

## Walk Totals by city:

Abilene \$85,126

Granbury \$35,184

Weatherford \$68,361

> Arlington \$100,071

Grapevine \$145,342

> Waco \$58,670

Wichita Falls \$62,129

Fort Worth \$265,154

All Walks Total: \$820,037\* \*As of 11.14.14

# **November E-Newsletter**



Because of your commitment, the eight Walk to End Alzheimer's events in North Central Texas raised more than \$820,037 to provide care and support services for those who deal with the disease on a daily basis and fund research to find treatments and, ultimately, a cure.

The Alzheimer's Association greatly appreciates your support of and belief in our mission. Thank you for helping us as we work toward our vision of a world without Alzheimer's.

## **Volunteers Go Above and Beyond**

Walk to End Alzheimer's could not happen without our dedicated volunteers and walk planning committee members who helped us to get ready for Walk day.

We would like to thank each and every one of our volunteers and walk committee members! Thank you for your tireless service.

If you would like to join them by serving on a Walk committee for 2015, please contact your local Walk director today at 1.800.272.3900.



## Thank you for leading the way!

#### Top fundraising Teams by city:

| Home Instead Senior Care       | \$8,974  |
|--------------------------------|--|
| Papa's Pals                    | \$7,910  |
| Sigma Kappa TCU                | \$11,545   |
| Waterview Senior Living        | \$12,212   |
| lt's Just Right                | \$6,823  |
| Wesley Woods Healthcare Center | \$5,544  |
| Answer's for Annie             | \$8,150  |
| Gamma Tau                      | \$4,760  |
|                                | Papa's Pals<br>Sigma Kappa TCU<br>Waterview Senior Living<br>It's Just Right<br>Wesley Woods Healthcare Center<br>Answer's for Annie |





#### Top Individual fundraisers by city:

| Abilene       | Beverly Rogers           | \$7,545 |
|---------------|--------------------------|---------|
| Arlington     | Alton Paschall           | \$4,945 |
| Fort Worth    | Chris Lokey              | \$7,495 |
| Granbury      | Tonya Weeks              | \$1,120 |
| Grapevine     | Valerie Holloway Skinner | \$6,303 |
| Waco          | Melody Lee               | \$3,181 |
| Weatherford   | Shirley Orr              | \$3,100 |
| Wichita Falls | Connie Cannedy           | \$4,600 |

## **Community of Care Trophy Winners**

## The Community of Care traveling trophy is awarded to the top healthcare community team.

|    | Abilene       | Home Instead Senior Care       | \$8,815 |
|----|---------------|--------------------------------|---------|
|    | Arlington     | Broadway Plaza at Pecan Park   | \$5,464 |
|    | Fort Worth    | The Covenant Group (Sagora)    | \$4,970 |
| SV | Granbury      | Waterview Senior Living        | \$6,002 |
| S  | Grapevine     | Stoneybrook Memory Care        | \$2,970 |
|    | Waco          | Wesley Woods Healthcare Center | \$5,545 |
|    | Weatherford   | Sava Senior Care               | \$3,332 |
|    | Wichita Falls | Brookdale Senior Living        | \$3,589 |



\*Numbers as of 10.31.14

#### The End of Alzheimer's Starts with You!



Lucy Lytten and the Papa's Pals team began participating in the Alzheimer's Walk in Arlington in 2002. Lucy's daughter, Micah, started participating before she could even walk, and then took over as team captain when she was just 10 years old. Her very first fundraiser was a garage sale and all of the sales supported her fundraising efforts. Over the past several years, Micah has written a personal letter explaining why raising funds for the Alzheimer's walk was important to her. Lucy sent the letter to all of her friends and her parent's friends and thus began Micah's fundraising campaign.

Even though Micah is very busy with school activities, she still finds time to fundraise for the Walk to End Alzheimer's each year. Papa's Pals team began as a family team in memory of Lucy's father, Gene Schrickel, who passed away from Alzheimer's disease in 2005.

Since April, Team Wesley Woods Healthcare Center has been raising money for Waco's 2014 Walk to End Alzheimer's. Fundraising efforts consisted of bake sales, basket raffles, Forget "me" Not Flowers (one donor paid \$1000 for one name), Football Fridays, garage sales, etc. Their outstanding fundraising performance raised over \$5,545!





Family and friends formed a team in honor of my mother-in-law, Emily Ann Schwarz, who is 67 years old and has struggled with Alzheimer's disease since 2006. She and her husband shared a love for their Harley Davidson motorcycle and took many trips to Ruidoso, Sturgis and the Texas Hill Country. Our team wore purple bandanas and rode our motorcycles to the Walk, where we raised more than \$3,000. In addition to walking in honor of Emily, our team members also walked for other loved ones affected by the disease.

Although my family has faced many struggles over the past 18 months with the death of my husband's dad and caring for Emily in our home, there also have been many blessings. There is now a special bond within our family. Early this year, Emily moved to a small assisted living facility that houses 13 residents. It allows Emily to function within her boundaries and to be cared for as if she were family. Having her in this trusted facility has given my family peace of mind knowing Emily is well cared for and safe. Emily will not be enjoying her Golden Years on her motorcycle with her husband, but she will be cared for and loved by her family and friends.

I have participated in other fund-raising events; however, none have hit this close to home. Participating in the Walk to End Alzheimer's was very personal for me—not only as Emily's daughter-in-law, but also as a nurse. Seeing the effects of this disease firsthand made my drive and will to raise money much more intense.

Our team definitely has plans to walk again next year, and with a much bigger "clan," as well as a much larger donation! It was a blessing for us to participate in the Walk, and I cannot thank the Alzheimer's Association enough for supporting families and funding research to find a cure.

### Thank you for Walking to End Alzheimer's with us!



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Questions? Contact Ashley Powell - apowell@alz.org or 817-336-4949

