Inpatient Geriatric Psychiatry and Our Journey to Becoming a Dementia-Friendly Hospital

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Learning Objectives

• What is a Geriatric Psychiatry Unit?
• What patient population can benefit from services?
• What interventions are utilized on a Geriatric Psychiatry Unit?
• What is a Dementia-Friendly Hospital?
• How can my organization become Dementia-Friendly?
Treatment Team

- Psychiatric Director
- Psychologist
- Psychiatric nurses
- Social Worker
- Pharmacists
- Clinical Dieticians
- Recreational Therapist
- Activity Aides
- Hospitalists
What Do We Treat?

- Depression
- Anxiety
- Bipolar Disorder
- Schizophrenia
- Psychosis
- Behaviors associated with Alzheimer’s Disease and other dementias
Dementia vs. Major Mental Illnesses

64% Dementia with Behavioral Disturbance

36% Major Mental Illness
Criteria for Admission

- Symptoms present that are related to a mental health diagnosis with the ability to participate and benefit from inpatient treatment.
- Willingness to engage in treatment on a voluntary or passive voluntary basis.
- Non-voluntary admissions arranged under court order or legal protective custody.
- Prior outpatient treatment without adequate resolution.
- Referral from primary physician and/or psychiatrist.
- Medical stability.
Residence Prior to Admission

- Home: 43%
- Facility: 57%
Types of Admissions

- Voluntary Admissions
- Passive Voluntary Admissions
- Court Ordered Admissions:
  - Emergency Detentions
  - Three Party Petition
Voluntary vs. Involuntary Admissions

76% Voluntary or Passive Voluntary

24% Involuntary
Helen E.F. Supreme Court Decision
Overview of Services

- Comprehensive medical and psychological evaluations
- Neuropsychological evaluation as necessary
- Individualized treatment plan
- Family participation and care conferences
- Education
- Coping and life skill training
- Therapeutic exercise/stress reduction
- Art, music, and expressive therapy
- Pastoral counseling
- Medication management Discharge planning
Music and Memory
Aromatherapy
Virtual Reality
# Referral Process

**Stoughton Hospital**

**Geriatric Psychiatry Unit**
Pre-Admission Information Form  
Unit Phone: 608-873-2242  
FAX: 608-873-2339

All information must be received before the Treatment Team will review for appropriateness of admission. Please print and fill in as completely as possible. FAX form(s) and all requested below as soon as possible.

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<th>Date of Birth:</th>
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**Patient Emergency Contact Information:**

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**Patient Insurance Information:**

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**Primary Physician:**

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**Psychiatrist:**

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**Care Management /Family Care Contact:**

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Reimbursement

- Medicare
- Medicaid
- Dean Health Plan
- Physicians Plus
- Group Health Cooperative
- Unity
- Blue Cross/Blue Shield
- United Healthcare
- Various other health care plans
Dementia Friendly Stoughton Hospital
Our Vision

• Provide a safe and supportive hospital environment for individuals affected by dementia.
Our Mission

• We believe in being a Hospital Community that shows a high level of public awareness and understanding of dementia.

• We believe in addressing negative attitudes to alleviate the stigma that can be associated with dementia.

• We believe that people with dementia have the right to live well and engage in society to the best of their ability.
Our Goals

• Educate our hospital community by increasing awareness and understanding of dementia.

• Decrease the stigma of dementia.

• Create a safe and supportive environment for those with dementia.

• Improve lives of people with dementia and those who care for someone with memory challenges.

• Share our successes.
Certificate of Achievement

Presented To

In Recognition of Completing Dementia Training and Cultivating a Dementia Friendly Stoughton Hospital

Date Awarded

Trainer Signature

Dementia Friendly Education
Dementia Friendly Environment
A dementia friendly community supports the unique needs of people with dementia by increasing awareness and understanding, sharing information about local resources, offering educational opportunities, and training businesses and organizations to respond appropriately to the needs of those with dementia and their caregivers. This support helps reduce social isolation and stigma, and encourages those affected to be active and engaged in the community, while enjoying an improved quality of life.
Dementia Friendly Stoughton

- Training businesses and organizations
- Providing community education
- Memory Café
- Provision of community resources
- Outreach
Advocacy
Ribbon Cutting Ceremony
August 29th, 2016
Questions?
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Stoughton, WI  53589
(608) 873-2242
www.stohosp.com

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