

# alzheimer's $\ref{eq:second}$ association®

REGISTRATION DEADLINE APRIL 19, 2020

SAVE TIME REGISTER ONLINE wisalzconf.org

## 34TH ANNUAL WISCONSIN STATE CONFERENCE MAY 3-5, 2020

KALAHARI RESORTS & CONVENTION CENTER WISCONSIN DELLS, WI

2020 GOLD CONFERENCE SPONSORS:







HOTEL RESERVATION DEADLINE APRIL 2, 2020 bit.ly/ALZhotel2020 877.525.2427

CONFERENCE REGISTRATION DEADLINE APRIL 19, 2020 wisalzconf.org or by mail CONTINUING EDUCATION OPPORTUNITIES ARE AVAILABLE

# alzheimer's $\mathcal{O}$ association<sup>®</sup>

## 34TH ANNUAL WISCONSIN STATE CONFERENCE MAY 3-5, 2020



## NOTEL ACCOMODATIONS:



## Kalahari RESORTS & CONVENTION CENTER

1305 Kalahari Drive, Wisconsin Dells, WI 53965

The Kalahari is offering a limited number of conference attendees special lodging rates:

\$82/SINGLE | \$99/DOUBLE | \$119/TRIPLE | \$129/QUAD Reserve no later than April 2

Book hotel online at **bit.ly/ALZhotel2020** or call **877.525.2427** and ask for the Alzheimer's Association room block.



#### EXHIBIT FAIR 2020: 8:00 AM - 4:00 PM - MONDAY, MAY 4

#### DON'T MISS OUT ON THE OPPORTUNITY TO SHOWCASE your business, services and products

to more than 800 professional and family caregivers, medical professionals and those living with dementia who will attend the 2020 Wisconsin State Conference.

Information can be found by visiting **wisalzconf.org**, emailing Blueprint Events, LLC – Conference Planners at **blueprint@alz.org** or calling **608-709-1915**.



#### CONFERENCE NOTE: CANCELLATIONS, REFUNDS & SUBSTITUTIONS

A \$25 processing fee is assessed for all refund requests. Substitutions are welcomed at any time. **No refunds will be created after April 19, 2020.** Registration, Payment and Cancellations/Refund questions – Email Kelly Conway @ kconway@alz.org or call 414.479.8800 ext 1943.



#### OUTSTANDING CAREGIVER AWARDS

#### **COURAGE AWARD:**

Recognizes an individual currently living with memory loss who is a role model for others through exemplifying support, education, advocacy and facing challenges.

#### FAMILY CAREGIVER AWARD:

Recognizes an individual or family who embodies the courage to face the challenges of caregiving, the compassion to ensure dignity for their loved one, and the wisdom to reach out for support.

#### **PROFESSIONAL AWARD:**

Recognizes individuals who bring to his/ her profession a dedication that serves as a model to others in this field. Includes nursing assistants, home care workers, nurses, therapists, administrators, clergy, social workers, and other related disciplines.

> The Award Nomination DEADLINE is 5:00 PM on February 28, 2020. To apply visit wisalzconf.org



SCHOLARSHIP FUNDING IS MADE POSSIBLE BY OUR CONFERENCE SPONSORS:

#### SCHOLARSHIPS AVAILABLE

A limited number of full and partial scholarships are available to assist with the cost of the conference registration fee. Eligible applicants include family caregivers, persons with memory loss, Alzheimer's Association volunteers, and professional caregivers working in long-term care facilities. Please note that travel and lodging expenses are not included.





The Scholarship Application DEADLINE is 5:00 PM on February 28, 2020. To apply, visit wisalzconf.org or contact Blueprint Events, LLC – Conference Planners at blueprint@alz.org or call 608.709.1915.

## SUNDAY, MAY 3

#### PRE-CONFERENCE SEMINARS - •

- #1 12:00 PM 4:00 PM ETHICS & BOUNDARIES SEMINAR
  - DELIVERING BAD NEWS. COPING WITH THE NEWS... (1.5 hrs)
  - BOUNDARIES IN A SOCIAL WORK SETTING (1.5 hrs)
  - RESILIENCE & LIVING WELL AS A CAREGIVER (1 hr)

Jennifer J. Lang, MSW APSW, Social Worker – Froedtert Hospital, Adjunct Professor – UWM, Milwaukee & Mount Mary University



Jennifer Lang

 #2 12:30 – 1:45 PM, 2:00 – 3:15PM or 3:30 – 4:45PM
 VIRTUAL DEMENTIA TOUR: TAKE A WALK IN THE SHOES OF THOSE WITH MEMORY LOSS

Second Wind Dreams and Azura Memory Care

## 5:00 PM - 7:30 PM

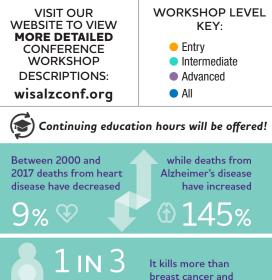
SUNDAY EVENING DINNER, AWARDS, & KEYNOTE

#### ALZHEIMER'S RESEARCH UPDATE: CREATING HOPE FOR THE FUTURE



#### Keith Fargo

Keith Fargo, Director of Scientific Programs & Outreach, Alzheimer's Association



seniors dies with Alzheimer's or another dementia

prostate cancer

## **MONDAY, MAY 4**

#### 7:30 AM - 8:45 AM **REGISTRATION/BREAKFAST**

#### 8:00 AM – 4:00 PM / EXHIBIT FAIR

#### 8:45 AM – WELCOME

9:00 AM - 10:00 AM **KEYNOTE ADDRESS** 

#### **DISRUPTING DISPARITIES:** FORGING THE PATH **TOWARD EQUITY**



I ola Awovinka

Lola Awoyinka, Epidemiologist and Program Coordinator, Minority Health Program, Wisconsin Division of Public Health

#### 10:00 AM - 10:30 AM / BREAK

#### 10:30 AM - 11:45 AM CONCURRENT WORKSHOPS

- 101 REVIEW OF AND UPDATES FROM THE DEMENTIA CRISIS CARE TASK FORCE OF SHEBOYGAN COUNTY
- 102 YOU CAN LIVE WELL WITH DEMENTIA - NOW AND IN THE FUTURE
- 103 WHAT CAN EXERCISE DO FOR ALZHEIMER'S DISEASE? STRATEGIES TO KEEP MOVING
- 104 CREATIVELY ENGAGING PEOPLE WITH MEMORY LOSS
- **105 EFFECTIVE TECHNIQUES FOR** ENHANCING BRAIN HEALTH
- 106 PLAN TO LIVE WELL-OPTIMIZING CHOICES FOR PEOPLE LIVING WITH ALZHEIMER'S
- 107 DICE APPROACH TO BEHAVIORAL AND PSYCHOLOGICAL SYMPTOMS OF DEMENTIA
- 108 UNDERSTANDING ALZHEIMER'S AND DEMENTIA 🔴

#### 11:45 AM - 12:00 PM / BREAK

#### 12:00 PM - 1:30 PM / LUNCH & **KEYNOTE ADDRESS**

#### **CURRENT KNOWLEDGE** AND EMERGING RESEARCH IN THEGENETICS OF DEMENTIA



Michael Muriello

Michael Muriello, MD. Assistant Professor of Pediatrics, Division of Genetics, Medical College of Wisconsin

#### 1:30 PM - 2:00 PM / BREAK

#### 2:00 PM - 3:00 PM CONCURRENT WORKSHOPS

- 201 HEALTHY COPING FOR CAREGIVERS
- 202 THEY WANT ME TO DO WHAT? A GLIMPSE INSIDE OF AN ALZHEIMER'S RESEARCH VOLUNTEER EXPERIENCE
- 203 LIVING WELL WITH NATURE: FAMILY MEMORY CAMP
- 204 I HAVE DEMENTIA NOW WHAT?
- 205 LIVING WELL BY UNDERSTANDING THE PAST - IMPLEMENTING TRAUMA INFORMED DEMENTIA CARE
- 206 LIVING WELL: USING SPECIAL NEEDS TRUSTS TO SELF-DIRECT CARE •
- 207 VIRTUAL REALITY: THE BENEFITS FOR PERSONS LIVING WITH DEMENTIA .
- 208 PERSONALIZED HOLISTIC APPROACHES TO JOYFILLED CARE

#### 3:00 PM - 3:30 PM / BREAK

#### 3:30 PM - 4:30 PM CONCURRENT WORKSHOPS

- 301 LIVING WELL...AND MEDICARE FRAUD?
- 302 MOVING FORWARD AFTER LOSS
- 303 YOUR VOICE MATTERS: ADVOCATING FOR YOUR JOURNEY
- 304 SPIRITUAL RESILIENCY FOR CAREGIVERS
- 305 TAKE MY HAND EFFECTIVE TOOLS FOR CAREGIVER COMMUNICATION TO REDUCE BURNOUT
- 306 DEMONSTRATION OF STRATEGICALLY UTILIZING MULTIPLE RESOURCES TO BETTER SERVE FAMILY CAREGIVERS
- 307 CHRONIC ILLNESS AND COGNITION: HOW DO THEY IMPACT EACH OTHER?
- 308 ONEIDA NATION'S UPDATE ON COMMUNITY BASED MOVEMENT TO ADDRESS ALZHEIMER'S IN WISCONSIN'S INDIAN COUNTRY

#### 4:30 PM - 6:00 PM SOCIAL HOUR AND NETWORKING

#### WORKSHOP LEVEL KEY: Entry Intermediate Advanced All

## TUESDAY, MAY 5

#### 7:00 AM - 8:00 AM / BREAKFAST

8:00 AM - 9:00 AM / MORNING **KEYNOTE ADDRESS** 

#### **BOOST YOUR BRAIN: 5 SCIENCE-BACKED STEPS TO** DRAMATICALLY REDUCE THE **RISK OF ALZHEIMER'S**



Michelle Braun

Michelle Braun, PhD, ABPP(CN), Board-certified Neuropsychologist, Ascension Wheaton Franciscan Healthcare

9:00 AM - 9:30 AM / BREAK

9:30 AM - 10:30 AM CONCURRENT WORKSHOPS

- 401 ENHANCING QUALITY OF LIFE THROUGH **BRAIN-BODY CONNECTION: A GROUP** APPROACH
- 402 INTERVENTIONS FOR DEMENTIA: AN OVERVIEW OF POPULARIZED MEDICATIONS, WITH EMPHASIS ON MODIFIABLE LIFESTYLE FACTORS
- **403 CRITICAL FINANCIAL, ESTATE PLANNING** & GUARDIANSHIP ISSUES YOU SHOULD KNOW •
- 404 CAREGIVERS NEED CARE TOO -UNDERSTANDING COMPASSION FATIGUE AND HOW TO ENGAGE IN SELF-CARE
- 405 NAVIGATING ASSISTED LIVING AND MEMORY CARE
- 406 THE UNIQUE CHALLENGES OF HUNTINGTON'S DISEASE AND RELATED DEMENTIA
- 407 CO-CREATING A SUCCESSFUL MEMORY CHOIR: A HANDS-ON APPROACH
- 408 LIVING WELL THROUGH MEANINGFUL ACTIVITIES
- 10:30 AM 11:00 AM / BREAK

11:00 AM - 12:00 PM CONCURRENT WORKSHOPS

- 501 AGING AND MEMORY LOSS: WHAT'S NORMAL AND WHAT YOU CAN DO IF THERE'S A PROBLEM
- 502 SELF CARE KARMA: YOGA FOR CAREGIVERS •

## alzheimer's $\Omega S$ association $^{\circ}$

- 503 LONG TERM CARE MEDICAID AND SPOUSAL IMPOVERISHMENT. UNDERSTANDING MEDICAID FOR MARRIED PERSONS
- 504 CAREGIVER ADVOCACY: HOW YOU CAN IMPACT LEGISLATION IN MADISON AND WASHINGTON D.C.
- 505 CAREGIVER ROADMAP NAVIGATING THE PIT STOPS
- 506 FINDING CARE TODAY AND PLANNING FOR TOMORROW
- 507 FOSTERING HEALTHY RELATIONSHIPS THROUGH MEANINGFUL VISITS
- 508 ALZHEIMER'S AND THE MOUTH. WHAT'S THE CONNECTION

#### 12:00 PM - 2:00 PM LUNCH & KEYNOTE ADDRESS

#### **CAN YOU LIVE WELL** WITH DEMENTIA? YES YOU CAN!

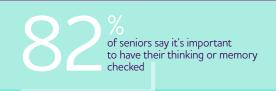
Caregivers and those living with dementia share their experiences during this panel discussion.

#### 2:00 PM - CLOSING / CONFERENCE END

2019 ALZHEIMER'S DISEASE FACTS & FIGURES

### **MORE THAN 16 MILLION** AMERICANS provide unpaid care

for people with Alzheimer's or other dementias



ONIY America<u>ns</u> are living

with

BUT

BY 2050, this number is projected to rise **ILLION** Alzheimer's to nearly **MILLION** 

say they receive regular

cognitive assessments

## alzheimer's $\ref{eq:station}^{\circ}$

34th Annual Wisconsin State Conference May 3-5, 2020

## **REGISTRATION FORM**

First/Last Name	
Organization	
Position/Title	
Mailing Address	
City/State/Zip	
Daytime Phone	Fax
Email	

About you: I am a person with early memory loss:  $\Box$  Yes  $\Box$  No This is my first time attending this conference:  $\Box$  Yes  $\Box$  No Please list any dietary needs and/or food allergies for all meals (eg: Vegetarian, Gluten Free, Dairy Free, Vegan):

#### **REGISTRATION FEES** – *Early Bird Pricing Until March 15, 2020.*\* After March 15th, prices rise to rates below.

- □ PACKAGE 2 MONDAY AND TUESDAY
   \*Early Bird \$175/person

   I will attend:
   □ Breakfasts
   Monday Lunch

   Monday Social Hour
   □ Tuesday Lunch
   \$200/person
- □ PACKAGE 3 MONDAY OR TUESDAY
   \* Early Bird \$140/person

   I will attend:
   □ Breakfast
   □ Monday Lunch

   □ Monday Social Hour
   □ Tuesday Lunch
   \$160/person
- □ PACKAGE 4 SUNDAY ONLY
   \*Early Bird \$60/person

   Includes Pre-Conference Seminars and Awards Program
   \$70/person

   I will attend:
   □ Sunday Evening Awards Program

#### PAYMENT METHOD -

TOTAL \$ \_

\$

□ CHECK is enclosed, please make your check payable to: Alzheimer's Association □ CREDIT CARD, Charge my: □ VISA □ MasterCard □ American Express □ Discover

Name on Card:	
Card #:	
Billing Address:	
Expiration Date:	Security Code: (Last 3 digits on reverse side
Signature:	at the signature line.)

#### → RETURN FORM TO -

#### **ALZHEIMER'S ASSOCIATION**

620 S. 76th Street, Suite 160, Milwaukee, WI 53214

#### HOTEL RESERVATION DEADLINE APRIL 2, 2020 bit.ly/ALZhotel2020 877.525.2427

#### CONFERENCE REGISTRATION DEADLINE APRIL 19, 2020 online: wisalzconf.org or by mail

REGISTRATION & PAYMENT QUESTIONS? Call Kelly Conway 414.479.8800 ext 1943 or email: kconway@alz.org

#### MAKE YOUR PERSONAL SEMINAR & WORKSHOP SELECTIONS –

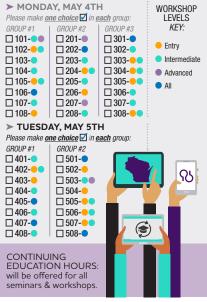
#### **PRE-CONFERENCE SEMINARS:**

- □ I will attend SEMINAR #1: 12:00pm-4:00pm ETHICS & BOUNDARIES WORKSHOPS
  - Delivering Bad News. Coping with the News
  - Boundaries in a Social Work Setting
  - Resilience & Living Well as a Caregiver

#### □ I will attend SEMINAR #2: VIRTUAL DEMENTIA TOURS

Please make <u>one</u> virtual dementia tour time choice: □ 12:30-1:45pm □ 2:00-3:15pm □ 3:30-4:45pm

#### WORKSHOP SELECTIONS:



REGISTRATION DEADLINE – **APRIL 19, 2020** SAVE TIME, REGISTER ONLINE: wisalzconf.org

## **VOLUNTEER -JOIN THE FIGHT!**

Millions of Americans are impacted by Alzheimer's disease, and you can do something to help by becoming an Alzheimer's Association volunteer. Our ability to reach and support those affected depends on people like you who are dedicated to the fight against this disease. As an Association volunteer, you can use your unique talents to make a meaningful impact in your community while connecting with others who share your passion.

#### Find the role that's the best fit for you!

- ► Office Support
- Community Educator
- Support Group Facilitator
- ► Faith Outreach Representative
- ► Social Engagement
- ➤ Advocate
- ► The Longest Day
- ➤ Walk to End Alzheimer's
- Marketing Communications Support

## everyone!

SIGN UP TODAY AT

alz.org/volunteer

There is an opportunity to fit the personality and

schedule of just about

## 





Oshkosh North High School

JOIN US!

800.272

GC









# alzheimer's $\mathfrak{B}$ association<sup>®</sup>

620 S. 76th Street, Suite 160, Milwaukee, WI 53214

**Living Well** #AlzLivingWell

#AIZEIVING VISCONSIN 34th ANNUAL WISCONSIN STATE CONFERENCE MAY 3-5, 2020

> of seniors say it's important to have their thinking or memory checked

> > say they receive regular cognitive assessments

BUT <br/>
ONLY



CONFERENCE REGISTRATION DEADLINE APRIL 19, 2020

EARLY BIRD PRICING UNTIL MARCH 15