



### Want expert medical care and cutting edge technology? Clinical trials benefit participants—as well as the future of treatments.

*Sharon Fratepietro calls herself “an Alzheimer’s human lab rat,” and she’s happy to be one! We asked Sharon to share her impressions of being a volunteer in Alzheimer’s research studies right here in South Carolina:*

A few years ago I was in the ADNI study (Alzheimer’s Disease Neuroimaging Initiative). This study sought to validate the use of biomarkers for Alzheimer’s disease clinical trials and diagnosis through tests of blood and cerebrospinal fluid and MRI/ PET imaging. I didn’t have Alzheimer’s, so I was a control subject.

I guess that study helped, because now it’s possible for scientists to detect the accumulation of amyloid plaque in the brain through lab tests and imaging procedures. Amyloid is a common biomarker for Alzheimer’s disease, and while the presence of this biomarker does not guarantee that a person will get Alzheimer’s, it could portend significant future risk.

Recently I volunteered to be in the A4 study (Anti-Amyloid Treatment in Asymptomatic Alzheimer’s), which seeks to prevent memory loss in older people who may be at risk for the disease. When I applied to enroll in the study, I learned that I have the telltale biomarkers of Alzheimer’s mentioned above. The A4 study involves a trial of the drug solanezumab to see if it will prevent additional accumulation of amyloid plaque on a person’s brain.

I am very grateful to have this chance to possibly be taking a medication that might keep me from developing Alzheimer’s. I get monthly doses of either the drug or a placebo, along with memory and physical tests that might show changes in my brain or body. At first it made me uneasy to take an experimental drug, but there have been no side effects so far.

Why don’t you consider volunteering for a research study, too? If you or a family member have Alzheimer’s, you know how devastating it is to have a fatal brain disease with nothing available yet to stop its relentless progress. Even if you have no family history of Alzheimer’s, you may still be at risk. Half of all people who live into their eighties will get Alzheimer’s.

Right now medical researchers need all types of volunteers, with or without Alzheimer’s disease or family history. Caregivers are needed for studies too. Some studies are brief and non-intrusive, while others require more.

So go ahead and be a guinea pig. You truly could help save a life—maybe even your own.

*Sharon is a retired technical writer living in Charleston, South Carolina. She would be happy to respond to any questions about being a research volunteer through email at [sharoninsc@hotmail.com](mailto:sharoninsc@hotmail.com).*



alzheimer's  association®  
trialmatch®

**Studies need heroes like you.  
Create a TrialMatch profile to  
find trials that match your  
interests.**

TrialMatch connects individuals with Alzheimer’s, caregivers, healthy volunteers and physicians with current studies. Our continuously updated database of Alzheimer’s clinical trials includes more than 225 promising clinical studies being conducted at nearly 700 trials sites across the US.

There’s no cost, and it’s easy to use. Be a hero and get started today. Talk to your doctor, call 800-272-3900 or visit [alz.org/trialmatch](http://alz.org/trialmatch).

# a message from our chapter president



**Cindy Alewine**  
CEO/President

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Dear Friends,

Every 67 seconds, someone in the US develops Alzheimer's disease. For many families, it will be years before they receive a diagnosis to explain the changes and challenges that they are facing. Although hearing the diagnosis is difficult, most individuals and their families wish to know the diagnosis which allows them to understand the cause of these changes and enables them to provide the best possible care and support.

One of the many reasons that an early diagnosis is important is that it allows the family to reach out to the Alzheimer's Association for information and guidance. As you will see throughout this newsletter, there are many educational opportunities, support groups and online services that families can easily access as they navigate through this disease. We need your help in spreading the word that the Alzheimer's Association is here and ready to help.

We were encouraged by the warm reception that we have received from state and federal legislators this spring as we visited our State House and traveled to Washington, DC. We must create a sense of urgency about the need for federal research funding as Alzheimer's continues to be the sixth leading cause of death in the US and the only one that cannot be prevented, cured or slowed. SC has the 8th highest death rate from Alzheimer's in the country. The time is now to find a way to stop this disease.

I would like to say a special thank you to the many individuals and organizations that provide financial support to our organization throughout the year. We are especially grateful for a special gift from the SC Physicians Care Charity (see page 5) and to our 2014 event sponsors (listed on page 9). You will also see that there are many exciting opportunities in the months ahead to become involved in fundraising, and we invite you to join us!

Finally, I'd like to acknowledge what has been an eventful year for our staff. We've congratulated Joyce Finkle on her retirement after 16 years with the Alzheimer's Association. We've also welcomed several new staff members to our team since our last newsletter publication: Amanda Newberry in Charleston, Elizabeth Brantley in Columbia, Tanya Carter in Greenville and Dori Burgess in Spartanburg. In 2014, we celebrated the weddings of both Kimberly Best and Alexis Watts, and this year we've welcomed sweet babies born to both Ashton Houghton and Alexis Watts -- with another special arrival due in October to Elizabeth Brantley!

We have so much to be thankful for as a chapter, including the privilege of serving you as we pursue our vision of a world without Alzheimer's!

Sincerely,



At the Alzheimer's Association®, our work is about people and science. We are committed to accelerating the global effort to eliminate Alzheimer's disease, and we are proud to be the world's largest voluntary health organization in Alzheimer's care, support and research.

Not sure if a piece of mail you've received is from the Alzheimer's Association? Always look for our logo (pictured below) featuring the landmark pictured at left.

Call our Helpline at **800-272-3900** anytime day or night!

**Anderson - Headquarters Office | 4124 Clemson Blvd, Ste L, Anderson, SC 29621**  
*Serving all of South Carolina*

CEO/ President | Cindy Alewine  
Vice President of Programs | Sam Wiley  
Director of Respite Services | Deby Stewart

**Greenville Area Office | 301 University Ridge, Ste 5850, Greenville, SC 29601**  
*Serving Abbeville, Anderson, Edgefield, Greenville, Greenwood, Laurens, McCormick, Oconee, Pickens, and Saluda Counties*

Senior Director of Development | Kimberly Best  
Program Director | Jamie Guay  
Program Associate | Tanya Carter

**Lowcountry Area Office | 2090 Executive Hall Rd, Ste 130, Charleston, SC 29407**  
*Serving Beaufort, Berkeley, Charleston, Colleton, Dorchester, Hampton, and Jasper Counties*

Vice President of Development | Ashton Houghton  
Program Director | Cawana Tisdale  
Lowcountry & Coastal Director of Development | Amanda Newberry

**Midlands Area Office | 140 Stoneridge Drive, Suite 210, Columbia, SC 29210**  
*Serving Aiken, Allendale, Bamberg, Barnwell, Calhoun, Chesterfield, Clarendon, Darlington, Kershaw, Lee, Lexington, Marlboro, Newberry, Orangeburg, Richland and Sumter Counties*

Program Director | Sheila Lewis  
Program Director | Elizabeth Brantley  
Midlands Director of Development | Alexis Watts

**NEW LOCATION!**

**Myrtle Beach Area Office | 1105 48th Ave North, Ste 109, Myrtle Beach, SC 29577**  
*Serving Dillon, Florence, Georgetown, Horry, Marion, and Williamsburg Counties*

Program Director | Natalie Bankowski

**Spartanburg Area Office | 901 South Pine St, Spartanburg, SC 29302**  
*Serving Cherokee, Chester, Fairfield, Lancaster, Spartanburg, Union, and York Counties*

Vice President of Communications & Advocacy | Beth Sulkowski  
Program Director | Dori Burgess  
Constituent Relations Specialist | Jill Smith  
Upstate Director of Development | Aundi Hunter

## board of directors 2014-2015

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**Lindsay Smith-Yancey**  
Charleston

**Ellen Steinberg**  
Charleston



**We are proud to be a Community Partner**  
of both the United Way of Greenville and the United Way of the  
Piedmont through the Community Impact Initiative.

# how we help

## 24-Hour Helpline: 800-272-3900

Call us anytime day or night. Our helpline is staffed 24/7, with assistance available in 140 languages.

## Information & Referral

We offer a variety of educational literature, and our informed staff can make referrals to helpful community resources. Our chapter newsletter is available by mail and email, and it may be downloaded at [alz.org/sc](http://alz.org/sc).

## Care Consultation

Sometimes you just need to talk things out. Through personal consultation, the Alzheimer's Association helps persons with Alzheimer's and their families to maximize the care they receive and navigate difficult situations.

## Caregiver Support Groups

Support groups are offered across the state to help caregivers cope and better understand the disease process. When arranged in advance, our chapter can pay for a sitter to help family caregivers attend meetings up to twice a month. Meeting details are listed by county at [alz.org/sc](http://alz.org/sc).

## Early Stage Dementia Programs

A diagnosis of dementia is life-altering. Early stage dementia programs are designed to help persons living in the early stages of Alzheimer's disease or related dementia and their caregivers learn the basics of living with the disease while sharing experiences with others in a safe and engaging setting. To learn more, please call **800-272-3900**.

## Caregiver Respite

The Alzheimer's Caregiver Respite Program can provide financial assistance to dementia caregivers, giving them a much-needed break by helping them arrange short-term care through in-home care agencies, adult day care centers, or short-term residential care. To learn more or to get an application, call **800-272-3900** or visit [alz.org/sc](http://alz.org/sc).

## Community Education

We offer conferences and workshops throughout the year for family caregivers, professionals in the field, and anyone interested. View our education calendar on pages 6-7 or online at [alz.org/sc](http://alz.org/sc), or contact us at **800-272-3900** to request a presentation in your community.



## Web Resources

There's a wealth of information and resources available online **at [alz.org](http://alz.org)**! Be sure to check out:

- **Caregiver Center**, your source for everyday tips and planning for the future, including our Safety Center resources for wanderers.
- **ALZconnected**, an online community for caregivers, family members and persons with dementia.
- **Alzheimer's Navigator**, an online assessment program to help you evaluate your needs, plan action steps and connect with local programs and services.
- **Community Resource Finder**, a searchable guide of local programs, events, and care providers.
- **CARES® online training**, a person-centered, interactive and easy-to-remember approach to caring for an individual with dementia. CEUs are available.
- **Free online classes**, like Know the 10 Signs or Living with Alzheimer's, are available at [training.alz.org](http://training.alz.org).

**Our mission** is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. **Our vision** is a world without Alzheimer's.



## SC Physicians Care Charity

The Alzheimer's Association would like to thank the South Carolina Physicians Care Charity for their gift of \$50,000! This generous donation will translate into critically needed education, support, research and advocacy. Thank you!

*Pictured above: Paul Oken, board member of the South Carolina Physician's Care Charity and member of the SC Chapter, Alzheimer's Association board, presents a \$50,000 check to Cindy Alewine, President/CEO of the Alzheimer's Association - South Carolina Chapter.*

## State House Day 2015

On a cold March day, concerned citizens from across the state gathered in Columbia to learn more about Alzheimer's advocacy and to speak with their state legislators about restoring funding to the Alzheimer's Caregiver Respite Program. This program, funded by the SC Department of Mental Health, helps family caregivers of individuals with Alzheimer's (or any type of dementia) access short-term assistance with care so that they maintain their own health & well-being. We are grateful to the SC General Assembly for funding the program, and we hope to see it restored to the pre-recession level of \$1 million this year.

*Pictured at right: Advocates prepare to speak with their state legislators at the State House.*

## Advocacy Forum in Washington

In late March, dedicated advocates from South Carolina journeyed to Washington, DC, to talk with Congressional staff on Capitol Hill about the Alzheimer's crisis. Alzheimer's disease is the 6th leading cause of death in the US, and the only one of the top 10 killers that cannot be prevented, cured or even slowed. In 2015, Medicare and Medicaid will spend \$153 billion for the care of individuals with Alzheimer's. We are calling on Congress to invest strategically in Alzheimer's research at the National Institutes of Health. This is the only way to achieve the goal set forth in our National Alzheimer's Plan – to effectively treat or prevent Alzheimer's by 2025.

*Pictured below: South Carolina's delegation of Ambassadors and advocates at the 2015 Advocacy Forum*



# education calendar

**To learn more about these programs, or to RSVP to attend, call us at 800-272-3900.**

Family caregivers: If you need an in-home care sitter in order to attend any of these programs, learn how to access this service at no cost by calling the Alzheimer's Association at least two weeks in advance at 800-272-3900.

To request a program, email [alzsc@alz.org](mailto:alzsc@alz.org) or call 800-272-3900.

Prefer to learn online? Most of the workshops below are also available as free e-learning courses. Check out e-learning and view our most up-to-date education calendar listings at [alz.org/sc](http://alz.org/sc).

## Upcoming Conferences

### **23<sup>rd</sup> Annual Educational Symposium**

**Friday, August 21, 2015 - Columbia**

8:30 AM - 4:00 PM at the William Yates Conference Center  
SC Hospital Association, 1000 Center Point Rd, Columbia, SC

#### **Morning Keynote: Dean Hartley, Ph.D.**

Director of Science Initiatives for the Alzheimer's Association  
***Latest Developments in Alzheimer's Research***

#### **Afternoon Keynote: Megan Carnarius, RN, NHA, LMT**

Executive Director of Balfour Cherrywood Village, Boulder, CO  
***Communication that Works & Best Practices for Understanding Behaviors.***

\$65 for professionals needing CEUs, \$25 for all other registrants.  
To register or learn more, call 803-791-3430 or visit [alz.org/sc](http://alz.org/sc).

### **7<sup>th</sup> Annual Alzheimer's Conference for physicians and other health professionals**

**Saturday, August 22, 2015 - Columbia**

8:20 AM - 4:15 PM at the William Yates Conference Center  
SC Hospital Association, 1000 Center Point Rd, Columbia, SC  
Registration is \$75 and CMEs will be provided.

To register or learn more, call 803-791-3430 or visit [alz.org/sc](http://alz.org/sc).

### **14<sup>th</sup> Annual Alzheimer's Education Conference**

**Friday, September 11, 2015 - Charleston**

8:00 AM - 3:15 PM at Trident Technical College Conference Center  
Main Campus, 7000 Rivers Avenue, North Charleston, SC 29406

Featuring Alzheimer's research updates and local experts.  
Please visit our website for more complete details.

To register or learn more, call 843-571-2641 or visit [alz.org/sc](http://alz.org/sc).

## The Basics: Memory Loss, Dementia and Alzheimer's Disease

Alzheimer's disease is not a normal part of aging. If you or someone you know is affected by Alzheimer's disease or dementia, it's time to learn the facts. This free program provides information on detection, causes and risk factors, stages of the disease, treatment, and much more.

#### **Thursday, June 4, 2015 - Gaffney**

6:00 - 7:30 PM at United Way of the Piedmont Partnership Center  
405 N. Logan Street, Gaffney, SC  
Parking available in rear of building and across the street.  
Please RSVP by June 1st to 800-272-3900.

#### **Tuesday, June 9, 2015 - Columbia**

10:30 AM - 12:00 PM at Alzheimer's Association Office  
140 Stoneridge Drive, Columbia, SC (1st floor conference room)  
Please call to pre-register: 800-272-3900.

#### **Tuesday, June 16, 2015 - Varnville**

10:00 AM - 12:00 PM at Harrison Peebles Health Care Center  
1000 Pine St, Varnville, SC (in conference room)  
Please RSVP by 6/12 to 843-571-2641 or [ctisdale@alz.org](mailto:ctisdale@alz.org).

#### **Tuesday, August 4, 2015 - Greenville**

4:00-5:00 PM at Alzheimer's Association Office  
301 University Ridge, Suite 5850, Greenville, SC  
Seating limited. Please RSVP to 800-272-3900 or [jguay@alz.org](mailto:jguay@alz.org).

#### **Tuesday, August 11, 2015 - Charleston**

2:00-3:30 PM at Alzheimer's Association Office  
2090 Executive Hall Rd, Suite 130, Charleston, SC  
Please RSVP by 8/10 to 843-571-2641 or [ctisdale@alz.org](mailto:ctisdale@alz.org).

#### **Tuesday, August 18, 2015 - Columbia**

10:30 AM - 12:00 PM at Alzheimer's Association Office  
140 Stoneridge Drive, Columbia, SC (1st floor conference room)  
Please call to pre-register: 800-272-3900.

## Planning Ahead Seminar

Learn about the importance of having all of your final wishes in order and sharing them with your family. Join us for tips and resources from several area service providers, including an elder law attorney, a geriatric social worker, a hospice provider, a funeral director and a local representative of the Alzheimer's Association.

#### **Thursday, June 11, 2015 - Greenville**

9:00 AM - 12:00 PM at University Ridge: County Square  
301 University Ridge, Room H, Greenville, SC

This free program includes lunch, but space is limited!  
Please RSVP by 6/9 to 800-272-3900 or [jguay@alz.org](mailto:jguay@alz.org).

## Healthy Habits for a Healthier You

### June is Alzheimer's and Brain Awareness Month!

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

**Plans are in the works for additional workshop locations! For all locations, please call 800-272-3900 or visit [alz.org/sc](http://alz.org/sc).**

#### Tuesday, June 16, 2015 - Greenville - Free Lunch-N-Learn!

12:00-1:30 PM at Alzheimer's Association Office  
301 University Ridge, Suite 5850, Greenville, SC  
Seating limited. Please RSVP to 800-272-3900 or [jguay@alz.org](mailto:jguay@alz.org).

#### Thursday, June 18, 2015 - Abbeville

10:30 - 11:15 AM at Center Street Café  
101 Center St, Abbeville, SC  
Please RSVP by 6/16 to 800-272-3900 or [jguay@alz.org](mailto:jguay@alz.org).

#### Thursday, June 25, 2015 - Charleston

10:00-11:30 AM at Alzheimer's Association Office  
2090 Executive Hall Rd, Suite 130, Charleston, SC  
Please RSVP by 6/24 to 843-571-2641 or [ctisdale@alz.org](mailto:ctisdale@alz.org).

#### Monday, June 29, 2015 - Spartanburg

6:00-7:00 PM at Spartanburg Co. Headquarters Library  
151 S Church St, Spartanburg (in Barrett Room)  
Please RSVP to 800-272-3900 or [dburgess@alz.org](mailto:dburgess@alz.org).

#### Tuesday, June 30, 2015 - Greenville

8:30 AM - 12:00 PM at The Cascades at Verdae  
10 Fountainview Terrace, Greenville, SC  
Please RSVP by 6/26 to 800-272-3900 or [jguay@alz.org](mailto:jguay@alz.org).

#### Thursday, September 24, 2015 - Charleston

10:00-11:30 AM at Alzheimer's Association Office  
2090 Executive Hall Rd, Suite 130, Charleston, SC  
Please RSVP by 9/23 to 843-571-2641 or [ctisdale@alz.org](mailto:ctisdale@alz.org).

## Understanding and Responding to Dementia-Related Behavior

#### Tuesday, June 9, 2015 - Charleston

2:00-3:30 PM at Alzheimer's Association Office  
2090 Executive Hall Rd, Suite 130, Charleston, SC  
Please RSVP by 6/8 to 843-571-2641 or [ctisdale@alz.org](mailto:ctisdale@alz.org).

## Effective Communication Strategies

#### Thursday, August 27, 2015 - Charleston

10:00 - 11:30 AM at Alzheimer's Association Office  
2090 Executive Hall Rd, Suite 130, Charleston, SC  
Please RSVP by 8/26 to 843-571-2641 or [ctisdale@alz.org](mailto:ctisdale@alz.org).

## Conversations about Dementia

Learn ways to address challenging care issues such as convincing a family member to go to the doctor, deciding when to stop driving, and making necessary legal and financial plans for future care needs.

#### Tuesday, July 14, 2015 - Winnsboro

2:00 -3:30 PM at Fairfield Memorial Hospital  
US Hwy 321 Bypass North, Winnsboro (Conference Room 102)  
Please RSVP by July 9th to 800-272-3900.

#### Tuesday, July 21, 2015 - Columbia

10: 30 AM – 12:00 PM at Alzheimer's Association Office  
140 Stoneridge Drive, Columbia, SC (1st floor conference room)  
Please call to pre-register: 800-272-3900.

#### Thursday, July 23, 2015 - Charleston

10:00 - 11:30 AM at Alzheimer's Association Office  
2090 Executive Hall Rd, Suite 130, Charleston, SC  
Please RSVP by 7/22 to 843-571-2641 or [ctisdale@alz.org](mailto:ctisdale@alz.org).

#### Thursday, July 23, 2015 - Greenville

2:30-3:30 PM at Alzheimer's Association Office  
301 University Ridge, Suite 5850, Greenville, SC  
Seating limited. Please RSVP to 800-272-3900 or [jguay@alz.org](mailto:jguay@alz.org).

## Know the 10 Signs

What are the warning signs of Alzheimer's? Join us to separate myth from reality and discuss the benefits of early detection. If you have concerns about memory loss or behavioral changes, it's time to learn the facts. Early detection gives you a chance to begin drug therapy, enroll in clinical studies and plan for the future.

#### Tuesday, July 14, 2015 - Charleston

2:00-3:30 PM at Alzheimer's Association Office  
2090 Executive Hall Rd, Suite 130, Charleston, SC  
Please RSVP by 7/13 to 843-571-2641 or [ctisdale@alz.org](mailto:ctisdale@alz.org).

#### Tuesday, September 8, 2015 - Charleston

2:00-3:30 PM at Alzheimer's Association Office  
2090 Executive Hall Rd, Suite 130, Charleston, SC  
Please RSVP by 9/7 to 843-571-2641 or [ctisdale@alz.org](mailto:ctisdale@alz.org).

#### Tuesday, September 15, 2015 - Columbia

10: 30 AM – 12:00 PM at Alzheimer's Association Office  
140 Stoneridge Drive, Columbia, SC (1st floor conference room)  
Please call to pre-register: 800-272-3900.

#### Wednesday, September 23, 2015 - Pawleys Island

3:00 - 4:00 PM at Frances P. Bunnelle Center  
8263B Ocean Highway, Pawleys Island  
Please RSVP to 843-213-1516 or [nbankowski@alz.org](mailto:nbankowski@alz.org).

#### Tuesday, September 29, 2015 - Greenville

10:00 - 11:30 AM at Alzheimer's Association Office  
301 University Ridge, Suite 5850, Greenville, SC  
Seating limited. Please RSVP to 800-272-3900 or [jguay@alz.org](mailto:jguay@alz.org).

# walk to end alzheimer's 2015



## September 19, 2015

**Anderson | Carolina Wren Park**  
Check-in: 9:00 AM | Walk Start: 10:00 AM

**Charleston | Riverfront Park**  
Check-in: 9:00 AM | Walk Start: 10:00 AM

## September 26, 2015

**Rock Hill | Old Town Rock Hill**  
Check-in: 9:00 AM | Walk Start: 10:00 AM

## October 3, 2015

**Aiken | H. Odell Weeks Activities Center**  
Check-in: 8:30 AM | Walk Start: 9:00 AM

**Bluffton | Old Town, Calhoun St. Promenade**  
Check-in: 10:15 AM | Walk Start: 11:00 AM

## October 17, 2015

**Greenville | Fluor Field at the West End**  
Check-in: 8:00 AM | Walk Start: 9:00 AM

**Myrtle Beach | Market Common, Grand Park**  
Check-in: 9:00 AM | Walk Start: 10:00 AM

## October 24, 2015

**Columbia | Finlay Park**  
Check-in: 9:00 AM | Walk Start: 10:00 AM

**Spartanburg | Barnet Park**  
Check-in: 9:00 AM | Walk Start: 10:00 AM

THE END OF ALZHEIMER'S  
STARTS WITH *you.*



Start your team today! Register at [alz.org/walk](http://alz.org/walk) or call 800-272-3900.



# spotlight on our 2014 sponsors



## Palmetto Sponsors

All About Seniors  
NHC HealthCare  
Regency Hospice  
Right At Home  
Senior Living Guide  
WPDE

## Regional Sponsors

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Wells Fargo

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Marchbanks Assisted Living & Memory Care  
New Generations Home Care & Adult Care Center  
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The Palms of Mt Pleasant  
Pendleton Manor  
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PURPLEologist  
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Still Hopes Episcopal Retirement Community  
The Bridge at Charleston

T&S Brass and Bronze Works  
Trinity Home Health and Hospice Services  
Walgreens  
Wildewood Downs Retirement Community

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Horizon Bay at Charleston  
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North American Rescue LLC  
The Palmettos of Mauldin  
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Sweetgrass Court Memory Care Community  
The Woodlands at Furman

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Carolina Hospice Care  
Carolina Place Animal Hospital Inc  
Cascades Verdae  
Colonial Trust Company  
ComForcare Home Care  
ComForcare Senior Services  
Comporium  
Comprehensive Neurological Services

The Crossings at Columbia  
Daybreak Adult Care of the Lowcountry  
Durrath  
Eden Terrace Assisted Living and Memory Care  
Elite Home Care  
The Flooring Department  
The Gardens at Eastside  
Gentiva Home Health  
GJ Matthews CPA LLC  
The Haven in the Village at Chanticleer  
Healing Hearts Care Services  
Home Instead Senior Care  
HomeWell Senior Care  
Horizon Bay at Charleston  
Hospice Compassus  
Inman Mills  
Integrus Caregiving  
Interim HealthCare  
Journey Hospice  
The Legacy of Anderson Retirement Community  
LifeWise, Bon Secours St. Francis Health System  
Lighthouse Care Center of Conway  
Love Automotive/RV  
Mail Marketing Strategies  
Mary Black Health System  
Mast General Store Inc  
Methodist Manor Senior Living Community  
Morningside Assisted Living  
NHC Healthcare  
Palmetto Electric Cooperative  
Pepper Hill Nursing & Rehab Center  
Piedmont Automotive  
Presbyterian Communities of SC  
Providence Care  
Pruitt Health  
Pruitt Health Hospice  
SC Health Care Association  
Shadow Oaks Assisted Living Community  
Shoreline Medical Transport  
Spartanburg Regional Healthcare System  
Summit Hills  
Summit Place of NMB  
Tex Mach Inc  
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Westminster Towers/Homebridge  
White Oak Estates  
Wilson Senior Care  
Windsor House Assisted Living

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Absher Neurology  
ADG Preferred Payroll Inc  
Always Best Care Senior Services  
Ambustar  
Ameriprise Financial, Van Matthews, AFP & Lee Bugay  
AnMed Health  
Assistance & Geriatric Care Management  
Baker Family Dentistry  
Battle & Allen PA  
Brennan  
Brightstar Care  
Care South Home Health & Hospice  
Carolina Aesthetic Dentistry  
Clemson University Institute for Engaged Aging  
Comfort Keepers  
CORE Health Center  
Creel Tire & Auto Care  
CRH Properties LLC  
Cumberland Village Senior Living  
Customized Care  
Cyndi's Sweet Shoppe  
Edward Jones - Melanie Burgess, Financial Advisor  
First Community Bank  
First Reliance Bank  
Geriatric Resource Services Inc  
Griswold Home Care  
Guffee Dental Associates  
HarborChase of Columbia  
HarborChase of Rock Hill  
Home Helpers of the Lowcountry  
Honda of South Carolina Manufacturing, Inc  
Hospice & Palliative Care Palmetto Region  
Leading Edge  
Lexington Gardens Assisted Living Community  
Lollis Metals Inc  
Lucas  
Magnolia Manor of Rock Hill  
McDougald Funeral Home  
Midlands Physical Medicine LLC  
Pathway Hospice  
Physical Rehabilitation Group  
Pilot Club of Columbia  
Pinpoint Home & Commercial Inspections  
QuikTrip  
Regions Bank  
ResCare Home Care  
Sam Frink

Spartanburg Rehabilitation Institute  
State Farm Terence Roberts Agency  
The Carriage Shop  
Thomas McAfee Funeral Homes  
Thompson Funeral Homes  
Upstate Healthcare Services  
Visiting Angels  
Za's Brick Oven Pizza



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Ameriprise Financial, Van Matthews, AFP  
Patriot Healthcare  
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PDQ  
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South Carolina ENT, Allergy & Sleep Medicine

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Millie Lewis of Columbia  
Moore Taylor Law Firm, P.A.  
Old Mill Brewpub  
Retire EASE Senior Services  
Sassy's Glasses  
Tin Roof Columbia  
Todd & Moore  
Whetstone Perkins and Fulda, LLC

# caregiver support groups

## ABBEVILLE COUNTY

**1st Mon. 6:00 PM**

The Renaissance-Main Building  
5 Frank Pressly Drive, Due West  
864-379-2570 (Susan Jackson)  
864-309-6924 (Sarah Sherwood)

## AIKEN COUNTY

**1st Fri. 10:00 AM**

Aiken First Presbyterian Church  
224 Barnwell Ave, NW Aiken  
803-648-7365 (Carol Lyle)

**2nd Tues 11:00 AM**

Cumberland Village  
3335 Wise Creek Ln  
803-643-0073 (Liz Neal)  
803-522-5893 (Linda Lucas)

**3rd Tues. 2:00 PM**

St. Bartholomew Episcopal  
471 Martintown Rd. N. Augusta  
803-439-1016 (Margaret Kopp)  
803-279-8085 (Delores Tyler)

**3rd Thurs. 2:00 PM**

Harbor Chase AL & Memory Care  
1385 Silver Bluff Rd.  
803-642-8444 (Linda Lucas &  
Samantha Thompson)

## ANDERSON COUNTY

**1st Tuesday at Noon**

**Lunch & on-site respite provided**

Summit Place of Anderson  
107 Perpetual Square Dr, Anderson  
Please RSVP: 864-222-9880  
(Larinda Cooley or Micheal Davidson)

**Men's Group, Lunch Provided**

**2nd Tues. 12 Noon**

Boulevard Baptist – Family Life Ctr.  
700 Boulevard, Anderson  
864-250-0029 (Jamie Guay)

**2nd Thurs. 6:00 PM**

Royal Baptist Church  
407 E. Hampton Street, Anderson  
864-209-4528 (Odis Telley)

**3rd Tues. 6:00 PM**

North Pointe Assisted Living  
701 Simpson Rd, Anderson  
864-309-6924 (Sarah Sherwood)

## BEAUFORT COUNTY

**Every Wed. 9:45-11:15 AM**

Memory Matters (Hilton Head)  
843-842-6688 (Ashley Gruber)

**1st and 3rd Mon. 9:45-11:15 AM**

**Men Caregivers Group**

Memory Matters, Hilton Head  
843-842-6688 (Ashley Gruber)

**2nd and 4th Mon. 9:45-11:15 AM**

**Women Caregivers Group**

Memory Matters, Hilton Head  
843-842-6688 (Ashley Gruber)

**2nd Wed. at 2:00 PM**

NHC Healthcare Bluffton  
843-705-8220 (Stacey Floyd  
and Heather Miller)

## CHARLESTON COUNTY

**1st & 3rd Tuesday 10:15 AM**

Bishop Gadsden (James Island)  
Middleton Dining Room  
843-364-2607 (Margaret Kunes)  
843-762-3300 (Kay Jenkins)

**1st and 3rd Wed. 10:00 AM**

All Saints Lutheran  
Hwy. 17 Mt. Pleasant  
843-810-5576 (Ginger Deignan &  
Alma Greer)

**1st Thurs. 7:00 PM**

Bon Secours St Francis Hospital,  
West Ashley  
Meets in Classroom 4  
843-893-6283 (Jacqueline Jenkins)  
843-469-7348 (Maggie Moody)

**2nd Tues. 6:00-7:00 PM**

Martin Luther Evangelical Lutheran  
James Island  
843-647-7405 (Laura Stefanelli)

**2nd Thurs. 6:30 - 7:30 PM**

Horizon Bay at Charleston  
Library (West Ashley)  
843-763-4055 (Janet Aldridge)  
931-309-0544 (Mo Wong)

**3rd Tues. 5:45 PM**

Franke at Seaside  
Mount Pleasant  
843-856-4725 (Kassie South)  
843-364-2607 (Margaret Kunes)

**Last Tues. 10:00 AM**

Ashley River Baptist Church  
West Ashley  
843-559-0049 (Ken Lesto)  
(Art Rooney)

**Last Tues. 1:00 PM**

Sea Island Adult Day Care  
Johns Island  
843-559-5502 (Muriel Kirkland)

## CHEROKEE COUNTY

**2nd Tues. 6:00-7:00 PM**

United Way of the Piedmont  
Partnership Center  
405 N Logan St, Gaffney  
(864-219-3668) DeChristie Thomas  
(864-491-2658) Tawan Smith

## CHESTER COUNTY

Please call Dori Burgess for more  
information: 864-542-9998.

## CHESTERFIELD COUNTY

**3rd Tues. 2:00 PM**

First Presbyterian Church, Cheraw  
585-261-4652 (Connie Henderson)

## CLARENDON COUNTY

**3rd Mon. 2:00 PM**

New Covenant Presbyterian Church  
2833 Alex Harvin Highway, Manning  
803-478-4820 (Betty Wellock)  
803-473-4472 (Wanda Wessinger)

## DILLON COUNTY

**3rd Mon. 11:00 AM - 12:00 PM**

Dillon County On Aging  
205 E. Main Street, Dillon  
843-409-1365 (Daniel Pierce)  
843-506-2067 (Don Luehrs)

## DORCHESTER COUNTY

**2nd Tues. 10:00 - 11:00 AM**

Magnolia's of Summerville  
843-571-2641 (Cawana Tisdale)

## FLORENCE COUNTY

**2nd Wed. 4:00 PM**

Methodist Manor, Twin Church Rd.  
843-664-0700 (Debbie Edwards)

**3rd Tues. 6:00-7:00 PM**

Pee Dee Gardens  
3117 West Palmetto Street, Florence  
843-667-6699 (Carly Yaken)

**3rd Thurs. 10:30 AM**

New Generations, 2111 West Jody Rd.  
843-629-0103 (Michelle Bailey)

**3rd Thurs. 6:00 PM**

The Leatherman Senior Center/  
Senior Citizens Association  
600 Senior Way, Florence  
843-669-6761 (Fannie Kennedy)

## GEORGETOWN COUNTY

**1st Mon. 6:00 PM**

Morningside Of Georgetown  
2628 N. Fraser St, Georgetown  
843-957-1061 (Shannon Rachel)

**2nd Tues. 10:00-11:00 AM**

Lakes Of Litchfield  
Independent Living dining room  
120 Lakes of Litchfield Dr, Pawleys Island  
Snacks and drinks will be provided.  
843-902-4671 (Michael Fink)  
843-235-9393 (Kaitlyn Hamilton)

## GREENVILLE COUNTY

**1st Mon. 1:30 PM**

Rolling Green Village ( Main Bldg)  
1 Hoke Smith Blvd., Greenville  
For info call 864-250-0029  
864-236-8541 (June Green)  
(Bonnie Noble Silberman)

**1st Tues. 11:30AM**

**Alzheimer's Grief Support Group**

Simpsonville First Baptist Church  
Meets In the Parlor Room  
3 Hedge St, Simpsonville  
Please RSVP: Light lunch available  
864-504-0277 (Carol Lynn)  
864-376-6634 (Emilee Scruggs)

**1st Tues. 5:30 PM**

The Haven at Chanticleer  
355 Berkman's Lane, Greenville  
864-275-5022 (Toni Edge)  
864-979-8463 (Emmie McNamara)

**1st Tues. 7:00 PM**

Hillcrest Hospital (Conf Rm E)  
729 S.E. Main Street, Simpsonville  
For info call 864-250-0029  
864-346-0579 (BJ Burns)  
(Nancy Pearce)

**2nd Tues. 6:00 PM**

The Open Hearth Restaurant  
Wade Hampton Plaza Shopping Center  
2801 Wade Hampton Blvd #1, Taylors  
864-250-0029 (Jamie Guay)

**2nd Tues. 6:00 PM**

**Dementia Education/Discussion Group**  
Hampton Park Baptist Church  
875 State Park Rd, Greenville  
864-979-1884 (Mary Lee)

**2nd Wed. 10:00 AM**

Light refreshments & on-site activities  
for people w/dementia  
Spring Park Asst. Living  
925 N. Main St, Travelers Rest  
864-275-5022 (Toni Edge)  
864-979-8463 (Emmie McNamara)

**2nd Thurs. 7:00 PM**

Greer Memorial Hospital  
830 S. Buncombe Rd, Greer  
864-884-0769 (Cindy Abrams)  
864-901-7235 (Dorene Myers)

**4th Mon. 7:00 PM (3rd Mon in Dec)**

The Gardens at Eastside  
275 Commonwealth Dr. Greenville  
864-346-0579 (B.J. Burns)  
864-979-1884 (Mary Lee)

**Early Stage Caregiver Group**

**4th Tues. 6:30 PM (3rd Tues Nov/Dec)**

Earle St Baptist Church (Main Bldg)  
225 W. Earle St, Greenville  
864-616-0629 (Julia Mullen)  
864-561-7020 (Denise Parsons)

**Last Wed. 10:00 AM**

Fountain Inn Nursing Center  
610 Fairview Street, Fountain Inn  
978-314-5554 (Michelle Campiglia)  
864-981-1349 (Jenny Mitchell)

## GREENWOOD COUNTY

**1st Tues. 12:00 PM**

Ashley Place Assisted Living  
526 Haltiwanger Rd, Greenwood  
Raymond Lewis: 864-396-0920  
Anna Reepe: 864-943-1933  
PLEASE RSVP: FREE LUNCH AND ON-  
SITE RESPITE AVAILABLE.

## HORRY COUNTY

### 1st Mon. 6:00 PM

Brightwater Senior Living  
Grissom/International Pkwy.  
843-213-1516 (Natalie Bankowski)

### 2nd & 4th Wed. 10:00 AM

Belin Methodist Church, Murrells Inlet  
843-215-1497 (Lillian Chopko)  
843-650-1123 (Carolyn Sandt)

### 2nd & 4th Thurs. 11:30 AM -12:30 PM

First Presbyterian Church  
Meeting Room C downstairs  
3810 Robert Grissom Parkway  
Myrtle Beach  
843-448-4496 (Denise Ellis)

### 3rd Tues. 10:00-11:00 AM

Myrtle Beach Manor  
9547 Highway 17 North, Myrtle Beach  
843-250-0527 (Lindsey Inman)  
843-347-1884 (Patti Fink)

### 3rd Tues. at 6:00 PM

Anderson Oaks  
997 S. Carolina 90, Conway  
843-299-1221 (Brandie Turner)  
843-250-0528 (Lindsey Inman and  
Patti Fink)

### 3rd Thurs. 2:00 PM

Summit Place, Little River  
843-450-3410 (Kathy Bazzarre)

## KERSHAW COUNTY

### 1st Mon. 6:00 PM

Karesh Long Term Care Ctr.  
1315 Roberts St. Camden  
at County Medical Center  
803-432-4311 (Loretta Wrigley)

## LANCASTER COUNTY

### 2nd Fri. 10:00 AM

Carolina Lakes Golf Course  
Clubhouse, Indian Land  
23012 Kingfisher Dr  
803-548-6766 (Seth Zamek)  
(Ann Belizaire, RN)

### Last Mon. 2:00 PM

Mackey Family Practice, Lancaster  
1025 W. Meeting Street, Suite 200  
1st floor meeting room  
803-285-7414 (Amy Bailey)

## LAURENS COUNTY

### 1st Thurs. 12:00 PM

Free lunch & onsite respite  
Langston Place  
939 Springdale Drive, Clinton  
Please RSVP: 864-684-0386  
(Liz Bolton)  
864-396-0920 (Raymond Lewis)

### 2nd Thurs. 2:30 PM

Presbyterian Home  
801 Musgrove St, Clinton  
864-547-1322 (Debbie Johnson)

### Please call to verify meeting details.

This listing was last updated 5-4-15.

All support group meetings  
are free, confidential and open  
to caregivers of individuals  
with any type of dementia.

### NEED A SITTER?

Call 800-272-3900 in advance if a no-cost  
in-home sitter is needed during meeting time.



### 3rd Tues. 3:00-4:00 PM

Assisting Angels Homecare Office  
128 East Laurens Street, Laurens  
864-681-1123 (Lisa Yarber or Alisa  
Barbare)

## LEXINGTON COUNTY

### 1st Wed. Noon-lunch provided

Wittenberg Lutheran Church  
233 North Lee Street, Leesville  
803-532-4509 (Joan Caughman)

### 1st Thurs. 6:00 PM

Oak Leaf Village  
(Next to Lexington Middle School)  
803-808-3477 (Keren Pickard)

### 2nd Mon. 6:30 PM

Riverland Hills Baptist  
201 Lake Murray Blvd. Irmo  
803-781-9192 (Jan & Don Earles)

### 3rd Thurs. 4:00 PM

The Heritage at Lowman Home  
Wellness Ctr. Gallery.  
2101 Dutch Fork Rd, Chapin  
803-760-4259 (Meredith Scott)

## MCCORMICK COUNTY

### 3rd Wed. 3:00 PM

McCormick Senior Center  
1421 S. Main Street, McCormick  
864-465-2626 (Faye Hood)  
864-391-2781 (Ann Marie Smith-  
Nash)

## OCONEE COUNTY

### 3rd Fri. 11:30 AM

GHS Oconee Memorial Hospital  
Pt. Lower tower conf. room f  
Parallel group for early-mid stage  
individuals (optional)  
864-643-8449 (Eunice Lehmacher)

## ORANGEBURG COUNTY

### 3rd Tues. 12:00 PM -lunch provided

Williams Chapel AME Church  
1198 Glover St. Orangeburg  
803-539-2911 (Tina Fogle)  
803-682-4113 (Melinda Merritt)

### 4th Tues. 5:00 PM

RMC Outreach Center  
1324 Hutto Street, Orangeburg  
803-539-2911 (Tina Fogle)  
803-682-4113 (Melinda Merritt)

## PICKENS COUNTY

### 1st Wed. 2:00 PM

Clemson Downs, Corley Activity Ctr  
150 Downs Blvd.  
864-356-1174 (Gail Marion)  
864-962-6699 (Misti Fuller )

### 1st Thurs. 7:00 PM

Capt. K. Hampton Library -Easley  
304 Biltmore Rd (Conference Room)  
864-414-2378 (Jim Vaughn)  
864-981-1349 (Jenny Mitchell)  
978-314-5554 (Michelle Campiglia)

### 2nd Monday at 12:00 PM

#### For people in Early Stages of Dementia & Caregivers

(separate meetings on site)  
Please RSVP: light lunch provided  
Brookdale at Countryside Village  
706 Pelzer Hwy, Easley  
Betty Edsall (864-859-8814)  
Meagan Pepper (864-207-6235)

## RICHLAND COUNTY

### 1st Tues. 12:00 noon

Senior Primary Care  
3010 Farrow Rd. #300  
803-434-1238 Mary Winstead, LISW

### 2nd Tues. 12:00 PM

#### Caregivers Coalition of Midlands Group for spouses of persons with dementia-- led by spouse caregivers

Palmer Bldg, First Presbyterian,  
1420 Lady St, 4th Floor, SW corner  
of Lady & Bull St. Parking lot on  
corner; enter on Lady St.  
803-779-1995 Ext. 4 (Debbie Clark)  
803-351-7827 (Janet Haladay)

### 3rd Mon. 6:00 PM

Rice Estate  
100 Finley Rd. Columbia, SC  
803-754-0538 (Betty Rabon)

### 3rd Tues. 12 PM -lunch provided

Atria at Forest Lake, Columbia  
803-790-9800 (Anne Abel)

### 2nd Tues. 6:00 PM

The Haven in the Summit  
3 Summit Terrace, Columbia  
803-788-4633 (Marsha Clayman)

### 2nd Tues. 6:00 PM

Shandon Baptist Church (1st floor)  
5250 Forest Drive, Columbia  
803-754-0538 (Betty Rabon)

### 3rd Thurs. 4:00 PM

The Heritage at Lowman Home  
Wellness Ctr. Gallery  
803-451-7435 (Tracy Davenport)

### 4th Fri. 12:00-1:30 PM

\*Meets every other month (odd  
months: May, July, Sept, etc)\*  
Palmetto Senior Care  
1308 Laurel St, Columbia  
803-931-8166 (Karen Carr)  
803-931-8166 (Cindy Hawkins)

### 4th Mon. 6:00 PM

The Palmettos of Parklane  
7811 Parklane Rd.  
(803) 754-0538 (Betty Rabon)

## SPARTANBURG COUNTY

### 2nd Wednesday 2:00 PM

First Steps Conference Room  
900 S Pine St, Spartanburg SC  
864-542-9998 or 800-272-3900  
(Dori Burgess)

### 2nd Thurs. 11:30 AM -lunch provided

RoseCrest Retirement Community  
864-599-8576 (Kay Gwinn)

### 3rd Tues. 6:15 PM

Alzheimer's Office  
901 S Pine St. Spartanburg  
864-542-9998 (Jill Smith)

## SUMTER COUNTY

### 1st Thurs. 6:00 PM

McElveen Manor  
2065 McCrarys Mill Rd.  
803-905-7720 (Cheryl Fluharty)

## UNION COUNTY

### 1st Tues. 6:00-7:00 PM

Grace United Methodist - Parlor  
201 S Church St, Union  
864-429-0505 (Ann Canada)

## YORK COUNTY

### 1st Tues. 10:30 AM

Adult Enrichment Ctr, Rock Hill  
803-327-7448 (Dee Curran)

### 2nd Wed. 6:30 PM

852 Gold Hill Rd, Suite 203, Fort Mill  
803-396-2155 (Vina Pesaru, MD)

**South Carolina Chapter**  
4124 Clemson Blvd - Suite L  
Anderson, SC 29621  
www.alz.org/sc  
800-272-3900

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