



2019 Greater Boston Walk to End Alzheimer's
DCR North Point Park, Cambridge
Sunday, September 22, 2019

SCHEDULE OF EVENTS

Pre-Walk Activities:

8:30 am **Walker Check-In & Activities Open**
Team Photo Area
Promise Garden Distribution Area
Children's Area Activities
Sponsors/Exhibitor Area
Alzheimer's Association Info Tents
Food Area

Speaking Program:

9:55 am **National Anthem**

10:00 am **Opening Ceremony & Promise Garden Ceremony**

The Walk:

10:30 am **Walk begins! (1.5 mile or 3.5 mile route options)**

Post-Walk Activities:

Activities still available:
Team Photo Area
Children's Area Activities
Sponsors/Exhibitor Area
Alzheimer's Association Info Tents
Food Area

12:30 pm

2019 Greater Boston Walk to End Alzheimer's concludes – THANK YOU!!

WALK FAQs

What time does the event start?

Walker check-in (registration) & activities open: 8:30am

Walk route open: 8:30am

Opening Ceremonies & Promise Garden Ceremony: 10:00am

Walk begins: 10:30am

What happens if it rains?

Walk is a rain or shine event. However, in the case of severe weather, the event may be cancelled. If this is the case, we will update our Walk homepage on or before the morning of the event.

Where can I park?

Free parking is available at CambridgeSide located at 100 CambridgeSide Place, Cambridge. You will need to present a parking voucher upon exiting the garage which we will have at walker check-in, volunteer check-in and the CambridgeSide tent at the Walk.

DCR North Point Park is a short walk from CambridgeSide. There will be directional signage and volunteers directing you to the park. There is also limited shuttle service available for those who require assistance.

How do I get there via public transportation?

DCR North Point Park is accessible via MBTA Green Line at Lechmere or Science Park.

How long is the Walk?

There are 2 route options available – 1.5 mile and 3.5 mile route.

Is there water/food available?

There will be food and water available at the Food Tent before, during and after the Walk based on availability. There is also water at both water stations, located along the Walk route.

Are pets allowed on Walk day?

Well-behaved dogs on leashes are welcome!

Are strollers, bicycles, and skates allowed on Walk day?

We do allow strollers, but for everyone's safety, we discourage skateboards, bicycles, inline skates and wheelie footwear.

Are the walk routes wheelchair accessible?

Yes, both walk routes are wheelchair accessible.

REGISTRATION RELATED QUESTIONS

Do I have to register for the Walk?

Yes, everyone who is walking, much register for the Walk.

Can I sign up for the Walk at the event?

Yes, you can register on-site. Please visit the Walker Check-In tent to register. There is no registration fee or fundraising requirement to participate.

Can I turn in donations at the Walk?

Yes, you can turn in donations on Walk Day at the Walker Check-In tent. You can also turn in donations in advance by mailing them to our office with information on who to credit the donations to. You can also attend our Early Bird Registration event on Tuesday, September 16th between 4pm and 7pm at the Alzheimer's Association office (309 Waverley Oaks Road, Waltham, MA 02452)

Do I get a Walk T-shirt?

T-shirts are available for walkers who have registered AND raised at least \$150. You can claim your t-shirt on walk day at the walker check-in tent if you qualify.

How do I get a Promise Garden flower?

You must be a registered walker to receive a flower. On Walk day, you will receive a wristband at walker check-in. Each registered walker with a wristband will receive a Promise Garden flower at the flower pickup tent. Please choose the color that best represents your connection to the disease.

Blue represents someone with Alzheimer's or dementia

Purple is for someone who has lost a loved one to the disease

Yellow represents someone who is currently supporting or caring for someone with Alzheimer's

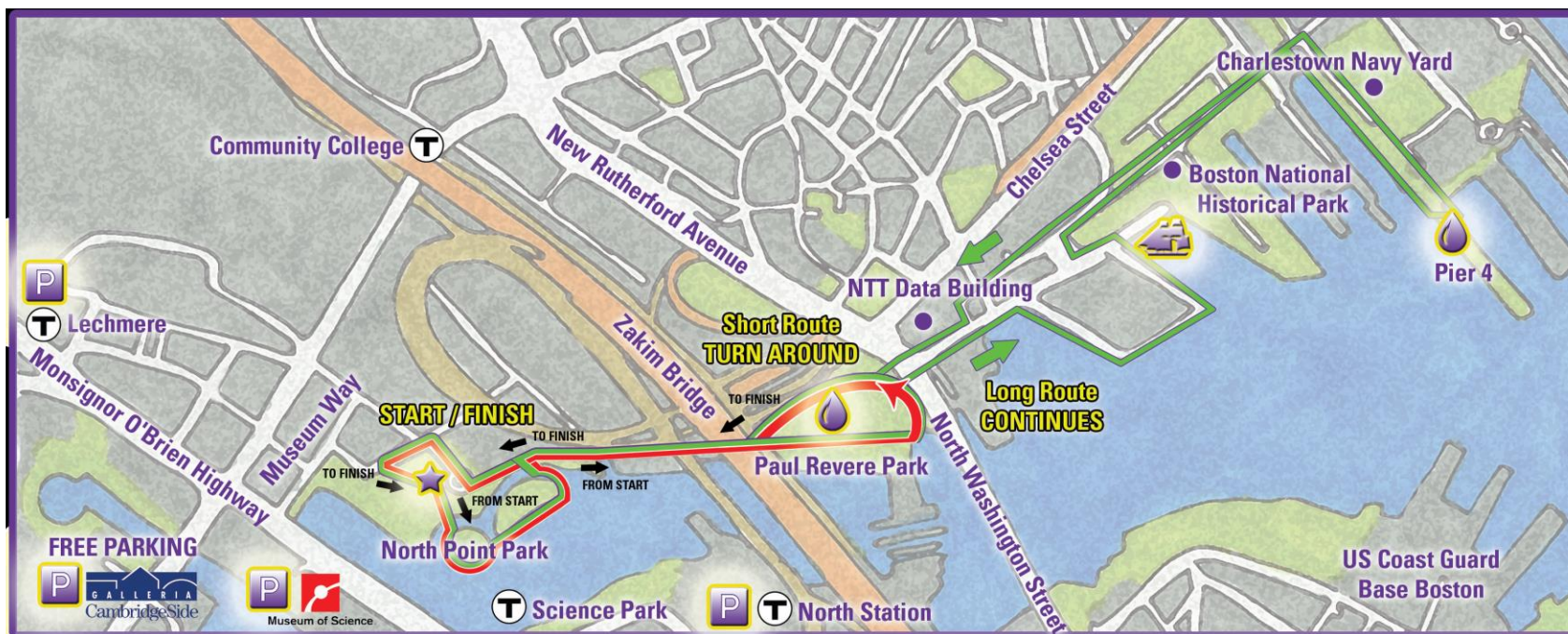
Orange is for everyone who supports the cause and vision of a world without Alzheimer's

What do I do with my Promise Garden flower?

Bring your Promise Garden flower to the opening ceremonies. After the ceremony, before you begin walking, you can plant your flower in the Promise Garden or hold your flower as you walk. If you plant your flower, please be sure to stop by the Promise Garden when you return from your walk and collect your flower before you leave.

For additional Walk Day FAQ's, please visit our full website [here](#).

WALK ROUTE MAP



Walk route starts and finishes at North Point Park in Cambridge.

Walk route loops around North Point Park and over to Paul Revere Park in Boston.

Route exits Paul Revere Park along the Harbor Walk behind the Marriott Residence Inn and continues along the Harbor Walk.

Route exits the Harbor Walk on Constitution Road and enters into the Charlestown Navy Yard (National Park Services) through First Ave.

Route continues straight down First Ave, exits Charlestown Navy Yard and continues down to Pier 4 where there will be a water stop set up

Route returns to Paul Revere Park via the Charlestown Navy Yard via 2nd Ave, turns right onto Constitution Road and crosses Constitution Road at the intersection of Chelsea Street.

Route continues down Constitution Road back into Paul Revere Park and over to North Point Park.