



33rd Annual Wisconsin State Conference
May 19-21, 2019
Kalahari Resorts & Convention Center
Wisconsin Dells

Keynote Address and Workshop Descriptions

SUNDAY, MAY 19

1:00 pm - 3:30 pm - Pre-Conference Seminar #1

TIME: 1:00 - 2:15 p.m.

Presented by: Lynda Markut, MS, Education and Family Support Coordinator, Alzheimer's Association and Bonnie Beam-Stratz, Community Outreach Coordinator, Alzheimer's Association

Title of Program:

Staying Connected, Caring and Living: What Does it Take to Have a Life While Caring?

Description:

A new feature at this year's State Conference will be a panel of "Experienced Caregivers" who have a proactive perspective, have made new friends, make it through daily challenges, and continue to work through losses as they live their lives. They are willing to share with us how supportive services, social connections, classes, and support groups continue to sustain them as they work to maintain a balanced perspective. These caregiving mentors willingly tell their stories to help guide others who have been or are now embarking on this journey. As professionals, we can learn from family members who have grown into new lives while caring as we help families to nurture these traits.

TIME: 2:15 p.m. - 3:30 p.m.

Title of Program:

Caregiving Success at Your Fingertips

Description: Having Trouble getting Mom to take her meds? Take a Shower? Fall asleep? What is your Approach? "If you always do what you've always done, you'll always get what you've always gotten". Come and join in this session to look at techniques that could work for you. With video clips, discussions, and handouts, your interactions with the person living with dementia could be more successful. Come and introduce yourself to this resource, The Alzheimer's and Dementia Care program out of the University of California at Los Angeles. Families and professionals alike can make use of this valuable and available resource.

1:00 pm - 4:45pm - Pre-Conference Seminar #2

VDT's offered in 3 sessions:

1:00 - 2:15 p.m.

2:15 - 3:30 p.m.

3:30 - 4:45 p.m.

Presented by: Paula Gibson, Regional Director of Communications and Engagement, Azura Memory Care

Hosted by: Second Wind Dreams and Azura Memory Care

Title of Program:

Virtual Dementia Tour: Take a Walk in the Shoes of those with Memory Loss

Description:

The Virtual Dementia Tour (VDT) was created by P.K. Beville founder of Second Wind Dreams® (SWD®) an international, nonprofit organization. Founded in 1997 Second Wind Dreams' mission is to change the perception of aging through the fulfillment of dreams and educational programs including its flagship program, The Virtual Dementia Tour®.

The Virtual Dementia Tour by Second Wind Dreams is designed to give the participant an up close, hands-on experience that provides critical insight to those caring for people with dementia. When someone is diagnosed with dementia, it affects everyone: the family, long term care setting, hospitals, surrounding community, and friends. The Virtual Dementia Tour, has been used internationally since 2001 and helps shed light on some of the seemingly inappropriate and at times difficult behaviors exhibited by those with dementia. Millions of people worldwide have experienced the Virtual Dementia Tour and gained a better understanding of the issues facing both the caregiver and the person with dementia.

Please note: SPACE is limited for the Virtual Dementia Tour. Only 120 total spots are available (40 per session). Thank you.

5:00 - 7:30 pm - Welcome Reception with Speaker and Awards
Welcome Reception, Dinner and an awards program to follow.

Presented by: Paul Braun

Description: Paul Braun talks and people listen. A familiar voice in the Madison area, this well-known radio and TV Sportscaster now makes presentations about Alzheimer's disease and living the life of a caregiver. Paul's personal experiences and his extensive background in broadcasting gives him the credibility and communications skills that helps educate the audience. He offers insights that benefit people as they navigate the debilitating disease with their loved ones.

Paul shares his personal journey of caring for his spouse who suffered with Alzheimer's disease for 8 years. Having made the decision to put his wife in a Memory Care unit he can offer some insight and information about issues people face in caring for a loved one. In 2018 Paul helped initiate and promoted the Birdies to End Alzheimer's Campaign raising more than \$57,000 for the Alzheimer's Research Center at UW Hospital.

MONDAY, MAY 20

7:30 am - Registration opens & Breakfast

8:00 am - 6:00 pm - Exhibit Fair

9:00 am -10:00 a.m.- Monday Morning Keynote Address

Presented by:

Karen Stobbe, Chief Purpose Officer, In the Moment

Mondy Carter, Chief of Creative Chaos, In the Moment

Title of Program:

Improve with Improv

Description:

Having dementia means your moment to moment perceptions have become more particular to you. Your view of the present becomes mixed with your past and your imagination. To care for someone with this sort of perception a caregiver needs a technique that accepts this point of view and a method for stepping into their world. The guidelines for Improvisation gives you those techniques. Improv is radical acceptance with further embellishment. It's suppressing the impulse to correct and embracing the humility that leads to connection. There is no road map or magic spell for everyone with Alzheimer's, but Improv can make it easier; for everyone.

10:00 a.m. - 10:30 a.m. BREAK

10:30 a.m. - 11:30 a.m. Concurrent Workshops

101

Differentiating Behavioral and Psychological Symptoms in Dementias

Katie Stodola, GNP, APNP, Nurse Practitioner lead, Dementia Lead, Care Wisconsin

Audrey Nevala- LCSW, Practice Lead, Dementia Lead, Care Wisconsin

Discussion and case study presentation to highlight the differences between behavioral changes in Dementias and psychological/mood changes that may also be concurrently happening. The presentation will help to clarify the difference between behavioral symptoms (agitation, irritability, disinhibition, resisting care, etc.) and psychological/mood symptoms (delusions/hallucinations, mood and sleep disturbances). Evidenced based approaches with an emphasis on non-pharmacologic interventions that target and discern the differences in these symptoms will be presented. We will touch on the impact of underlying and premorbid mental illness as it relates to Dementias. Case presentations will be used to highlight the differences, approaches to treating symptoms, and how they need to be looked at and approached differently. Case presentation will include examples impacting diverse populations and how this impacts interventions both for behavioral symptoms as well as psychological and mood changes.

102

Recognizing Signs of Abuse of People with Dementia

Kristen Felten, MSW, APSW, Dementia Specialist, Office on Aging, WI DHS

Alice Page, JD, MPH, Adult Protective Services and Systems Developer, WI DHS

Learn to recognize the signs of abuse or neglect of people with dementia and what you can do if you suspect abuse. Financial abuse, physical abuse, neglect and self-neglect will be discussed along with the topics of individual rights, substitute decision making, and protective services.

103

How Do Blood Vessel Risk Factors Impact Risk for Dementia?

Cynthia Carlsson, MD, MS - Associate Professor of Medicine and Director, Wisconsin Alzheimer's Institute, University of Wisconsin School of Medicine and Public Health

In this interactive didactic session, Dr. Carlsson will review the latest research in our understanding of how blood vessel risk factors - like high blood pressure, high cholesterol, and diabetes – impact our risk for different types of dementia. She will also discuss new findings that give us hope that we can reduce our dementia risk by treating these risk factors.

104

Challenges and Complexities in Decision-Making in Dementia Care

Miriam Oliensis-Torres, MSW, LCSW, C-ASWCM, Care Manager, Stowell Associates, Inc.

Although every person with dementia experiences their own unique challenges, and each family manages differently, one common theme is difficulty with decision-making. Some families have difficulty identifying or understanding how each stage of dementia affects the decision-making abilities of the person with dementia Others have had challenges in decision-making throughout their lives, and these are intensified at this time of life.

This workshop will focus on: (1) abilities of people with dementia to participate in decision-making at different disease stages; (2) understanding individual decision-making styles and how they impact on current situations; and (3) providing a framework for helping families to communicate and collaborate in decision-making processes.

105

ABCD and Empowerment: Practical Strategies for reducing the Social Isolation of individuals experiencing dementia and their caregivers

Tasha Orr-Holmes, Community Partnership Specialist, TMG
Carrie Gartzke, Community Partnership Specialist, TMG

Inside each of our communities are the sparks for connections that can decrease social isolation and support the social determinants of health. Attendees of this session will learn how to identify supports and strategies for sustaining meaningful community lives for caregivers and people experiencing dementia. This will be an interactive, fun session. Attendees will be asked to create their own Asset Based Community Development Map that identifies local resources and spaces where passions and interests create individual connections.

106

Learn about Respite Programs and Resources for Professionals to support family caregivers

Lisa Schneider, Executive Director, Respite Care Association of Wisconsin
Community Resources Manager, Inclusa, Inc.
Vicky Gunderson, GT Director of State Services, GT Independence

Tricia Lazare,

This session will provide a range of insight and newly made available resources to professionals who serve persons with long term care issues and their family caregivers. Information to include new resources to support family caregivers who don't qualify for other programs. Information to include new resources to support family caregivers who don't qualify for other programs, mini-grants for agencies to help expand the pool of trained respite care workers, free online registry of trained respite workers, and our free online training for respite care workers. We will also showcase additional new insight, resources, and collaborations RCAW has established for the benefit of further supporting family caregivers.

107

Navigate Like A Pro: Understanding LTC Medicaid

Kate Schilling, Attorney, GWAAR Elder Law & Advocacy Center

This workshop will help persons with dementia, their family members, and caregivers to better understand the complexities of long-term care Medicaid in Wisconsin. Unfortunately, applying for Medicaid is often done when a crisis arises, which causes additional stress and hurdles. Participants in this workshop will learn about the options for receiving care in one's home, other locations within the community, or in a skilled nursing facility. We will also discuss the financial and non-financial criteria for Medicaid eligibility, including examples of divestments, and spousal impoverishment financial protections.

108

Creatively Engaging People with Memory Loss

Tricia Blasko, Curator of Education, Racine Art Museum/RAM's Wustum Museum
Shelly Rollins, Education Specialist, Schlitz Audubon Nature Center
Kaitlyn Schapiro, Wisconsin Historical Society

Learn to design and implement creative engagement activities for people with memory loss and their care partners and how to adapt these programs to use in group settings through the expertise of the SPARK! Alliance. SPARK! is a cultural engagement experience for people with memory loss and their care partners which started in 2009 and is now offered in over 20 organizations throughout Wisconsin and Minnesota. Education specialists from three SPARK! Alliance cultural institutions – art, history and nature—will explore ways to engage participants using visual imagery and multi-disciplinary sensory stimulants. Learn how to collaborate with local artisans and cultural organizations in your community to build cohesive programs that bring out individuality, emotional response and creativity in each person. This workshop will be hands-on, participatory and fun!

11:30 a.m. - 12:00 p.m. BREAK

12:00 p.m. - 1:30 p.m. LUNCH

Title: Volunteer Impact: Road Map for Success

Presented by: Dave Grams, Kari Paterson, Laurie Schill, Alzheimer's Association, Wisconsin Chapter, Executive Directors

Description:

Alzheimer's disease is hiding in plain sight. As the numbers of those impacted by Alzheimer's and other dementias continues to skyrocket each year, there is an urgent need to expand our network of volunteers and trusted partners in an effort to reach more people than ever before. To keep pace with this growing public health crisis, the Alzheimer's Association must expand its impact by exploring new strategies to deliver its mission in communities across the state of Wisconsin.

1:30 p.m. - 2:00 p.m. BREAK

2:00 p.m. - 3:00 p.m. Concurrent Workshops

201

Creativity in Care

Karen Stobbe, Chief Purpose Officer, In the Moment

Mondy Carter, Chief of Creative Chaos, In the Moment

We are taught to be precise and follow the rules, yet if we are going to give individualized, person centered care we need to be creative. People don't come with instructions. WE need to think out of the box in how we communicate; how we adapt our behavior so we can help those in our care have their best day.

202

Strategies for Maximizing Your Medicare Benefits

Kate Schilling, Attorney, GWAAR Elder Law & Advocacy Center

Although the parts of Medicare are A, B, C, and D, learning how to effectively utilize those benefits is anything but basic. This presentation highlights ways to reduce costs and copays, how to ensure that consumers take advantage of the services and benefits available, and how to avoid common pitfalls with Medicare coverage issues.

203

Through the Eyes of a Person with Dementia

Dinah LaCaze, MBA, APSW, EA Prevention Coordinator, Milwaukee County Department On Aging

Jennifer McAlister, Program Manager, Alzheimer's Association Southeastern WI Chapter

Milwaukee County with grants from the Department of Health Services in partnership with the Alzheimer's Association created a series of six videos from the point of view of the person with dementia to be used for training, debriefing and promoting safety in caring for people with dementia with challenging behaviors. 1. A Visit to the Doctor 2. Caregiving in the home. 3. First Response 4. Care in

a residential facility 5. Care in the Emergency Department 6. Engaging Mobile Crisis

204

Inclusa Dementia Tool-Kit: Helping Caregivers to Support People with Dementia

Nancy Tischbein, Member Relations Manager, Inclusa, Inc

Rebecca Mein, Regional Operations Senior Manager, Inclusa, Inc

Cynthia Melander, Dementia Lead, Inclusa, Inc

People with dementia often communicate using behaviors to express unmet needs, discomfort or pain, anxiety, sadness or feelings of loss, and fear. Sometimes, it is hard for caregivers to figure out this communication. The Dementia Tool-Kit has demonstrated effectiveness in assisting caregivers to “enter into the world” of the person with dementia and better understand what he or she is communicating. The Tool-Kit facilitates a collaborative process with all caregivers and members of the person’s support system working together to develop an individualized plan for each person and each behavior to better support the person living with dementia.

205

Alzheimer’s and Dental Health

Angie Stone, RDH, BS, Founder and CEO, HyLife Oral Health Alliance

Maintaining dental health can be simple in the early stage of Alzheimer’s, but as the disease advances this becomes more of a challenge. Failure to control oral bacteria leads to dental disease. Treating decayed teeth and/or unhealthy gums can be next to impossible in Alzheimer’s later stages. It is imperative each person affected has a plan to maintain their oral health. This session will discuss the effects Alzheimer’s and Dental Health have on each other, what can be done about it and how to make an Oral Health Plan.

206

Nutrition and the Brain: What is the Connection?

Piero Antuono, MD, Professor of Neurology and Biophysics, Medical College of Wisconsin

This Session will review how diet and antioxidants can change brain chemistry and function. Clinical studies looking at the role of nutrition and dementia will be reviewed in order to develop common sense recommendations for a brain healthy diet.

207

Bridging Relationships Between Residents of Varying Cognition Using Art

Colleen Knudson, Director of Activities and Volunteer Services, Attic Angel Place

There are many stigmas concerning Alzheimer's and Dementia. These stigmas are shared among many of the residents currently residing in continuum of care and long-term care facilities. Some residents are uncomfortable with the idea of interacting with others who have memory loss or believe that dementia means people are no longer able to create or participate in meaningful activities. Art programming has been used as a bridge in my facility to develop rapport and relationships between residents of varying

cognition in all levels of care. Learn how our facility's Art Program is banishing resident stigmas and encouraging collaboration. Learn how to create an engaging Art program for your facility and watch the stigmas slowly dissolve!

208

Understanding and Responding to Dementia-Related Behavior

Ginny Nyhuis, Regional Services Manager, Alzheimer's Association Southeastern WI Chapter

Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Learn how to decode behavioral triggers and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

3:00 p.m. - 3:30 p.m. BREAK

3:30 p.m. - 4:30 p.m. Concurrent Workshops

301

It's My Decision: Using Special Needs Trust Strategies for Directing My Care

Mary Till, Program Director, Life Navigators

Vicky Gunderson, GT Director of State Services, GT Independence

Attend this workshop to explore how to use a special needs trust to enhance daily living and increase quality of life. Participants will identify methods and tools to address challenges and promote choice. Included in the discussion will be the basics of special needs trusts, how to use a trust to self-direct cares and services, and how to promote choice by planning ahead with tools such as a letter of intent. Topics will be introduced through an interactive Jeopardy style game.

302

The Impact of Music & Dementia: Portage County Music & Memory Project

Carley Prochaska Lee, Dementia Care Specialist, Aging and Disability Resource Center of Portage County

Every song has a story. Music has a way of taking someone back to a moment in time where that specific song created a memory they will cherish. That moment may be from their wedding day or from another milestone in their life. Join us as we share our journey developing our Music & Memory project in Portage County.

303

History of the Discovery of Alzheimer Disease

Piero Antuono, MD, Professor of Neurology and Biophysics, Medical College of Wisconsin

This session will review how Alois Alzheimer discovered the disease which carries his name. The life of Dr Alzheimer and his colleagues will be discussed, as they pursued looking for changes in the brain which lead to what we call today Alzheimer disease as well as other neurological and psychiatric diseases.

304

Then There I Was: Taking out the Garbage

Cori Marsh, Dementia Care Specialist, ADRC of Rock County

Session will look at how slowly Alzheimer's disease and related dementia can impact a family over time. Families may have a difficult time understanding the progression of the disease. Learn questions to ask to assess how things are going and using the answers to help families get on the same page.

305

Effective Communication Strategies

Sharlene Bellefeuille, Outreach Specialist, Alzheimer's Association Greater WI Chapter

Communication is more than just talking and listening - it's also about sending and receiving messages through attitude, tone of voice, facial expressions and body language. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.

306

Is there a "friendly" fit for your community?

Sue Kelley, Project Facilitator, Shorewood Connects

Miriam Oliensis-Torres, MSW, LCSW, C-ASWCM, Care Manager, Stowell Associates, Inc.

Marilyn Lange, Greendale SAGE

This workshop will explore what it means to be "Age-Friendly", "Dementia-Friendly" and a place with "Dementia Friends". We will summarize the background, philosophy and framework of the World Health Organization's Global Network /AARP Age-Friendly Network, the Dementia Friendly America Network, and the Dementia Friends Initiative. Representatives from Shorewood and Greendale will discuss the paths they have taken to become communities where both age-friendliness and dementia-friendliness are pursued. Participants will be encouraged to share their own activities in these areas, sparking other ideas, and will receive resource materials to help them determine next steps.

307

Update on Alzheimer's Disease Biomarkers: How Early Can We Detect Dementia?

Cynthia Carlsson, MD, MS, Associate Professor of Medicine and Director, Wisconsin Alzheimer's Institute, University of Wisconsin School of Medicine and Public Health

In this interactive didactic session, Dr. Carlsson will review new advances in detecting Alzheimer's disease using biomarkers, including brain scans, spinal fluid tests, and blood tests. She will also discuss

which of these biomarkers are ready for clinical practice and how they may change how dementia is diagnosed.

308

Partners in Your Care Journey

Lisa Bittman, Coordinator, Aging and Disability Resource Center of Waukesha County
Jennifer Nowak, MSW, C-ASWCM, Regional Director, Stowell Associates
Connie Titter, Family Care Supervisor, Community Care Inc

The Care Journey begins even before a formal diagnosis and each path is unique. Join us to explore various care options and how to decide what direction might be the best fit at each step along the way. Learn how to utilize these care options and get access to them.

4:30 p.m. - 6:00 p.m. Social Hour and Networking

Join us for networking during our happy hour reception. Appetizers and drink tickets will be provided.

TUESDAY, MAY 21

7:00 a.m. Breakfast

8:00 am - 9:00 a.m.- Tuesday Morning Keynote Address

Presented by:

Diana Kerwin, MD, Certified Principal Investigator, Kerwin Research Center, LLC

Title of Program:

Update on Alzheimer's Research: Prevention and Treatment Developments

Description:

Dr. Kerwin will review the status of ongoing studies for the prevention and treatment of Alzheimer's related memory loss. Dr. Kerwin will review current hurdles and hopes on the approval of a new treatment for Alzheimer's disease.

9:00 a.m. - 9:30 p.m. BREAK

9:30 a.m. - 10:30 a.m Concurrent Workshops

401

Down Syndrome & Alzheimer's: Creating a Community of Advocacy, Education, & Support

Anne Zieglmeier, MSW, Dementia Care Specialist Assistant, Aging and Disability Resource Center of Brown County

Sheri Mealy, MSW, Dementia Care Specialist, Aging and Disability Resource Center of Brown County

Anne Cornell, Manager of Service Coordination, Aspiro

Listen and learn from members of the Down Syndrome and Alzheimer's Subcommittee of the Brown County Dementia Friendly Community Coalition as they discuss the journey of their creation and accomplishments in educating, raising awareness, and advocating for individuals with Down syndrome and Alzheimer's disease. Topics discussed will include identification of the needed support and education, an early detection screening tool (NTG-EDSD), what is next for this unique group, and inspiration and tools that will help in creating similar groups across communities focused on Down syndrome and Alzheimer's disease.

402

Cycling Without Age

Bonnie Behnke, Vice President of Development, Miravida Living Inc.

Cycling Without Age is an International Movement, with the objective of getting elders outdoors, wind in their hair, experience amazing things with the use of Trishaws. The presentation will be a compilation of videos, storytelling, pictures and evidence of life enhancing experiences for all involved. We will have participant quotes, volunteer quotes and stories, and opportunities from across the world to share with attendees. We will present some results of a research project with the University of Oshkosh, College of Nursing, as well as have an open panel for discussion, questions, and sharing.

403

Medicare and Hospice: What you should know about eligibility, benefits and fraud

Ingrid Kundering, MBA, Senior Medicare Patrol Project Manager, Greater Wisconsin Agency on Aging Resources (GWAAR)

Learn about Medicare and the hospice benefits of Medicare, including eligibility guidelines and services that are covered and not covered under the Medicare hospice benefit. The presentation will include things to consider when selecting a hospice care agency/provider as well as the four levels of hospice care for Medicare billing purposes. Learn about hospice fraud cases and how to protect, detect and report suspected Medicare fraud, errors and abuse.

404

Dementia Friends in Wisconsin: Changing the Way People Think, Act, and Talk About Dementia

Kathy Jeans Glaser, Dementia Care Specialist, Aging and Disability Resource Center of Ozaukee County
Kate Kowalski, MSSW, Education Outreach Manager, Wisconsin Alzheimer's Institute

Dementia Friends is a global initiative that seeks to change the way people think, act, and talk about dementia. Workshop attendees will be trained as Dementia Champions and provided with the information necessary to conduct no-cost, in-person Dementia Friends Information Sessions in their communities. Dementia Friends Information Sessions are designed for individuals interested in learning basic information about dementia and willing to commit to a small action. The result is a powerful collective movement that can be shared across diverse cultures and age groups. If you are interested in Dementia Friends, join us for this informative and interactive session.

405

Dementia Crisis Care Task Force of Sheboygan County

Mary Pitsch, Owner, Embrace Care Management & Managed Home Care
Michelle LeMahieu, BSW, CDP, Social Worker, Pine Haven Christian Communities
Chuck Butler, BAS, CEM, EMT-P, Deputy Fire Chief for the City of Sheboygan Fire Department and EMS Service Director and Emergency Manager for the City of Sheboygan
Lisa Entringer, RN, Emergency Department Case Manager, Aurora Sheboygan Memorial Medical Center

How does a community collaborate to improve the care of persons with dementia in crisis? Members of the Dementia Crisis Care Task Force of Sheboygan County will share important lessons learned along the way through their collaborative process. They will give examples of a new uniform countywide process for dementia crisis including an overall paradigm shift. Task Force members will also discuss how the community came together to work on this new paradigm including discipline specific training and changes to the dispatch system.

406

Boost Your Brain: 5 Science-Backed Tips to Significantly Reduce the Risk of Alzheimer's

Michelle Braun, Ph.D., ABPP-CN, Board Certified in Clinical Neuropsychology, Ascension, Wheaton Franciscan Healthcare, Department of Neurology and Neurosurgery

Given that there is no direct genetic cause for 95% of cases of Alzheimer's, and that Alzheimer's develops in the brain approximately 10-30 years prior to diagnosis, identifying protective lifestyle factors has become increasingly important. Although several science-backed strategies significantly reduce the risk of Alzheimer's, consumers are often misled by myths, misinformation, and pseudoscience to spend time and money on strategies that are not scientifically supported—such as playing online brain games, taking memory supplements, following “brain health” diets, and getting unnecessary brain scans—or to develop a false sense of security by engaging in tasks that are minimally helpful, such as crosswords. Learn the top five science-backed strategies that have been shown to sharpen memory and dramatically reduce the risk of late-onset Alzheimer's.

407

Understanding Alzheimer's and Dementia

Sarah Prohuska, Community Outreach Coordinator, Alzheimer's Association Southeastern WI Chapter

This presentation will help you understand the relationship between Alzheimer's and dementia. Find out how Alzheimer's disease affects the brain, explore the risk factors and stages of the disease, learn about current research and FDA-approved treatments that address some symptoms and identify Association resources.

408

Purple Tube Project

Cori Marsh, Dementia Care Specialist, ADRC of Rock County
Jennifer Thompson, Division Manager, ADRC of Rock County
Ron Northrop, Police Chief, Town of Beloit

The Purple Tube Project was launched in Rock County in early 2018. The Purple Tube assists first responders and families to have ready access not only to demographic information, but also behavioral interventions that may reduce the need to transfer to an institution or local emergency room. Learn about the program, lessons learned, and next steps.

10:30 a.m. 11:00 a.m. BREAK

11:00 a.m. - 12:00 p.m. Concurrent Workshops

501

How do we provide Normalization in Long Term Care

Karen Osmanski, MSW, APSW, Director of Resident and Family Services, Silverado Northshore

Everyday people with dementia are being devalued due to their memory impairment. This workshop is designed to teach practical ways to treat residents with memory impairments as adults that have value as unique, capable, people who have the right to be treated with dignity and respect. Normalization means treating people who have cognitive disabilities with the same dignity and respect as people who are not impaired. After this workshop you should have practical techniques and changes to environment, training, and interactions to help prevent devaluation and increase quality of life for those with dementia.

502

Health Care Decision-Makers: What they can and can't do

Jessica Trudell, Managing Attorney, Guardianship Support Center, GWAAR Elder Law & Advocacy Center

Learn about health care decision-making in Wisconsin. This includes an overview of Powers of Attorney for Health Care, including issues that arise in execution, activation, deactivation and revocation. The presentation will include information on authority and limitations of the Power of Attorney for Health Care agent and Guardian. Learn when guardianship is an option and what the legal ramifications are for family guardians and individuals with Alzheimer's disease. Learn the differences in authority a guardian has versus a power of attorney agent.

503

Trauma Informed Dementia Care

Laura Nolan, Program Specialist, Wisconsin CBRF Training Registry, University of Wisconsin - Green Bay

Trauma can occur at any point in a person's life as a result of variety of experiences such as abuse, neglect, violence or combat experiences. The effects of trauma can stay with the person throughout their lifetime. Trauma Informed Care is used to assist people living with dementia who have had past trauma in their lives. The use of improvisational communication skills reduce challenging behaviors and tie directly into trauma informed care. The class offers a non-pharmacological strategy to address behavior management.

504

Healthy Living for Your Brain and Body: Tips from the Latest Research

JoAnn Janikowski, Outreach Specialist, Alzheimer's Association, Greater WI Chapter

For centuries, we have known that the health of the body and brain are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your body and brain healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these plans into a plan for healthy aging.

505

Frontotemporal Dementia: Top Tips to Optimize Treatment and Quality of Life

Michelle Braun, Ph.D., ABPP-CN, Board Certified in Clinical Neuropsychology, Ascension, Wheaton Franciscan Healthcare Department of Neurology and Neurosurgery

Frontotemporal Dementia (FTD) is a frequently misdiagnosed condition with broad symptoms that are often challenging to treat and distressing to caregivers. Join Dr. Michelle Braun to learn about the diagnosis, cause, and symptoms of the 7 subtypes of FTD, with an emphasis on the relationship between structural brain changes, symptoms, optimal management strategies, and enhanced quality of life.

506

Eating and Swallowing Issues in Persons with Alzheimer's Disease: From Impairment to Treatment

Nicole Rogus-Pulia, PhD, CCC-SLP, Assistant Professor, Division of Geriatrics and Gerontology, Department of Medicine, School of Medicine and Public Health (SMPH), University of Wisconsin-Madison

Kailey Vitale, Clinical Fellow in Speech-Language Pathology, William S. Middleton Memorial Veterans Hospital

This session will provide an overview of the eating and swallowing issues that commonly occur in persons with Alzheimer's disease. We will discuss evaluation methods used by speech-language pathologists and other professionals to understand the extent of impairment. We will also review evidence-based strategies and treatment approaches used to address these issues.

507

Understanding Lewy Body Dementia

Diane Mosnik, PhD, Licensed Clinical Neuropsychologist, Pediatric and Adult & Forensic Psychologist, Diane M Mosnik PhD Inc

Lewy body dementia is a progressive, degenerative dementia with clinical features distinguishable from Alzheimer disease, Frontotemporal lobar degeneration and other types of dementia. Learn the diagnostic and behavioral features of Lewy body dementia, and how it differs from other dementia diseases. Causes and current pharmaceutical and non-pharmaceutical treatments will also be discussed.

508

Navigating Senior Living

Pam Foti, Elder Care Consultant, Vesta Senior Network
Jenny Wagner, Elder Care Consultant, Vesta Senior Network

Navigating Senior Living and Care Options - ALF, ILF, CCRC, SNF: Alphabet soup? Unfortunately, not. Join us as we debunk the myths surrounding the complex world of long term care. Walk away with the knowledge you need to navigate the world of senior housing and care in Wisconsin. Attend for your clients, yourself, or for someone you love.

12:00 p.m. - 2:00 p.m. - Lunch and Keynote Address

Title: Unique Challenges the LGBTQ Community Faces with Alzheimer's

Presented by: Tom Doyle, Alzheimer's Association National Early Stage Advisor and Panel

Description:

It's still challenging to get a proper diagnosis, maneuver the health care system and access appropriate resources. What unique challenges does the person with MCI or dementia and their care partner face when they self-identify as LGBTQ? National Early Stage Advisor Tom Doyle will share his personal story. He will then be joined by a panel of LGBTQ persons with MCI or a type of dementia and their caregivers as they discuss their diagnostic process, access to services, their experiences with health care professionals and their experiences with heterosexual couples and their community.



Save the Date for our 33rd annual Wisconsin State Conference

May 19-21, 2019

24/7 Helpline 800.272.3900

The Alzheimer's Association® 24/7 Helpline – 800.272.3900 – is available around the clock, 365 days a year. Through this free service, specialists and master's-level clinicians offer confidential support and information to people with disease, caregivers, families, professionals and the public.

Contact the Helpline day or night for:

- Information about memory loss, dementia and Alzheimer's disease
 - Information on medication and other treatment options
 - Safety issues and services
 - Tips for providing quality care
 - Strategies to reduce caregiver stress
 - Recommendations on how to find quality care providers
- Referrals to local education, care and support programs and services

