## alzheimer's $\Re$ association° 2018 ANNUAL SOUTH JERSEY DEMENTIA CONFERENCE



#### **PARTNERS IN CARE**

#### **FEATURING:**

STEVEN R. SABAT, PH.D.

Author and Professor Emeritus of Psychology at Georgetown University

KELLY O'SHEA CARNEY, PH.D., ABPP, CMC

Author, gerontologist and advocate

SANDY MARKWOOD, MA

CEO, National Association of Area Agencies on Aging

ROBERT NAGELE, PH.D.

Researcher and Professor of Medicine at Rowan SOM

### SPECIALIZED SESSIONS WILL FOCUS ON:

Behaviors, Safety, Ethics, Spirituality, Living Well with AD, Research, Innovative Community Models and more!

MONDAY, JUNE 11, 2018 ~ 8:00 AM—4:30 PM

CROWNE PLAZA 2349 MARLTON PIKE W. CHERRY HILL NJ 08002

#### **SCHEDULE AT A GLANCE**

8:00—8:45 AM	CEU Check-In, Registration, Continental Breakfast & Exhibits
9:00—10:15 AM	Keynote: Forget Memory Loss: People with Alzheimer's
	Disease Can Make New Memories (Steven R. Sabat, Ph.D.)
10:30—12:00 PM	AM Breakout Sessions: (SELECT ONE)
12:00—1:15 PM	Lunch (Included) & Exhibits
1:15—2:45 PM	PM Breakout Sessions: (SELECT ONE)
3:00—4:15PM	Plenary: Behavioral Management IS Person-Centered Care
	(Kelly O'Shea Carney, Ph.D., ABPP, CMC)
4:15—4:30 PM	Closing Remarks, Evaluation Submission,

#### **2018 SPONSORS & PARTNERS**

Professional CEU Check-Out.











#### **PROGRAMS & SERVICES**

For more information, call our 24/7 Helpline 800.272.3900

Care Consultation Consumer Education Diversity & Inclusion Early Stage Initiatives
Public Policy
Professional Education

Safety Services Support Groups TrialMatch®

For more information on Alzheimer's Association Delaware Valley Chapter programs & services, please call our 24/7 Helpline at 800.272.3900 or find us on the web: alz.org/delval.

#### FEATURED SPEAKERS



Steven R. Sabat, Ph.D.

Steven R. Sabat is Professor Emeritus of Psychology at Georgetown University. For the past 35 years, he has studied the cognitive and social strengths of people with Alzheimer's disease in the moderate to severe stages, the persistence of their selfhood, the subjective experience of having the disease, and how communication between persons diagnosed and their caregivers may be enhanced. He has explored these issues in numerous scientific journal articles and book chapters, presentations at

national and international conferences, in his book, "The Experience of Alzheimer's Disease: Life Through a Tangled Veil" (Blackwell, 2001), in his co-edited book, "Dementia: Mind, Meaning, and the Person" (Oxford University Press, 2006), and in his forthcoming book, "Alzheimer's Disease and Dementia: What Everyone Needs to Know" (Oxford University Press, 2018).



Sandy Markwood, MA

Sandy Markwood is a national advocate for aging issues and a champion for ensuring that people have the best supports to age well at home and in their communities. As the CEO of the National Association of Area Agencies on Aging (n4a), she has been committed to ensuring that as a society we value and support people across the lifespan. That commitment has taken many forms including advocacy with multiple Administrations and on Capitol Hill for the passage of legislation aimed at

supporting older adults including access to critical information, in-home services, and caregiver support. Sandy has also been a national expert in the design and development of age-friendly or livable communities for all ages. Under her leadership, n4a has worked with hundreds of communities to ensure they are good places to grow up as well as good places to grow old. n4a's work in this area is expanding as they have taken on a leadership role with the national coalition, Dementia Friendly America and in launching Dementia Friends in the U.S.



Kelly Carney, Ph.D., ABPP, CMC

Dr. Kelly Carney is the Corporate Director of Memory Care Services at Acts Retirement-Life Communities. Dr. Carney is a doctoral-level licensed psychologist with Board Certification in Geropsychology and maintains national certification as a geriatric care manager. She is the lead author on a recently released book published by the American Psychological Association titled "Transforming Long Term Care:

Expanded Roles for Mental Health Professionals" and led the development of the Neurocognitive Engagement Therapy (NET) model for providing short term rehabilitation services to individuals with mid to late stage dementia, which was awarded the 2016 Great Minds Award for Excellence in Dementia Care. In acknowledgement of her expertise in memory care, Dr. Carney was appointed by Governor Tom Corbett to serve on the Pennsylvania Alzheimer's Disease and Related Disorders planning committee.

#### **BREAKOUT SESSIONS**

Session space is limited. Please register early to ensure your session preference.

Please review the **SESSION KEY** to select the appropriate session for your experience level.



Caregiver / General — These sessions are more general and appropriate for family caregivers, care partners, friends and entry level professionals.



Advanced Clinical Professional—These sessions are appropriate for healthcare professionals with advanced clinical and practical knowledge. Medical terminology used.



QL Early Stage—These sessions are appropriate for persons living with dementia in the early stages.



Clergy/Faith Community—These sessions are appropriate for clergy, faith community nurses and congregation leaders looking to build their knowledge to support family caregivers in their congregation / community.

#### MORNING SESSIONS (10:30-12:00 PM)





Spirit Alive: Spirituality and Dementia Care

Rev. Dr. Scott Brooks-Cope, M.Div., D.Min., Cheryl Miller, LPN, and Alisha Tatem, M.Div.

This informative and interactive workshop will introduce attendees to the Spirit Alive model utilized to facilitate worship services with persons with dementia. This model integrates best practices in dementia care and specialized pastoral care practices to meet each person's spiritual needs within the group. Based upon Montessori principles of engagement, multi-sensory stimulation is used to convey stories and spiritual truths to ensure the full engagement of each participant and provide a sense of connection with God and one another.





Falls: Reducing and Managing Risks as Partners

Cathy Ciolek, PT, DPT, GCS, FAPTA

Falls are a critical issue for people with dementia and their care partners/team. This presentation will address issues of identifying fall risk factors and balancing physical and psychological implications of any risk management decisions. Creative interventions to develop a plan of care that is "outside the checkbox" will show person-centered options for mitigating risk.





Ethical Challenges and Complexities of Dementia Care

Kelly O'Shea Carney, Ph.D., ABPP, CMC

This session will introduce the foundational ethical principles that underlie all care and explore the complex ways in which challenges to these principles emerge across the progressive stages of dementia. Common ethical dilemmas within the context of dementia care will be explored and discussed.

#### **AFTERNOON SESSIONS (1:15-2:45 PM)**



Promoting Wellbeing in the Midst of Alzheimer's

Steven R. Sabat, Ph.D. and Phil Gutis.

During this panel session persons living with cognitive impairment and an expert will share their personal experiences. Panelists will discuss the effects of a diagnosis and how a sense of self is not defined by the diagnosis. Challenges faced by individuals and strategies for creating supportive and engaging interactions will also be addressed.







Shaping a Movement: Dementia Friendly America

#### Sandy Markwood, MA

Dementia Friendly America (DFA) is catalyzing a national movement to more effectively support and serve the growing numbers of people who are living with dementia and their care partners in communities across America. From coast to coast, communities are stepping up and working across community sectors—engaging business, faith-based organizations, local governments, public safety and emergency responders, libraries and many more—to foster dementia friendliness. In a dementia friendly community, every part of the community plays a role and works together to create a dementia friendly culture. Find out how your community can be part of this growing movement!





"Alzheimer's Disease: New Mechanisms and Early Diagnosis"

#### Robert G. Nagele, Ph.D.

This presentation will include a description of events occurring in the brain during the pathogenesis of Alzheimer's disease, and the factors and conditions that trigger the disease and favor its progression. Strategies and prospects for slowing the disease or stopping it altogether will be examined. In addition, current diagnostic methods and their limitations will be discussed along with efforts and progress towards achieving early and preclinical detection.

#### **EVENT INFORMATION & POLICIES**

- Have a question about the conference? Call 800.272.3900 (M-F, 9-5pm).
- We would like to use **photograph** from our conference in our promotional materials. By virtue of your attendance, we reserve the right to use your likeness in such materials.
- Payment is due at the time of registration. Pre-registration is required, however dayof registration is available at the door. REFUNDS will not be provided after May 11.
- Power Point presentations will be available on the chapter website "alz.org/delval" the
  day before the conference and will remain up for 30 days. Print outs of the Power Points
  will not be provided at the conference.

#### PROFESSIONAL CONTACT HOURS

Please review the CE disciplines below before registering.

Participants may not be eligible for credits if they are not on time and present for the all sessions. Partial credit will not be awarded. Participants must sign in at the beginning of the day, sign out at the appropriate CE table, and submit an evaluation form at (4:15 pm). Certificates will be emailed to you three weeks after the conference. Full speaker disclosures will be provided at the educational activity. For questions, grievances, or instructions for requesting accommodations for individuals with disabilities (ADA), contact kristina.prendergast@alz.org.

Nurses: This activity has been planned and implemented in accordance with the Essential Areas and policies of the American Nurses Credentialing Center's Commission on Accreditation and New Jersey State Nurses Association through the joint providership of Health Research and Educational Trust and the Alzheimer's Association Delaware Valley Chapter. Health Research and Educational Trust is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Provider Number P131-1/15-18. This activity provides 5.75 contact hours. Accredited status does not imply endorsement by the provider or American Nurses Credentialing Center's Commission on Accreditation of any commercial products displayed in conjunction with an activity.

Nursing Home Administrators Licensing Board Statement: This continuing education program is sponsored/conducted by the Health Research and Educational Trust and is in compliance with N.J.A.C 8:34-7.3 to provide licensed nursing home administrator (LNHA) and certified assisted living administrator (CALA) education credits accepted by the Nursing Home Administrators Licensing Board. This activity may only be used for continuing education credit and not to meet academic college credits. This education activity has been approved for 5.5 LNHA/CALA credits.

New Jersey Department of Health Statement: Participants who successfully complete this educational program will be awarded 5.5 New Jersey Public Health Continuing Education Contact Hours (CEs). HRET has been approved by the New Jersey Department of Health as a provider of New Jersey Public Health Continuing Health Education Contact Hours (CEs).

Pastoral Care (Association of Professional Chaplains): 5.5 CEUs for clergy and chaplains will be available in partnership with Phoebe Ministries Pastoral Care Department.

CDP, CDCM, CADDCT, CDSGF, CFRDT: Alzheimer's Association is a Certified Sponsor of professional continuing education with the National Council of Certified Dementia Practitioners and International Council of Certified Dementia Practitioners for members holding certifications as CDP, CDCM and CADDCT. Conference participants will be eligible to receive up to 5.5 CEUs on June 11, 2018. If you have questions about continuing education units please email kprendergast@alz.org. National Council Certified Dementia Practitioners approved for 5.5 CEUs. This specific discipline should register as the \$50 professional (without CEUS) for a certificate.

#### **LEARNER OUTCOMES**

After successfully completing this education program, the learner will have an increased knowledge of person-centered dementia practices and be able to identify three strategies for supporting individuals living with dementia.

Successful completion of the education program is defined as in-person attendance for 95% of the didactic learning sessions and a completed course evaluation.

Target audience: registered nurses, licensed practical nurses, LNHA/CALA, social workers, pastoral care, public health professionals and all health professionals who care for those with dementia.

For information on individual session objectives visit: tinyurl.com/2018SJConference.

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#### 2018 SJ CONFERENCE REGISTRATION FORM

We strongly encourage attendees to REGISTER ONLINE by June 1 at <a href="mailto:tinyurl.com/2018SJConference">tinyurl.com/2018SJConference</a> with credit card payment. Attendees who are unable to register online can all 800.272.3900 (M-F, 8-5pm) with a credit card payment, or complete the below form (one form per registrant) and mail with payment by May 29 to:

Alzheimer's Association, 399 Market Street, Suite 102, Philadelphia, PA 19106 ATTN: SJ Conference 2018

All registrations include continental breakfast (8am-8:45am) & lunch (begins promptly at 12:15pm).

All registrations include continental breakfast (6am-6:45am) & lunch (begins promptly at 12:15pm).			
Name:			
Address:			
Organization Name (if applicable):			
Email: Phone:			
How did you hear about the conference?:			
Optional Demographic Information (This information helps us to expand our outreach efforts): Age:			
Race/Ethnicity: _Black/African-American _White/Caucasian _Asian _Hispanic	/LatinoOther:		
BREAKOUT SESSION SELECTIONS: Please select ONE workshop for each session time.			
Circle the letter of the session you want to attend  1st Choice: A B C 1st Choice: D	SSION: 1:15 pm—2:45 pm the session you want to attend E F st choice is full):		
REGISTRATION TYPE			
(\$100) CEU Professional (includes CE hours*) *Review the CE information and approval agencies before registering. Certificates are emailed 3 weeks after the conference.			
Nurse LNHA/CALA Pastoral Care	NJ Public Health		
(\$50) Professional (without CEUs)  *Note: Special certificates are available for members of the National Council of Certified Dementia Practitioners. [Certified Dementia Practitioner (CDP), Certified Dementia Care Manager (CDCM), or Certified Alzheimer's Disease and Dementia Care Trainer (CADDCT)]. These qualified professionals should email <a href="mailto:kprendergast@alz.org">kprendergast@alz.org</a> , the day after the event to request a certificate. Certificates will be provided by email <a href="mailto:kprendergast@alz.org">kprendergast@alz.org</a> , the day after the event to request a certificate. Certificates will be provided by email <a href="mailto:kprendergast@alz.org">kprendergast@alz.org</a> . The participant must check -in at the general registration table. Please review the information on the opposite page.			
(\$30) General Admission (Non-Professional Family Caregivers/Partners, Persons with Early Stage Dementia, Students and General Public)			
Note: General non-ce certificates of participation are available the day of the event at 4:15 pm in the registration area.			
PAYMENT INFORMATION—Payment is due with this registration form			
☐ CREDIT CARD: Visa MasterCard Amer. Express Exp. Date: _	Code:		
Card #: Name on Card:			
CHECK ENCLOSED Check #:			

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**2018 SOUTH JERSEY** 

# DEMENTIA CONFERENCE **PARTNERS IN CARE**

8:00 AM- 4:30 PM **MONDAY, JUNE 11, 2018** 

2349 MARLTON PIKE W. CHERRY HILL NJ 08002 **CROWNE PLAZA** 



https://tinyurl.com/2018SJConference Register ONLINE today:



#ENDALZ JOIN THE CONVERSATION @alzdelval

800.272.3900 alz.org/delval

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