

## REGISTRATION FORM

Deadline for Mail-in Registration is **Tuesday, August 18, 2015**.  
Registration will also be available on the day of the conference or  
register online at [www.alz.org/sc](http://www.alz.org/sc). (Please type or print clearly)

Name: \_\_\_\_\_

Company Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ County: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Day Phone: \_\_\_\_\_

Work title/Discipline: \_\_\_\_\_

Professional License #: \_\_\_\_\_

**Please check one:**

**\$65.00** I am a Professional needing CEUs  
Occupation \_\_\_\_\_

**\$25.00** All other registrants (no CEUs)

*Limited scholarships available for family caregivers in financial need.  
Call (803) 791-3430 for info.*

**Please mail completed registration form with payment to:**

**Alzheimer's Association, Educational Symposium,  
140 Stoneridge Drive, Suite 210, Columbia, SC 29210**

**Payment by check**

Make check payable to Alzheimer's Association.

**Payment by credit card**

Complete field below or register online at [www.alz.org/sc](http://www.alz.org/sc).

Name as it appears on the card: \_\_\_\_\_

Signature of cardholder: \_\_\_\_\_

Credit Card #: \_\_\_\_\_

3-digit Security Code: \_\_\_\_\_ Expiration date: \_\_\_\_\_

Circle credit card: VISA MasterCard Discover AMEX

Non-Profit Org.  
U.S. Postage  
Paid  
Anderson, SC  
Permit No. 400

alzheimer's association®

South Carolina Chapter  
140 Stoneridge Drive, Suite 210  
Columbia, SC 29210  
[www.alz.org/sc](http://www.alz.org/sc)

alzheimer's association®

South Carolina Chapter

[alz.org/sc](http://alz.org/sc)

## The 23<sup>rd</sup> Annual Educational Symposium



**Friday, August 21, 8:30 AM - 4:00 PM**

(Registration begins at 7:45 AM)

William Yates Conference Center (SC Hospital Association)  
1000 Center Point Road, Columbia SC 29210

**Program Sponsors:**



**Family caregivers:** If you need someone to stay with your loved one during the conference, please call the Alzheimer's Association at 803-791-3430 at least two weeks prior to the event. Our sitter service covers companion care at no cost to you, but an application is required.

## About the Presenters



**Victor A. Hirth, MD, MHA, FACP, AGSF**  
 Professor & Chief, Division of Geriatrics  
 Medical Director, Geriatric Services  
 Medical Director, Health Science Center  
 Medical Director, Senior Primary Care Practice  
 Palmetto Health & USC School of Medicine, Columbia, SC

Dr. Hirth was recruited to Palmetto Health/USC School of Medicine in 1994. He is the Medical Director of Geriatric Services at Palmetto Health, and Chief and Professor of the Division of Geriatrics at USC School of Medicine. His responsibilities include geriatric program development, geriatric research and education. His interests include disease prevention, older drivers, fall detection using wireless sensors and working on cars. Dr. Hirth completed his Residency in Internal Medicine at University of Iowa Hospitals and Clinics, followed by Fellowship in Geriatrics at University of Washington. He completed medical school at the University of Washington.



**Dean Hartley, Ph.D.**  
 Director of Science Initiatives  
 Alzheimer's Association, Chicago, IL

Dr. Hartley has a leadership role in the Association's research and scientific fundraising initiatives, primarily by communicating the goals and achievements of the Alzheimer's Association research and science program to a wide range of audiences. In addition, Dr. Hartley represents the Association's science division, both internally and externally, and works with the division's senior leaders on public relations activities and scientific workgroups to advance the Association's science agenda. Before coming to the Alzheimer's Association, Dr. Hartley was an Associate Professor in the Department of Neurological Sciences and conducted research at Rush University Medical Center in Chicago. Prior to this, he was Assistant Professor in the Department of Neurology at Harvard Medical School and conducted research at Brigham and Women's Hospital, Boston. Dr. Hartley completed postdoctoral fellowships in the Departments of Medicine, Genetics, and Neurology at Harvard Medical School after completing his Ph.D. in Neuroscience at Stanford University. He has a Master's Degree in Environmental Toxicology from the University of Illinois.



**Marieke Van Puymbroeck, Ph.D., CTRS, FDRT**  
 Associate Professor and Recreational Therapy Coordinator  
 Department of Parks, Recreation, and Tourism Management  
 Clemson University, Clemson, SC

Dr. Van Puymbroeck's research interests focus on the therapeutic use of recreation-based interventions (primarily yoga and other integrative medicine techniques) to improve function and well-being for individuals with chronic disease and disability. She is the President of the National Academy of Recreational Therapists and Associate Editor of the Journal of Leisure Research, American Journal of Recreation Therapy, and Therapeutic Recreation Journal. Complementary and alternative medicine (CAM) is becoming increasingly popular and includes different therapies and products not currently recognized as a part of conventional medicine or rehabilitation. Dr. Van Puymbroeck has studied yoga in a number of populations: older adults with a fear of falling; breast cancer survivors; informal caregivers; and individuals with chronic stroke. A recently funded study will examine the impact of therapeutic yoga on increasing functional skills in individuals with Parkinson's Disease.



**KEYNOTE SPEAKER:**  
**Megan Carnarius, RN, NHA, LMT**  
 Balfour Cherrywood Village  
 Louisville, CO

Alzheimer's specialist Megan Carnarius is known for her warmly human touch in working with people with dementia and their families. A registered nurse (RN), licensed nursing home administrator (NHA) and massage therapist (LMT), Megan looks back on 25 years' experience in designing and running memory care settings. In 1989, she managed the first skilled memory care nursing setting in Boulder County, USA. Megan started consulting in memory care design in 1996, which resulted in an award-winning memory care facility, and she continues to assist owners with building designs as well as program and operational development. Trained in Europe and in the USA, she is a sought-after family consultant, professional trainer, and lecturer. Megan also served on the Alzheimer's education committee for 15 years. She is presently the executive director for Balfour Cherrywood Village, a secure memory care, assisted living residence, for 52 elders that also provides adult daycare to participants from the surrounding community.

## Who Should Attend?

- Family caregivers
- Activity directors & assistants
- Adult day program staff
- Adult foster care home owners & staff
- Direct access staff including house-keeping, dietary, volunteers & other support staff
- Home health & home care aides
- Marketing Directors
- Nursing assistants & resident care assistants
- Nurses (Assistants & Directors of Nursing)
- Physical Therapists
- Recreation Therapists
- Social Workers
- Staff development coordinators



Temperatures may vary in the air-conditioned conference area.

FOR YOUR COMFORT,  
 PLEASE DRESS IN LAYERS!

## Community Sponsors:



## Schedule & Topics

- 7:45 AM Registration, Sponsor Exhibits & Light Breakfast
- 8:30 AM Welcome & Introduction
- 8:45 AM **Clinical Diagnosis of Alzheimer's & Other Dementia**  
 Victor A. Hirth, MD, MHA, FACP, AGSF
- 10:00 AM Break & Sponsor Exhibits
- 10:15 AM **Developments in Alzheimer's Research**  
 Dean Hartley, Ph.D
- 11:30 AM Alzheimer's Association Resources
- 12:00 PM **Lunch & Learn: Reducing Stress and Increasing Social Participation Through Yoga**  
 Marieke Van Puymbroeck, Ph.D., CTRS, FDRT
- 1:00 PM **Communication That Works**  
 Megan Carnarius, RN, NHA, LMT
- 2:15 PM Break & Sponsor Exhibits
- 2:30 PM **Best Practices for Understanding Behavior**  
 Megan Carnarius, RN, NHA, LMT
- 3:45 PM Q&A, Evaluations
- 4:00 PM Adjourn

### Continuing Education Credits provided by:



**Nursing:** Mid-Carolina AHEC is an approved provider of continuing nursing education by The South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission of Accreditation. "This nursing continuing education activity is approved for 6.0 hours."

**Social Workers:** This program has been approved by the SC Board of Social Work Examiners for 6.0 clock hours of non-social work continuing education.

**Physical Therapists:** This program has been approved for 7.2 contact hours of continuing education by SC AHEC under its accreditation by the SC Department of Labor, Licensing and Regulation Board of Examiners for Physical Therapy. (Based on a 50-minute hour)

**Occupational Therapists:** This program has been approved for 7.2 contact hours of continuing education for Occupational Therapists. SC AHEC has presumptive approval as a provider of continuing education for Occupational Therapists by the SC Board of Examiners for Occupational Therapy. (Based on a 50-minute hour) Mid-Carolina AHEC, Inc.

**Long-Term Health Care Administrators:** This program is approved for 7.0 hours of continuing education by the South Carolina Department of Labor, Licensing and Regulation Board of Long Term Health Care Administrators. No partial hours will be given.

This program is approved for 0.6 CEU's (6.0 clock hours) of continuing education by Mid-Carolina AHEC and meets the SC AHEC Best Practices Standards. Participants must attend 90% of the program in order to receive a certificate or attendance. **No partial credit will be given.**