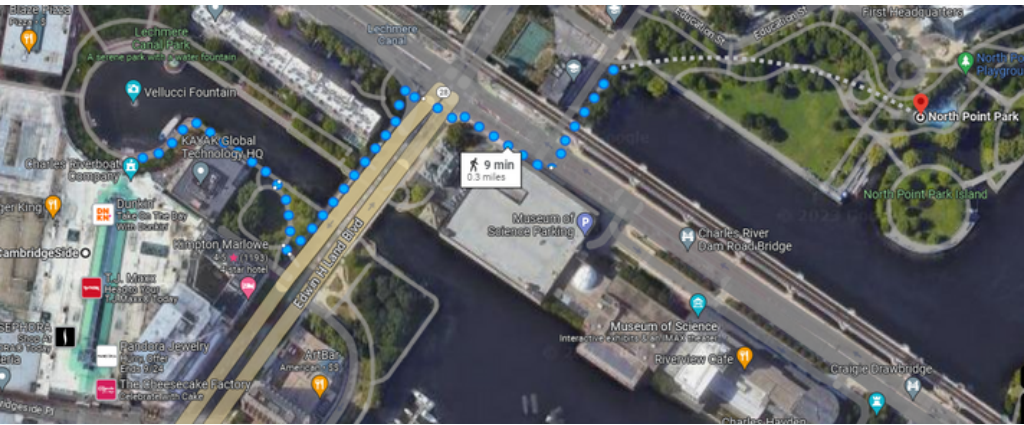


Where do I park?

Free parking is available at CambridgeSide (100 CambridgeSide Place, Cambridge). Walkers will need to pick up a parking voucher at the Walk site and scan the barcode when exiting the garage. Parking vouchers will be available at the Main Tent, Volunteer Tent and volunteer greeters will also be handing them out. Unfortunately, there is no parking at North Point Park.

Once you have parked at CambridgeSide, you will want to go to the main level of the mall and exit out the Food Court doors. Turn right out the doors and follow the canal underneath Land Blvd. After you have gone under the Land Blvd overpass, turn right up the steps up to Land Blvd. Turn right onto Land Blvd then turn right onto Monsignor O'Brien Highway. When you get to the Museum of Science, you will cross the street and go down Museum Way. The park will be down on the right.

North Point Park is a short walk from CambridgeSide and we will have signage and volunteers directing the way. We will also have limited shuttle service available for those who require assistance.



How do I get to North Point Park using public transportation?

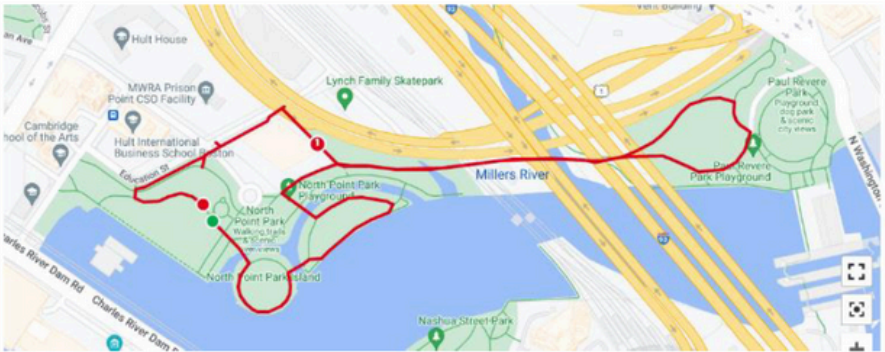
North Point Park is located on the MBTA Green Line at the Science Park and Lechmere stops.

Where is the Walk Route?

We have 2 Walk route options available - a 1 mile route and a 3 mile route. Both routes start in the same direction and follow the same route; the 1 mile route turns around earlier



1 MILE ROUTE

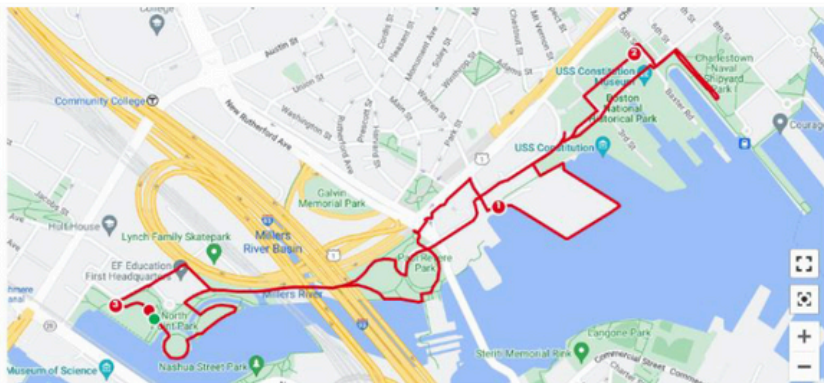


Walk route starts and finishes at DCR North Point Park in Cambridge.

Walk route loops around DCR North Point Park and over to DCR Paul Revere Park in Boston.

Walk route loops around DCR Paul Revere Park and back to DCR North Point Park

3 MILE ROUTE



Walk route starts and finishes at DCR North Point Park in Cambridge.

Walk route loops around DCR North Point Park and over to DCR Paul Revere Park in Boston.

Route exits DCR Paul Revere Park along Warren Ave/Constitution Road and turns right along the Harbor Walk.

Route exits the Harbor Walk on Constitution Road and enters into the Charlestown Navy Yard (National Park Services) through First Ave.

Route continues straight down First Ave, exits Charlestown Navy Yard and continues down to Pier 4 where there will be a water stop set up

Route returns to Paul Revere Park via the Charlestown Navy Yard via 2nd Ave, turns right onto Constitution Road and crosses Constitution Road at the intersection of Chelsea Street.

Route continues down Constitution Road back into DCR Paul Revere Park and over to DCR North Point Park.

Site layout:



Can I turn in donations at the Walk?

Yes, you may turn in donations on Walk day at the Main Tent. If you're mailing in donations you may mail to:

Alzheimer's Association MA/NH Chapter
Attn: Greater Boston Walk
320 Nevada Street, Suite 201
Newtown, MA 02460

Does every participant get a T-shirt?

Every registered participant who achieves the fundraising minimum of \$150 will receive an official Walk to End Alzheimer's T-shirt via USPS. Participants must have raised \$150 by September 29 in order to have received their shirt by Walk day. T-shirts will be sent to ALL walkers that raise \$150 or more via USPS through 12/31/24.

Are pets allowed on Walk day?

We are dog friendly, dogs must remain on leash.

Are strollers, bicycles and skates allowed on Walk day?

We do allow strollers, but for everyone's safety, we discourage skateboards, bicycles, inline skates and wheelie footwear.

Is the Walk route wheelchair friendly?

Yes, both walk routes are wheelchair/stroller friendly.

What happens if it rains?

Walk is a rain or shine event. However, in the event of severe and dangerous weather, we might cancel. If this is the case, we will update our Walk homepage on or before the morning of the event.

Is there water and food available?

We will have two water stops available - one at the 1 mile turnaround and one at the 3 mile turnaround. We do encourage people who require more hydration to bring their own bottles or water packs. All of our water is generously donated by Polar Beverages. An assortment of food items and water will be available at the "Food Tent" before and after the Walk.

How do I get a Promise Garden Flower?

Each registered participant will receive a Promise Garden flower. Each participant will have the opportunity to pick their flower then plant in the Promise Garden.

What do the flower colors represent?

Blue represents someone living with Alzheimer's or another dementia

Purple is for those who have lost someone to the disease.

Yellow someone who is currently supporting/caring for a person living with Alzheimer's

Orange is for those who support the cause and the Association's vision of a world without Alzheimer's and all other dementia.

My loved one is lost, where can I find him/her?

If you are looking for a lost or missing person, please report to the Programs for Families / Advocacy shared tent to notify the staff. If a lost person identifies themselves to you, please notify a staff member and bring them to the Programs for Families / Advocacy tent to be reunited with their party.

What activities will be there on Walk day?

Walkers are welcome at 8:30 am. We welcome participants to pick their Promise Flower, visit our Sponsor tables, kids area, dog area and food tent. And be sure to take your Team Photo!

Where are the restrooms?

Restrooms will be located at the start/finish area on the sidewalk of Education Street. We will also have restrooms at both of the water stops.

Where does the fundraising money go?

Every dollar you raise benefits those affected by Alzheimer's disease in your community. Provides care and support to all those facing Alzheimer's. Drives research toward treatment, prevention and, ultimately, a cure. Speaks up for the needs and rights of people affected by Alzheimer's. For additional information on where your money goes please visit "Your Dollars at Work".

How do I learn more about the Alzheimer's Association?

The Alzheimer's Association will have a booth at the Walk with information regarding Education Programs, Care & Support for families, Advocacy and TrialMatch. Please be sure to stop by or you can visit us online at alz.org/MANH or call our 24/7 Helpline 800.272.3900 with any questions you have about the association or disease.

How can I get involved with the Walk next year as a volunteer or sponsor?

Please visit the Volunteer tent on Walk day to get more information or email mshirtcliff@alz.org