SUBJECTIVE COGNITIVE DECLINE

among African Americans

Data from the 2015 Behavioral Risk Factor Surveillance System





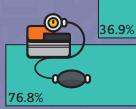
African Americans aged 45+ have Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS that have gotten worse over the past year.

African Americans with SCD often have other health challenges that may complicate care.

African Americans with SCD

African Americans without SCD



Diabetes

24.9%



High Blood Pressure

61.5%



Physical Inactivity 33.9% 40.0%

Smoker





Live Alone

36.9% 27.6%

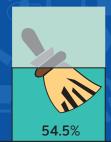
SCD IMPACTS EVERYDAY LIFE.



Could not work. volunteer, or socialize as usual

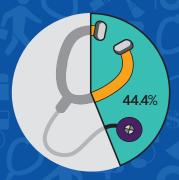


Needed help with day-to-day activities



Had to give up household chores

ET, LESS THAN HALF HAVE ALKED TO A DOCTOR ABOUT IT.



And, of those who have, ONE in THREE had trouble paying for care.



For more information:

alzheimer's association