



FEATURING:

Daniel Kuhn, LCSW, author, educator and memory care expert
Gloria Donnelly, Ph.D., RN, FAAN, FCPP, nationally recognized speaker & academic author
Ann Morrison, Ph.D., RN, CLNC, nationally & internationally recognized expert on dementia & caregiving issues

JOIN THE CONVERSATION

with six specialized sessions, including Intimacy & Dementia, Communication, Cultural & Spiritual Assessment, Research, Dementia & Dining, and Recognizing Depression, Delirium & Dementia When They Exist Together.

Monday, May 2nd

The Events Center at Valley Forge Casino Resort
King of Prussia, PA

Annual
SE Pennsylvania
**Dementia
Conference**
05.2.2016

**CHAPTER PROGRAMS
& SERVICES**

24/7 Helpline 800.272.3900

Care Consultation

Caregiver Support Groups

Early Stage Initiatives

- Support Groups

- REC Center

- Peer to Peer

Safety Services

Diversity

**Julie H. C. Bailey Learning
Academy**

- Consumer Education

- Professional Education

TrialMatch®

Advocacy

For more information on all
our programs & services,
please call our 24/7 Helpline
at **800.272.3900** or find us at
www.alz.org/delval.



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Daniel Kuhn, LCSW

Daniel Kuhn, LCSW will present ***Creative Solutions to Responsive Behaviors*** as the keynote address and *The Changing Face of Intimacy in Dementia* in an afternoon breakout session.

For more than 40 years, Mr. Kuhn has been a licensed clinical social worker and educator in the fields of dementia, family caregiving, and end-of-life care in various settings including the Rush Alzheimer's Disease Center, The Alzheimer's Association, and Rainbow Hospice. He has authored or co-authored more than 50 publications and has lectured extensively throughout the United States and Canada. In 2015, he received a Lifetime Achievement Award from the Illinois Chapter of the National Association of Social Workers.



Gloria Donnelly, Ph.D., RN, FAAN, FCPP



Gloria Donnelly will present ***Caring for the Caregiver: Strategies & Support*** for the plenary session.

Dr. Donnelly is a leader in nursing education, both regionally and nationally, and is Dean of the College of Nursing and Health Professions at Drexel University. Dr. Donnelly is the author of four textbooks and the winner of two *American Journal of Nursing* Book of the Year awards. She has also given more than two hundred presentations regionally and nationally on mental health, stress management, financing nursing education, and technology infusion in clinical practice. She holds a Master of Science in Nursing from the University of Pennsylvania, School of Nursing with specializations in psychiatric nursing and nursing education.

Ann Morrison, Ph.D., RN, CLNC

Ann Morrison will present ***Depression, Delirium & Dementia: How to Recognize Each When They Exist Together*** in a morning breakout session.

Dr. Morrison is a well-recognized expert on Alzheimer's disease. For 25 years, she served as staff and later faculty for the Johns Hopkins University School of medicine, and as co-investigator for clinical drug trials, risk factors identification and caregiving issues related to dementia. She has published numerous peer-reviewed journal articles and book chapters. For the past five years she has served as Core Faculty at the Copper Ridge Institute, developing dementia training curriculum and providing dementia-related education to health care facilities on their behalf.



Great conference!! I'm looking forward to next year!!

—2015 Conference Attendee

Breakout session space is **LIMITED**.
Please register **EARLY** to ensure your session preferences.

(A) Dementia, Delirium & Depression: How to Recognize Each When They Exist Together

Ann Morrison, Ph.D., RN, CLNC (*Morrison & Associates, LLC & The Integrace Institute at Copper Ridge*)

Dementia, delirium and depression often coexist in elderly clients. Failure to properly cognitively assess and recognize the differences and similarities between these issues can result in serious harm to clients. Delirium, often a medical emergency, needs to be recognized and treated immediately. Medical professionals may attribute acute cognitive changes to chronic cognitive disorders. This lecture provides a clear and simple approach to understanding the etiology, presentation, and corrective actions necessary for managing this common co-morbidity.

(B) Alzheimer’s Disease: Research & Clinical Trials

David C. Weisman, MD (*Abington Neurological Associates*)

This workshop will cover the latest in Alzheimer’s research surrounding the pathology of Alzheimer’s disease. Attendees will also learn about current and future clinical trials for Alzheimer’s disease and Mild Cognitive Impairment, with a focus on disease modification.

(C) Dementia Care Dining

Cara Ellis, BS, RD, CDP (*Genesis Healthcare*)

This workshop will focus on how to provide person-centered dining for those with dementia. Attendees will learn how to individualize assistance and customize the preparation of meals. Also addressed will be the importance of mealtime flexibility and strategies for dining-related issues.

(D) The Changing Face of Intimacy in Dementia

Daniel Kuhn, LCSW (*All Trust Home Care*)

The changing nature of intimacy and sexuality due to dementia will be described and specific issues of diagnosed individuals and their partners will be highlighted. This session will also focus on issues confronting staff when people with dementia living in residential care communities exhibit intimate and sexual behaviors. Ways to tactfully address these behaviors with families will be explained.

(E) Staying Positive with Dementia: Successful Connections through Communication

Joy Beller Shore, MPA and Katherine L. Barron, CTRS (*Abramson Center for Jewish Life*)

This interactive workshop will explore the barriers to communication along with how to creatively communicate with patients who have dementia. Attendees will learn about theories of communication as well as ways to interpret nonverbal cues from patients. This session will be fun, engaging, and inspiring to anyone who struggles with communication and dementia.

(F) Cultural & Spiritual Assessment in Healthcare

Tawana Ford Sabbath, MSS, Ph.D. (*Alliance of Black Social Workers*)

This workshop is designed to help healthcare practitioners challenge the professional and personal biases of which they are often unaware as it relates to cultural and spiritual diversity. By way of lecture, small group experience and discussion, participants will be encouraged to confront their unintended biases as they move toward practice that respects and embraces difference.



Network with 350-450 fellow caregivers and professionals while learning the latest in Alzheimer’s from dementia experts. Six specialized and engaging breakout sessions are offered to customize your learning experience!

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For sponsor and exhibitor
information, contact
kristina.prendergast@alz.org
or 800.272.3900

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Registration Sponsor



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CONFERENCE SCHEDULE AT A GLANCE

- 8:00—8:45** Check-In / Registration / Continental Breakfast / Exhibit Area & Bookstore Open
- 8:45—9:00** Welcome & Opening Remarks
- 9:00—10:15** **Keynote Session**
Creative Solutions to Responsive Behaviors
Daniel Kuhn, LCSW
- 10:15—10:30** Break / Exhibit Area & Bookstore Open
- 10:30—12:00** **Morning Breakout Sessions (SELECT ONE)**
- 12:00—12:15** Exhibit Area & Bookstore Open
- 12:15—1:15** Lunch & P.R.I.D.E. Award Presentation
- 1:15—2:45** **Afternoon Breakout Sessions (SELECT ONE)**
- 2:45—3:00** Break / Exhibit Area & Bookstore Open
- 3:00—4:15** **Plenary Session**
Caring for the Caregiver: Strategies & Support
Gloria Donnelly, Ph.D., RN, FAAN, FCPP
- 4:15—4:30** Evaluation & Name Tag Submission
Professional CE Credit Check-Out

FOR MORE INFORMATION:
800.272.3900, www.alz.org/delval

Family caregivers, professionals and sponsors alike LOVE this annual event!

"I thoroughly enjoyed the conference, gained a wealth of information and successfully networked with many people. Terrific speakers!" —2015 Conference Attendee

"Best Alzheimer's conference I've attended" —2013 Conference Attendee

"Excellent program. Lots of good 'take away' tips." —2014 Conference Attendee

"The food was phenomenal, vendors were appropriate and informative, and all the topics were fantastic." —2014 Conference Attendee



HAVE A QUESTION? CALL THE **24/7 HELPLINE 800.272.3900**

VISIT THE EXHIBITS

Our sponsors and exhibitors help to make this conference possible. Please take time throughout the day to learn about local programs and services offered.

8:00 am—8:45 am

10:15 am

12:00 pm

2:45 pm

ENHANCE YOUR CONFERENCE EXPERIENCE

- **NEW this year!** Are you traveling a long distance to the conference? **Book a room at a discounted rate of \$129 using the code ALZH at the Radisson. The reservation cut-off date is 4/1/2016. For reservations, call: 610-354-8118. Reference "Dementia Conference Room Block."**
- Stay Comfortable - **bring a sweater or jacket.** Room temperatures can vary, so come layered.
- If you come with a team from your workplace, **split up** and go to different sessions for a variety of information to share with your organization.
- Go to our **Chapter Bookstore** and pick up some inspirational, educational and Alzheimer's awareness resources.
- We would like to use **photographs** from our conferences in our promotional materials. By virtue of your attendance, we reserve the right to use your likeness in such materials.

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DIRECTIONS:

**The Events Center at
Valley Forge Casino Resort**
1160 First Avenue
King of Prussia, PA 19406

<http://www.radisson.com/hotels/pa-valley/locations>

From Philadelphia International Airport: Take Interstate 95 South to Interstate 476 North. Follow Interstate 476 North to Interstate 76 West and exit at Mall Boulevard. Bear right onto Mall Boulevard and proceed to the traffic light. Turn right onto Gulph Road. Follow for approx. 1.5 miles, turn right onto First Avenue. Hotel is on the left.

From North: Take the Pennsylvania Turnpike to Exit 326 (Valley Forge). Proceed through the toll booth and take the first exit, merging onto Gulph Road. Follow for approx. 1.5 miles, turn right onto First Avenue. Hotel is on the left.

From Harrisburg (West): Take the Pennsylvania Turnpike East to Valley Forge (Exit 326). Pass through the tollbooths and take the first exit for Valley Forge. Merge onto Gulph Road. Follow for approx. 1.5 miles, turn right onto First Avenue. Hotel is on the left.

From Delaware/Washington D.C (South): Take I-95 North to I-476 North. Continue on I-476 North and then travel west on Interstate 76. Continue until you come to the exit for Mall Boulevard. Bear right onto Mall Boulevard and proceed to the traffic light. Turn right onto Gulph Road. Follow for approx. 1.5 miles, turn right onto First Avenue. Hotel is on the left.



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CONTINUING EDUCATION CREDITS:

CE recipients must register, check in/out at the appropriate registration table, complete an evaluation, and attend the entire day to receive CE credit.

Registered Nurses

5.5 nursing contact hours are available for this program through Adventist WholeHealth Network. Adventist WholeHealth Network is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Nursing Home Administrators (NHA) and Certified Assisted Living Administrators (CALA)

5.5 contact hours are pending approval through the National Association for Long Term Care Administrator Board (NAB) for NHA and CALA as submitted by The Philadelphia College of Osteopathic Medicine.

Social Workers

5.5 contact hours are pending approval through the National Association of Social Workers (NASW).

This CE activity is underwritten by unrestricted educational grants from our sponsors. Approval of this continuing education activity refers to recognition of the educational activity only and does not imply ANCC commission on Accreditation or PSNA approval or endorsement of any product. The planners, presenters, content specialist, feedback personnel, and commercial support entities confirm no conflict of interest for this conference.

WAYS TO REGISTER FOR THE CONFERENCE

ONLINE: Register at act.alz.org/2016SEPAconference pay by credit card

SCAN the QR code on the back to register with your smartphone!

PHONE: Call 800.272.3900 (9am-5pm M-F) & pay by credit card.

DEADLINE: April 25.

MAIL one completed form per registrant & pay by check or credit card.

DEADLINE: April 22. Please mail registration form & payment to:

Alzheimer's Association DVC
240 N. James St., Suite 100A ~ Newport, DE 19804
Attn: SEPA CONFERENCE

"Perfectly informative as always" —2015 Conference Attendee

2016 SE PENNSYLVANIA CONFERENCE REGISTRATION FORM

Please **PRINT** and complete **one form per registrant**. **Note:** Breakout session space is **LIMITED**. Please **register EARLY** to ensure your session preference. We will be closing breakout sessions as they become full. Please be sure to mark a 2nd choice for AM & PM and/or call 800.272.3900 (9am-5pm, M-F) to check session availability. **CANCELLATION POLICY:** Refunds will not be provided for any reason after April 18, 2016.

Name: _____

Organization Name (if applicable): _____

Organization Affiliation: For-profit Government Not-for-profit Other

Address: _____

This is a company address: Yes No

Phone: _____

Email: _____

BREAKOUT SESSION SELECTIONS: Please select **ONE** workshop for each session time.

MORNING SESSION: 10:30 am—12:00 pm

Circle the letter of the session you want to attend

1st Choice: **A** **B** **C**

2nd choice (in case 1st choice is full): _____

AFTERNOON SESSION: 1:15 pm—2:45 pm

Circle the letter of the session you want to attend

1st Choice: **D** **E** **F**

2nd choice (in case 1st choice is full): _____

REGISTRATION TYPE

CE Professional (\$100) (includes CE hours*) Please review the CE information and approval agencies on the opposite page.

**One of the three options below must be selected. CE certificates will not be granted to any other profession. If your profession is not listed, then you must select non-CE professional or one of the other options. Full-day attendance is necessary to receive CE credits and an evaluation must be handed in at CE check-out no earlier than 4:15 pm. Certificates will be mailed after the conference.*

____ Registered Nurses

____ Social Workers

____ Nursing Home Administrators (NHA) and/or Certified Assisted Living Administrators

License # (required): _____

Non-CE Professional (\$50)

As a professional, which category best describes you: Administrator / CEO / Management Social Worker Nurse

Marketing Director / Department Activity Professional Admission Director / Office Support Volunteer

Clergy / Faith Community Physical Therapist Other: _____

Nursing Assistant or CNA (\$40)

Full-Time Student with ID (\$30)

Family Caregiver (non-professional) (\$25) *Call 800.272.3900 for scholarship inquiry. A limited number are available.

PAYMENT INFORMATION—Payment is due with this registration form

Payment by Check Check # _____

Payment by Credit Card: Visa Master Card AMEX Exp. date: _____ Security code: _____

Credit card number: _____ Signature: _____

Name as it appears on the card: _____ Amount: \$ _____

All registrations include continental breakfast (available 8:00am-8:45am) & lunch (begins promptly at 12:15pm).

Delaware Valley Chapter
399 Market Street, Suite 102
Philadelphia, PA 19106



www.alz.org/delval

800.272.3900

Delaware Valley Chapter

Annual SE Pennsylvania Dementia Conference

Monday, May 2, 2016



The Events Center at
Valley Forge Casino Resort
1160 First Avenue
King of Prussia, PA 19406
8:00 am - 4:30 pm



REGISTER!



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www.alz.org/delval
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