Want to be more involved with Alzheimer’s Association Advocacy?
Your local Alzheimer’s Congressional Team (ACT) could be right for you!

What does an Alzheimer’s Congressional Team member do?

Alzheimer’s Congressional Teams (ACTs) are teams of volunteers committed to advocacy who help to raise their elected officials’ awareness of and support for the Alzheimer’s Association’s public policy goals. Each ACT member’s efforts are crucial to the public policy success of the Association. ACT members work with their team leaders (“Ambassadors”) and Alzheimer’s Association staff on advocacy assignments to advance the Association’s state and federal legislative priorities and build relationships with a designated member of Congress and staff.

- We ask ACT members for a 1 year commitment, and to plan on spending 3-5 hours per quarter on ACT activities.

- These are the activities we typically ask volunteers to participate in:
  - Participating in in-person district meetings with your Member of Congress’ district staff, to keep them updated on our activities and seek support on our legislative priorities (often along with an Ambassador or local staff, based on schedules and comfort level)
  - Communicating with your Member of Congress by letter, phone call or social media
  - Writing a letter to the editor of your local newspaper
  - Attending a Congressional town hall meeting to raise a point about Alzheimer's policies
  - Attending the Advocacy Forum in Washington D.C. (financial aid is available)
  - Reporting your activities in our user-friendly online system (alzadvocacy.org)

- We will train, support and work with you to help you be a great Advocacy Volunteer!

If this sounds like it might be a good fit for you, please email Beth Sulkowski at bsulkowski@alz.org.