THE END OF ALZHEIMER’S STARTS WITH you.

2018 ALTOONA WALK TO END ALZHEIMER’S EVENT GUIDE
Thank you for registering for the 2018 Altoona Walk to End Alzheimer’s at Altoona Curve at Peoples Choice Natural Gas Ballpark Please review the attached information to ensure you have a smooth and enjoyable Walk Day experience. We look forward to walking with you on October 6th! Altoona Curve is located off the Frankstown Road Exit of I-99, where the Curve plays baseball. We will see you there!

When you participate in Walk, your fundraising dollars fuel our mission-related initiatives of care, support and research. In addition, your actions, both through fundraising and participating in the event, help to change the level of Alzheimer’s awareness in your community. THANK YOU!

Bank Night

Bank Night/Early Bird Check In is an opportunity for your team to turn in any donations, pick up shirts, and pick up your team’s wristbands. This year, more than ever, attending Bank Night will expedite your registration process.

Pre-registered participants with wristbands will be able enter, pass through registration, and head straight into the event.

If you plan to attend Bank Night/Early Bird Check In, please RSVP to Melanie - email: mephillips@alz.org or phone 814-954-5990 x6101 with your shirt sizes and we will pull them ahead of time.

Tuesday, October 2nd

4:00 PM—6:00 PM

Grane Hospice & Home Healthcare

115 Union Ave. Altoona PA 16602
All participants are required to register for the event—this includes participants of all ages. Whenever possible, we suggest registering online at alz.org/walk prior to October 6th.

Stop Here First

Upon arriving at the event, participants will approach the Stop Here First Table located on the concourse of the ballpark entrance. Each participant will be directed to the proper area and will experience the following:

Already Registered with Wristbands:

- Skip registration and head right to the fun!

Already Registered, No Wristbands:

- When entering, please stop at the Stop Here First Table.
- Provide them with your last name to be checked in.
- You will be given your wristband and you may proceed into the event.

Not Yet Registered:

Go to the Registration Table.

- If you are not registered prior to the event, you will be asked to complete a registration form prior to getting in line. There will be volunteers with clipboards.
- Bring your registration form and go to the table corresponding with the first initial of your last name. Upon receiving your registration form, you will receive a wristband to enter the event.

ROUTE

This year’s route

- Feel free to join us for the 2 mile route, along with a 1 mile option!
Donations NOT turned in online, at bank night/early bird check in or via mail can be turned in the day of the event. Please bring your donations pre-counted and in an envelope. Donations to be turned in the day of the walk can be handed in at the donation area. Please make sure to have the following on the outside of the envelope:

- Amount enclosed
- Name of the team
- Name of the participant who should receive credit

All donations turned in at the event will be deposited immediately following the event. Given the large number of donations we receive the week of the event as well as at the event, please allow up to 2-3 weeks to see your donations to post to your webpage.

2018 Commemorative Walk Shirts will be given to each individual who raises $100. If you have donations to turn in, you must turn them in prior to picking up your shirt. After all donations have been turned in, you will receive a ticket for your shirt. If you do not have donations to turn in, but have raised enough to earn a shirt, you may proceed directly to the t-shirt area. If you plan to pick up shirts for other individuals, please be prepared with their shirt sizes. Shirts are available in sizes S—XXL

On Walk day, walkers will have an opportunity to select and personalize a promise flower. In order to receive a promise flower, you must have a wristband.

To help the pick up of your flower go smoothly, please know which color flower pertains to you. These will be used during our opening ceremony.

- **Blue**—I have Alzheimer’s or dementia.
- **Yellow**—I am caring or supporting someone with Alzheimer's or dementia.
- **Purple**—I have lost someone to Alzheimer’s or dementia.
- **Orange**—I do not have a direct connection to Alzheimer’s or dementia but support the vision for a world without these diseases.
The Alzheimer's Association provides vital services and support to those individuals struggling with the disease, their families and caregivers. The Greater Pennsylvania Chapter serves 59 counties in western, central and northeastern Pennsylvania through our six offices.

Our mission
To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

Our vision
A world without Alzheimer's disease.

The Greater PA Chapter provides support groups, educational programs, professional training and care consultations. For more information about these services visit alz.org/pa, or call us at (412) 260-5040.

Our 24/7 helpline is also available at 1-800-272-3900.

Visit the Clinical Studies Table to learn more about the above and on how to become an advocate for Alzheimer’s or to sign up to participate in TrialMatch, a research matching program.

OTHER DETAILS

- Dress weather appropriate—our event is rain or shine!
- We thank you for not smoking immediately inside our event.
- We love your pets, please bring them to the walk and clean up after them.

PARKING
Please park in the lots closest to the entrance to the Ballpark.

TIMELINE

9 AM—Registration Opens

Pre-event Festivities including:
Alzheimer’s Association highlights, vendors, refreshments and more!

10 AM—Opening Ceremony including:
Promise Garden Ceremony

10:30 AM—Walk begins
THANK YOU TO OUR SPONSORS, VOLUNTEERS, AND IN KIND DONORS

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UPMC Altoona

AristaCare Health Services

Amber Terrace

Home Instead

Colonial Courtyard

Colonial Courtyard at Tyrone

Homewood

SouthernCare Hospice Services

Altoona Walk to End Alzheimer’s Committee

THANK YOU FOR JOINING US AND WALKING TO END ALZHEIMER’S.

If you have any questions/comments or suggestions post-walk, please feel free to reach the Event Manager, Melanie Phillips at 814-954-5990 x6101 or mephillips@alz.org.