NORTH CAROLINA

Disclosure Statutes

North Carolina has a statutory scheme that requires disclosure of dementia-specific training in nursing facilities, adult day care programs, and adult home care programs that provide special care services or units for persons with Alzheimer’s disease or other dementias.

Adult Day Care

A regulation requires that the program director for an Adult Day Care Center or home providing special care services for Alzheimer’s disease or other dementias must document receipt of training specific to the population to be served and have in place a written plan for training staff. Within three (3) months of employment, all staff must complete three (3) training experiences, which must include population-specific techniques for communication, dealing with behaviors and ADLs. Direct care staff must also complete two (2) trainings annually.

Special Care Units for Alzheimer’s in Homes for the Aged and Infirm

Assisted living residences is an umbrella term in North Carolina, that includes adult care homes. In adult care homes with special care units, the administrator must document receipt of at least 20 hours of training specific to the population and also have a training program for the staff in place. Each employee assigned to perform duties in the special care unit must complete six (6) hours of orientation. Within six months, staff responsible for personal care and supervision must complete 20 hours of specific training. Personal care and supervisory staff must also complete 12 hours of continuing education annually, at least six (6) of which must be dementia specific.

Medicaid Waiver

North Carolina does not have a Medicaid waiver for assisted living residences, but does have a state plan service through Medicaid that covers personal care services in adult care homes.