



Mason County Caregiver Support Group

Presented by:

Alzheimer's Association

Michigan

2nd Thursday of the month
1:00 - 2:30 p.m.

Ludington Senior Center
308 S. Rowe St
Ludington, MI 49431

Call or email Helpline to register

800-272-3900

helplinegmc@alz.org

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.