



32nd Annual Wisconsin State Conference
May 6 – 9, 2018

Keynote Address and Workshop Descriptions

SUNDAY, MAY 6th **Pre-Conference Seminar**

Social Work Ethics and Boundaries/Interdisciplinary Collaboration

Jennifer Lang, MSW APSW

Adjunct Professor at Mount Mary University; Lecturer at UWM-Milwaukee; Social Service Specialist at Froedtert Hospital

This is a two part presentation that will include the changes to the new 2018 NASW Code of Ethics (2 hours) and social work's unique perspective re: working in a collaborative culture (2 hours).

Part 1: Social Work Ethics and Boundaries - The New 2018 NASW Code of Ethics

January 1, 2018 marks the effective date for the new NASW Code of Ethics. This program will present the changes to the Code of Ethics and will clarify the purpose and application of Values and Ethics in daily practice.

Part 2: Interdisciplinary Collaboration – Social Work Ethics & Boundary Considerations

Multiple service providers and organizations are often involved in organizing care for older adults. Social workers are increasingly required to participate in collaborative teams to coordinate patient care and outcomes. Social workers play an important role in fostering and strengthening a collaborative culture. NASW standards will be reviewed along with information on the four competency domains from the Interprofessional Educational Collaborative.

MONDAY MORNING KEYNOTE ADDRESSES

1) *Treatment of Behavioral Disturbances in Alzheimer's dementia*

Anna Hackenmiller, MD

PGY-2 Psychiatry Resident

Department of Psychiatry and Behavioral Medicine

Medical College of Wisconsin Affiliated Hospitals

Joseph S. Goveas, MD

Associate Professor, Department of Psychiatry and Behavioral Medicine, and Institute for Health and Society

Associate Vice Chair and Director of Geriatric Psychiatry

Director, Geriatric Psychiatry Fellowship Program

Medical College of Wisconsin

Behavioral disturbances in Alzheimer's disease (AD) dementia are highly prevalent, causing considerable patient and caregiver distress, early nursing home placement, and increased direct and indirect costs of disease management. Drs. Hackenmiller and Goveas will review the current evidence for assessment and management of behavioral disturbances in AD dementia to optimize treatment outcomes. Potential future novel treatment options to manage behavioral disturbances in AD dementia will also be discussed.

2) 2018 Alzheimer's Association Dementia Care Practice Recommendations

Sam Fazio, PhD

*Director of Quality Care and Psychosocial Research Care and Support
Alzheimer's Association National Office*

The Alzheimer's Association released new dementia practice recommendations aimed at helping nursing homes, assisted-living facilities and other long-term care and community care providers deliver optimal quality, person-centered care for those living with Alzheimer's and other dementias. Sam Fazio, PhD Director of Quality Care and Psychosocial Research Care & Support from the Alzheimer's Association National Office will provide an in-depth review of the recommendations and a Q & A session.

MONDAY LUNCH SPEAKERS

1) Maximizing Impact... Extending Our Reach

Dave Grams, Kari Paterson, Laurie Schill

Alzheimer's Association - Wisconsin Chapter Executive Directors

The Alzheimer's Association is striving to extend its reach and serve greater numbers of those impacted by Alzheimer's disease and other dementias each year. The Association's Wisconsin Chapter Executive Directors will discuss the critical role that volunteers play in our fulfilling our mission and maximizing our impact in the fight against Alzheimer's disease.

2) Wisconsin's Journey with Dementia: Update on a New State Plan

Carrie Molke

Director, Bureau of Aging and Disability Resources

WI Department of Health Services

The State of Wisconsin Department of Health Services and partner agencies across the state are developing a new plan for addressing the needs of people with dementia, their families and their communities. Carrie Molke, Director, Bureau of Aging and Disability Resources for the State of Wisconsin Department of Health Services will highlight efforts underway for a new State Plan for Alzheimer's disease and related dementia (ADRD).

WORKSHOPS

Maureen Birchfield, Hedberg Public Library
Julie Seeman, Rock County Council on Aging

Hedberg Public Library, with the help of the Rock County Council on Aging, has put together 21 Elder Care Kits. These kits include activities that are specifically designed for people with dementia to offer engagement and, when needed, provide an opportunity for caregivers to accomplish other tasks and get a bit of respite. Activity and informational books, circulating libraries for your home or facility, programs of interest to your staff and care receivers are just a few of the things that can make your job easier whether you are a family or professional caregiver.

102 - The Right Care at the Right Time

Dinah LaCaze MBA, APSW and Bashir Easter, MBA; Milwaukee County Department on Aging
James Freiburger, MA, PsyD; Health and Counseling Services UW-Whitewater

This workshop is a practical use session that will explore the level of risk associated with the disease process. The panel of experts will explore challenges in getting the right level of care and support at the right time. The panel will outline challenges from various perspectives. The primary goal of this workshop is to assist people with dementia in maintaining their independence by educating caregivers and community members to support them where they are in the disease process.

103 - Understanding Medicaid and Family Care

Carol Wessels, JD; Wessels Law Office, LLC

This program will help participants understand the rules to meet the financial and non-financial requirements for Medicaid and Family Care, addressing some common myths and misunderstandings.

104 - A New Journey Needs New Friends: the impact of an early stage support group for the person diagnosed and their care partner

Peggy Schmidt MSN, CDP and Sue Allyn, CSW; The Aging & Disability Resource Center of Barron, Rusk and Washburn Counties

This workshop will include a panel of individuals with Alzheimer's and other forms of dementia, their caregivers and support group facilitators. They will discuss how the group was established and is sustained. Members will share how they identify and connect with community resources such as memory cafes, adult day programs, the Music & Memory program, and caregiver education opportunities. Caregivers and those with dementia will discuss the importance of new friends in their journey with this disease.

105 - Wisconsin's Next State Plan for Dementia

Carrie Molke and Kristen Felten, State of Wisconsin Department of Health Services

The State of Wisconsin Department of Health Services and partner agencies across the state are developing a new plan for addressing the needs of people with dementia, their families and their communities. Priorities for the plan will be identified through public surveys and a summit of stakeholders, which will convene in March of 2018. This session will provide an overview of the development process, a review of the priorities to be included in the plan and discussion of the opportunity for individuals and organizations to participate in turning the plan into action.

201 - Strengthening the Workplace: Embracing Cultural and Intergenerational Leadership Styles to Build Stronger Leaders and Teams

Gina Green-Harris, MBA

UW School of Medicine and Public Health's Center for Community Engagement and Health Partnership in Milwaukee, Wisconsin Alzheimer's Institute - Regional Milwaukee Office

It's the first time in American history that four generations are sharing the workplace, from Traditionalists and Baby Boomers to Generation X and the Millennials. With four generations come four sets of ideas, behaviors, attitudes, expectations and motivators. In this workshop, participants will experience an interactive session that will encourage them to learn more about themselves as leaders and challenge them to move out of their comfort zones. Participants will be moved to "think outside of the box" and embrace different thoughts, ideas and concepts that will enhance their performance and develop stronger teams.

202 - Community Based Movement to Build Health Equity and Address Alzheimer's Disease in Wisconsin's Indian County

Carey Gleason, PhD; UW School of Medicine and Public Health

Wesley Martin, Jr.; Oneida Nation, Great Lakes Native American Elders Association

Although data describing the prevalence of Alzheimer's disease and related dementias (ARD) is sparse, recent analyses suggest the disease will disproportionately burden Native Americans. Leaders from the Oneida community are taking steps to address these misconceptions, partnering with faculty and staff from the Wisconsin Alzheimer's Disease Research Center and the Wisconsin Alzheimer's Institute to expand their community's access to dementia diagnostic services, build awareness of ARD, support caregivers, and promote participation in ARD research. In this presentation, we describe the community – academic partnership and the project developed out of the collaboration. We will highlight current work and accomplishments, describe the next steps, and detail the unique strengths and barriers encountered in implementing the project.

203 - Spiritual Care and Advanced Dementia

Susan McFadden, Ph.D., and John McFadden, MDiv.; Fox Valley Memory Project

This workshop will begin by addressing why it is important to pay attention to the spiritual lives of persons having advanced dementia and living in long-term care residences. We will review how various authors have enumerated spiritual needs in these individuals. Then we will present a broad conceptualization of spirituality in order to support our position that many of the

“ordinary” tasks of staff in long-term care settings can have spiritual significance regardless of the religious backgrounds of residents and staff members. We will discuss ways clergy, lay volunteers, and staff can learn to interact meaningfully with deeply forgetful individuals in order to elicit their spiritual strengths and ascertain whether they are experiencing spiritual struggles.

204 - Can a Robot Decrease Infections and Hospitalizations for People with Dementia?

Christine Kovach, PhD; University of Wisconsin-Milwaukee; Ovation Communities and The Jewish Home

The focus of nursing home infection control procedures has been on decreasing transmission between healthcare workers and residents, because person-to-person contact is the most frequent mode of transmitting microorganisms. Less attention has been paid to whether decontamination of high-touch environmental surfaces affects infection rates or resident outcomes. This presentation will describe the addition of a robot to the Jewish Home of Milwaukee’s infection control program. We will present results of a study conducted at the Jewish Home of Milwaukee, which include decreasing microbial counts on high touch surfaces, decreased infection rates, and decreased infection-related hospitalization. The facility also has been able to prevent the spread of influenza and norovirus through these advanced infection control procedures. This workshop will be highly interactive.

205 - Transforming Dementia Care in Our Community: Interdisciplinary Collaboration in Crisis

Sharon Locklin, UW Green Bay Behavioral Health Training Partnership
Rachel Monfils, APSW, Brown County Adult Protective Services
Sheri Mealy, MSW, Aging & Disability Resource Center of Brown County

The Brown County Dementia Friendly Coalition is a partnership of community members and professionals, as well as people with dementia and their caregivers. The Coalition’s First Responder Crisis Subcommittee is the focus of this presentation. This panel presentation will provide an overview of the Brown County Dementia Friendly Coalition, the development of cooperative partnerships around dementia care and crises and focus on interdisciplinary collaboration in regard to crises that occur in the lives of people with dementia and their caregivers. Using the State of Wisconsin Department of Health Services Dementia Crisis Innovation Grant, Brown County has developed a method intended to reduce Emergency Protective Placements.

M-1 *Dementia Live* "Mini" - and What About Those Challenging Behaviors?!

Emmy Kaczmarek, RN; Comforts of Home, AGEucate Training Institute
Beth Propp, RN, AGEucate Training Institute

Dementia Live is an experience that immerses participants into what life might be like with cognitive impairment and sensory change. Attendees will participate in a "mini" version of the simulation sensation *Dementia Live*. Participants will gain knowledge about the anxiety, isolation, frustration, and confusion that can come with Dementia. We will do an empowerment session after the "mini" session that will call for audience participation to explore feelings related to the mini experience and dementia. The other part of the workshop will focus on

behavioral expressions, common unmet needs, re-directional tools, communication techniques and other tidbits that will help caregivers to improve communication, care processes, and the environment.

M-2 Don't Let The Singing Stop

Mary Patricia Voell, Legacies, LLC

We live in a remarkable age when information is available in overwhelming abundance. At the same time, we're less in touch with the histories and legends of our loved ones. What happens when a loved one can no longer mentally or physically share their earlier life? Through story and song, "Don't Let The Singing Stop" celebrates lives lived, suggesting engaging approaches to gather and preserve stories through the various stages of the time-robbing, story-robbing, life-robbing diseases that surround us. For in the end, only the stories survive.

M-3 - There Is No Such Thing as Tone Deaf

Sheila Wall, The Music Therapist Company, LLC

Music reaches where all other media cannot. Music can bring healing and amazing results in most settings. Science has finally caught up to the knowledge we all have that music hits us in a profoundly emotional way. Some say they are "tone deaf" or "can't carry a tune"; that is simply not true. This session presents evidence that everyone has music in them and everyone can benefit from music. The interactive workshop is also designed to give the participant tools to do self-healing through mindful use of music at home. There will also be tools to use music in professional and personal settings with loved ones or clients with Alzheimer's Disease.

301 - Tips and Tools for Self-Directing Underserved Communities and their Caregivers

Dave Verban and Tasha Orr-Holmes, TMG

Self-Direction provides an opportunity to create services and supports that are based on strengths, personal preferences, and individual needs. It is an approach that empowers the person and their loved one to remain in the driver's seat during challenging and ever-changing times. This session provides tips and tools useful at various stages in the Alzheimer's care continuum. Presenters will share experiences of successfully meeting the daily challenges of creating culturally competent, self-directed, stable, community-based supports.

302 - The Social Determinants of Health and Alzheimer's Disease: Breaking Research Updates

Amy Kind, MD, PhD; UW School of Medicine and Public Health

Megan Zuelsdorff, PhD; UW Center for Demography of Health & Aging

Nicole Werner, PhD; UW College of Engineering

The social determinants of health may lie at the heart of the disproportionately increased Alzheimer's Disease (AD) risk noted in certain populations and sub-groups, yet research on this topic remains in its earliest stages. Herein, we offer a sampling of the latest research in this area being conducted at the University of Wisconsin. We will discuss cutting-edge findings on the intersection of neighborhood disadvantage and AD biomarkers, on how stress may interlink with AD risk, and will discuss the development of a new technology to better support AD care delivery and caregivers within resource limited areas. Time will be offered to take audience questions and to further discuss these findings.

303 - **CANCELLED** - (Evaluation and Management of Behavioral Disturbances in Dementia: A deeper dive using a case presentation format)

304 - Falls Prevention in Dane County

Ashley Hillman and Charlie Daniel, Safe Communities of Madison-Dane County

A fall can be life altering. Falls are Dane County's number one cause of injury-related hospitalization. Falls among adults 65 years and older are a leading cause of injury, death and non-fatal injuries. The good news is that falls are not a normal part of aging and efforts of Safe Communities and the Dane County Falls Prevention Task Force are helping to alleviate the prevalence of falls among older adults in our community. Alleviating the prevalence of falls will help older adults maintain independence and live where they choose to live. Learn about falls trends nationally, statewide, locally, and about the efforts to combat falls and older adults' loss of independence.

305 - Life Balance: Stumble or Stand

Paula Gibson, Azura Memory Care

Life is not always a smooth path. Learn 7 habits that will help you stay upright no matter what life throws at you. An interactive presentation designed to make you think, reflect, learn and laugh! Walk away with a lighter heart and a resolution to stand strong on your caregiving journey. Whether you are a family caregiver or professional caregiver, Paula's message will hit home and warm your heart!

401 - Essential Elements of Quality Dementia Care: Education, Engagement, and Experience,

Becky Reichelt, MS, CTRS; St. Paul Elder Services, Inc.

Creating a culture that includes a dementia-friendly environment, mission, and staff engagement is essential to providing a person-centered approach to quality dementia-specific care. The presenter will share specific details of St. Paul Elder Services' Passages Program which incorporates a continuum of care, services, and residential options designed to enhance the abilities of persons living with dementia throughout the disease process. Discussion will focus on three specific components of care:: experience, engagement, and education.

402 - Fox Valley Memory Project Cafes & Beyond

Lynn Ann Clausing Rusch, Fox Valley Memory Project

The Fox Valley Memory Project (FVMP) has grown in 5 years to include programs and services well beyond memory cafes. This workshop will explain how the FVMP supports the community in additional programming and resources, including 1) Memory Cafes and programs that have developed as social extensions including our "On a Positive Note" Chorus , theater outings & musical concert (dress rehearsals), bus trips and social meetings (museums, dining, etc); 2) the methods we use to communicate with participants, potential participants and professionals in our community (newsletters, facebook, website); 3) the ways we collaborate with other groups within our community and the role they play in our programs; 4) the resources we offer to our community in terms of support and education; and 5) our volunteer support system, including who our volunteers are and the many ways they support our mission.

403 - Firearms, Driving and Medications...Oh My! Safety Threats and Difficult Conversations

Jessica Kuester, MD, Medical College of Wisconsin/Clement J. Zablocki VA
Elizabeth Bukowy DO, Medical College of Wisconsin
Cara O'Brien, Geriatric Fellow, Medical College of Wisconsin

Safety is a primary concern for individuals with dementia. Due to potential impairments in memory, judgment, language, and attention, people with dementia are at increased risk for injury. This interactive session will utilize didactic lecture and case-based small group work to identify the most common safety concerns for individuals with dementia and available resources to help keep people safe. Participants will be able to practice having challenging conversations regarding safety issues. Facilitators will help participants start to develop individualized safety plans for the people with dementia.

404 - Fake It Until You Make It: Role-playing to better communicate with and support people living with dementia

Diane Farsetta, PhD and Lisa Bratzke, PhD, RN, ANP-BC; UW School of Nursing

Increasing numbers of Wisconsinites with Alzheimer's disease and related dementias are living in the community, rather than in skilled care facilities. Family members, care and service providers and other community members are often challenged as they attempt to meet the needs and honor the personhood of those living with dementia. In this highly interactive workshop, participants will have the opportunity to role-play two dementia-friendly simulations. Our simulations make use of equipment designed to provide participants a greater understanding of the challenges faced by people with dementia. After the dementia-friendly simulations, we will engage workshop participants in a mini "train the trainer" session, leading them through the toolkit and discussing different ways they could use the training materials in their own communities.

405 - Our Brains Against Alzheimer's Disease: What Do We Know?

Cynthia Carlsson, MD, MS; UW School of Medicine and Public Health, Madison VA

Through both a presentation and interactive discussion, Dr. Carlsson will review some of the basics of how Alzheimer's disease develops and some of the most promising therapies being evaluated in Alzheimer's prevention studies. She will discuss what we can do to protect our brains right now and what future medications, cognitive activities, and physical exercises are currently being studied. She will also review how to identify whether non-prescription supplements or proprietary cognitive exercises are safe and/or worth the cost. Finally, she will present options for participants to get involved in accelerating the rapid discovery of therapies to prevent Alzheimer's disease.

501- Finding Quality of Life in End-Stage Dementia

Jennifer Flugaur, RN, BSN, CPHQ ; Jenny Malak, RN, BSN; Agrace Hospice

Dementia is a challenging diagnosis for patients, families and caregivers. Often, there can be concerns about nutrition, safety and how to effectively communicate when patients can no longer make their needs known. It can be challenging to know which tools are available to provide comfort and peace of mind to patients with end-stage dementia and those working with them. This workshop will explore interventions to aid in understanding non-verbal communication cues and maximizing symptom management efforts, all while ensuring safety and promoting quality of life for this unique population, their families and their caregivers.

502 - Dementia-Friendly Communities: After the Media Fades

Joy Schmidt, BSW; Aging & Disability Resource Center of Dane County
Heather Kleinbrook, BSN, RN-BC, CDP; Stoughton Hospital
Stacy Austin-Li, Middleton Dementia Friendly Community

When the concept of Dementia-Friendly Communities came to our state, we thought, what a great idea! (It is a great idea!) Everyone was excited to get on board and the news media was all over it. There is something new under the sun in the field of dementia! We need to do this too! That was four years ago. The excitement can fade over time. The media has other things to do. How do we keep the enthusiasm and the volunteer involvement? What happens next?

We will answer these questions and more in this session. We will talk about how you can sustain your Dementia-Friendly Community efforts and keep the excitement and progress going. If you haven't started a dementia friendly initiative yet, we will also share tips that will help you get off onto the right foot.

503 - Engaging Activities- Success through Adaptation!

Colleen Knudson, Attic Angel Community, Wisconsin Representatives of Activity Professionals

It is essential for humans to remain active and engaged throughout life. Maintaining lifelong interests, experiencing new ideas, and having meaningful daily social interactions are vital for our health. How do you provide these meaningful life experiences for a loved one or patient during their individual dementia journey? Learn how to adapt meaningful activities so that participating individuals feel successful, worthy, and engaged. Participants will have the opportunity for hands-on practice to build their skills.

504 - Atypical and Less Common Dementias

Piero Antuono, MD; Medical College of Wisconsin's Dementia Research Center

Dementia is a non-specific change with different underlying causes. Rapid progression of motor symptoms may accompany autoimmune, fronto-temporal, viral, prion disease or metabolic conditions. From a clinical perspective, this workshop will address non-Alzheimer's dementias and will review approaches for maintaining brain health through one's life span.

505 - The Long and Winding Road: Guiding and Supporting Families Facing Complex Challenges in Dementia Care

Miriam Olienses-Torres, MSW, LCSW, C-ASWCM; Stowell Associates, Inc.

A diagnosis of Alzheimer's Disease or another dementia presents a variety of challenges to individuals, families, and their informal and formal support systems. Just as we know that the abilities, needs, and behaviors of those with dementia vary greatly, we also know that there is no "one size fits all" solution for those families facing these challenges. Each client and family has their own unique history, belief systems, values, relationship dynamics, and approaches to dealing with life's ups and downs. Some families are able to seamlessly work together to address their loved ones' needs, but also benefit from consultation with knowledgeable professionals who can assist them to work together to meet current needs, as well as plan for future care. In these situations, professionals are called upon to educate and support families as they determine how to best understand and meet the needs of their loved ones. Other families have complex and difficult histories, which have an impact on their ability to work together to meet the needs of loved ones with dementia. During this workshop, frameworks for assisting families to understand the needs of their loved ones with dementia, approaches to working with families with complex dynamics, and a model for holding family meetings, will be presented and discussed.

TUESDAY LUNCH KEYNOTE

Living in the Moment: The Impact of Dementia on Relationships

Walter Zerrenner, Husband, Caregiver, and Advocate

Walt Zerrenner, a 2017 winner of the Alzheimer's Association's Family Caregiver Award presented at last year's Wisconsin State Conference, will speak about his caregiving journey with his wife Aline, who was first diagnosed with Alzheimer's in 2009. Walt will be joined by a panel of others who have been impacted by dementia, including a person with Alzheimer's disease, a person who lost a family member to the disease, and a person caring for a loved one in a care facility. They will share their personal experiences and perspectives in dealing with Alzheimer's.