



## SouthCoast Walk

Saturday, September 30, 2023

### Frequently Asked Questions

#### Where is the Walk being held?

Bristol Community College, 777 Elsbree St., Fall River, MA

#### What time and where does the event start?

8:30 am: Walkers Welcome/Site Opens

9:45 am: Promise Garden Ceremony

10:00 am: Walk Begins

#### How long is the Walk?

Short Route: 1.4 miles or Long Route 3.1 miles.

**Short Route:** Leave the Start/Finish through the Bristol Community College Quad, Walk around the small pond on campus, back through campus. Proceed across the street and enter the neighborhood at Montgomery Street. Walkers will then turn left onto College Park Road (looping through the neighborhood across the street from BCC) to finish back at the main entrance of BCC/to Start/Finish line.

**Long Route:** Leave the Start/Finish through the Bristol Community College Quad, Walk around the small pond on campus, back through campus. Proceed to Valentine Street then Walk to Highland Avenue. Make a left Turn at Highland Avenue. Then walk to Langley St, where Walkers will make another Left turn. Proceed on Langley St until to Elsbree St where Walkers will make a left turn to reach the main entrance of Bristol Community College to the Start/Finish

#### What if I want to walk from home?

We offer a Walk-day experience for those Walking in their community/neighborhood through our [mobile app](#) including:

- View the recorded opening and Promise Garden Ceremony.
- Engage with an augmented reality (AR) Promise Garden that allows you to select a flower representing your connection to the disease and planting it among others.
- Generic Walk route map to track your at-home Walk, including AR start and finish lines.
- Download the app today: [App Store](#) | [Google Play](#).

**Do I have to register in order to Walk?**

Yes, we want to know you're Walking with us and need every participant to sign a standard waiver through their official registration. There is no registration fee for Walk. However, we ask every participant to make a personal donation and commit to raising funds in the fight against Alzheimer's. Walk day will be as contactless as possible, encouraging all attendees to register and turn in donations in advance using the Walk [mobile app](#) or via QR codes on site.

**Do I need to register my children for the Walk?**

Yes, children should register. Parents/guardians can register children online or complete an offline registration form and sign the waiver on behalf of the child.

**Can I sign up for the Walk at the Walk?**

Yes. Visit the SouthCoast Walk "Main Tent" and our volunteer greeters will assist with contactless registration via QR Codes. However, we do strongly encourage participants to register in advance.

**Can I turn in donations at the Walk?**

Yes, you may turn in donations on Walk day at the SouthCoast Walk "Main Tent." If you're mailing in donations you may mail to:

Alzheimer's Association MA/NH Chapter  
c/o SouthCoast Walk  
309 Waverley Oaks Road, Suite 304  
Waltham, MA 02452

**Does every participant get a T-shirt?**

Every registered participant who achieves the fundraising minimum of \$150 will receive an official Walk to End Alzheimer's T-shirt via USPS. Participants must have raised \$150 by 9/2/23 in order to have received their shirt by Walk day. If you reach and surpass \$150 in fundraising after the deadline, don't worry, you'll still receive your T-shirt at a later date. ALL Walkers who raise at least \$150 or more by 12/31/23 will receive a T-shirt!

**Parking:** Covered parking lots to the right once you pull into the main entrance of Bristol Community College. Please note, Parking lot #6 will **NOT** be available on Walk Day, but all other parking lots under the solar canopies will be available.

**Are pets allowed on Walk day?**

We love our furry friends, but for the safety of all attendees, pets are **NOT** allowed. We respectfully ask that pets please stay home. Service animals are welcomed.

**Are strollers, bicycles and skates allowed on Walk day?**

We do allow strollers, but for everyone's safety, we discourage skateboards, bicycles, inline skates and wheelie footwear.

**Is the Walk route wheelchair friendly?**

Yes, our route is through a neighborhood that sometimes has sidewalks and sometimes does not.

**What happens if it rains?**

Walk is a rain or shine event. However, in the event of severe and dangerous weather, we might cancel. If this is the case, we will update our Walk homepage on or before the morning of the event.

**Is there water and food available?**

We will have one water stop. We do encourage people who require more hydration to bring their own bottles or water packs. An assortment of donated packaged food items will be available at the “Food Tent” before and after the Walk.

**How do I get a Promise Garden Flower?**

Each registered participant will receive a Promise Garden flower. Each participant will have the opportunity to “Pick” their flower then plant in the Promise Garden.

**What do the flower colors represent?:**

- **Blue** represents someone living with Alzheimer's or another dementia
- **Purple** is for those who have lost someone to the disease.
- **Yellow** represents someone who is currently supporting or caring for a person living with Alzheimer's.
- **Orange** is for those who support the cause and the Association's vision of a world without Alzheimer's and all other dementia.

**My loved one is lost, where can I find him/her?**

If you are looking for a lost or missing person, please report to Alzheimer's Association table under the “Community Mission”/sponsor tent to notify the ALZ staff. If a lost person identifies themselves to you, please notify a staff member and bring them to the Alzheimer's Association table to be reunited with their party.

**What activities will be there on Walk day?**

Walkers are Welcome (site opens) at 8:30 am. We welcome participants to pick their Promise Flower, visit our Sponsor Tent, take their Team Photo at the Walk site and enjoy the Promise Ceremony at 9:45 am. We will have a Children's area with coloring books and activities.

**Where are the restrooms?**

There will be restrooms in the two buildings surrounding our Tent area: Health and Science Building and the Arts/Theatre Center.

**Where does the fundraising money go?**

Every dollar you raise benefits those affected by Alzheimer's disease in your community. Provides care and support to all those facing Alzheimer's. Drives research toward treatment, prevention and, ultimately, a cure. Speaks up for the needs and rights of people affected by Alzheimer's. For additional information on where your money goes please visit [“Your Dollars at Work”](#).

**How do I learn more about the Alzheimer's Association?**

The Alzheimer's Association will have a booth at the Walk with information regarding Education Programs, Care & Support for families, Advocacy and TrialMatch. Please be sure to stop by or you can visit us online at [alz.org/MANH](http://alz.org/MANH) or call our 24/7 Helpline 800.272.3900 with any questions you have about the association or disease.

**How can I get involved with the Walk next year as a volunteer or sponsor?**

Please visit the information tent on Walk day to get more information or email Jacy Settles  
jasettles@alz.org

**In the event of an emergency:**

**PLEASE CALL 911.** Please find a committee member with a walkie talkie and they will be able to assist.

Still have questions?

Check out our [FAQs page](#), or contact:

Coordinator: Jacy Settles

Phone: 617.393.2152

Email: [jasettles@alz.org](mailto:jasettles@alz.org)

**Thank you for all you do in the fight against Alzheimer's.**