ILLINOIS

Alzheimer’s Disease Assistance Act

The Alzheimer’s Disease Assistance Act authorizes the Department to prepare a yearly State Alzheimer’s Disease Assistance Plan. The Act mandates that public hearings are held to ensure stakeholder input into the plan. The plan should include existing dementia-specific training requirements for paid professionals at any level and in any provider setting (institutional or home or community based) engaged in the care of persons with dementia.

Nursing Facilities

By statute, Illinois requires all nursing assistants, habilitation aides, or child care aides to obtain 12 hours of in-house training in the care and treatment of residents with Alzheimer’s disease or related dementias.

By regulation, Illinois outlines the training and education requirements of any Skilled Nursing and Intermediate Care facility that provides care to persons with Alzheimer’s disease or other Dementias. The unit director must meet certain educational requirements and must have at least 12 hours of continuing education every year related to serving residents with Alzheimer’s disease and other dementias. All staff (e.g., nurses, CNAs, housekeepers, social services, food service staff) must have at least four (4) hours of dementia-specific orientation. In addition, certain profession staff must also have a minimum of 12 additional hours of dementia-specific training. Training topics are enumerated in the regulation.

Facilities Licensed under the ID/DD Community Care Act

By statute, Illinois requires all nursing assistants, habilitation aides, or child care aides under the ID/DD Community Care Act to obtain 12 hours of in-house training in the care and treatment of residents with Alzheimer’s disease or related dementias.

Assisted Living and Shared Housing - Special Care Units
By statutes, Illinois requires administrators and direct care staff of assisted living and shared housing facilities that provide special care units or programs to individuals with Alzheimer’s disease or dementia to complete dementia training according to the Assisted Living and Shared Housing Act. State statute also governs licensure of assisted living and shared housing, and requires that an applicant provide the Department an accurate disclosure in accordance with the Alzheimer’s Disease and Related Dementias Special Care Disclosure Act (which requires disclosure of special staff training). In addition, directors must have at least 20 hours of training every two (2) years, including training in how to better meet the needs of residents.

By regulation, Illinois outlines the training and education requirements of assisted living and shared housing establishments that offer special care to Alzheimer’s residents, and requires that managers and direct care staff complete sufficient, comprehensive, and ongoing dementia training. The training requirements for staff working in a special program are extensive. For example, managers must meet certain educational requirements and have six (6) hours of annual continuing education regarding dementia care. Staff must receive an additional four (4) hours of dementia-specific orientation, 16 hours of on-the-job training, and 12 hours in-service regarding Alzheimer’s disease and related topics. All of this training must cover enumerated topics.

**Alzheimer’s Disease Management Centers - Alternative Health Care Delivery Models**

By 2013 statute, Illinois authorizes the establishment of “Alternative Health Care Models.” One possible model is an Alzheimer’s disease management center. Center staff must have necessary training to care for all stages of Alzheimer’s disease. By regulation, Alzheimer’s Disease Management Center Demonstrations are required to provide initial orientation and pertinent training of Alzheimer’s disease to staff.

**Supportive Living Facilities**

Supportive living facilities are residential settings that provide or coordinate personal care services and other services in a manner that promotes dignity, respect, and well-being in the most cost-effective manner. They are authorized under the Public Aid Code. All staff who work in supportive living facilities with dementia care units must have four (4) hours of training specific
to working with persons with Alzheimer’s disease. In addition, all staff must complete at least 12 hours of in-service annually. Training topics are included in the regulation.

**Home Health Care**

By statute, Illinois authorizes the Department of Public Health Act to develop specialized training and experience criteria for persons who provide health or home care to victims of Alzheimer’s disease or other dementia-related disorders. By regulation, Illinois sets forth the training requirements for in-home service staff. Homecare supervisors must meet certain educational requirements and must complete 24 hours of in-service training with 16 of those hours including enumerated topics (including Alzheimer’s disease). Homecare staff must also meet certain educational and training requirements including 24 hours of pre-service training (including communication with clients with dementia) and a competency evaluation. Annual 12 hours of in-service are also required.

**Adult Day**

Illinois, by statute, authorizes the Department to encourage the development of adult day care through administration of specialized Alzheimer's Day Care Resource Centers, and to contract to develop a training module that includes information on the symptoms and progress of the diseases and to develop appropriate techniques for dealing with the psychosocial, health, and physical needs of participants. The training module may be developed for specialized Alzheimer's Day Care Resource Centers and may be available to other community based providers who serve this client population. By regulation, adult day staff must have a minimum of 24 hours training within the first week of employment, and understanding Alzheimer’s disease and dementia must be included as a topic. Thereafter, staff must have 12 hours of in-service training, including training in understanding dementia.

**Nursing Assistants**

Illinois regulation outlines the training and education requirements long-term care assistants and aides training programs. A minimum of 12 hours of theory instruction related to Alzheimer’s disease and other dementias is required. The requirements are complex and comprehensive, and
do not lend themselves to summarization, but are some of the most comprehensive curriculum requirements found in this project. Illinois also mandates instructor requirements and the process to have an application for program approval for long-term care assistants and aides training programs which were not directly on-point, and not included in the covered laws.

**Medicaid Waiver**

Illinois has a Medicaid waiver to cover costs in assisted living facilities.