



## 31<sup>st</sup> Annual Wisconsin State Conference

May 7-9, 2017  
Kalahari Resorts & Convention Center  
Wisconsin Dells

### Keynote Address and Workshop Descriptions

## SUNDAY, MAY 7

1:00 pm - 4:30 pm - Pre-Conference Seminar

### ***Coping with Behavior Change in Dementia***

**Beth Spencer, MA, MSW**

**Author, Geriatric Social Worker, Family Caregiver**

This seminar will address behavior changes that often occur during the course of a progressive dementia. Beth begins from the premise that we all have basic human needs, including to be loved, comforted, to be productive members of our community and to feel as though we belong. These needs are no different for someone living with cognitive loss, but unmet needs frequently lead to behaviors such as refusing to bathe, wandering, agitation, confusion, and anger, for example. Understanding why behaviors may be happening and strategies to try will be provided.

5:00 - 6:30 pm - Social Hour & Banquet Opening

6:30 - 8:00 pm - Sunday Evening Keynote Address

### ***What I Wish I Had Known Sooner***

**Martin J. Schreiber**

**Former Governor of the State of Wisconsin, Family Caregiver**

Former Gov. Marty Schreiber has become the state's most visible champion for caregivers of persons with Alzheimer's disease. His personal struggle as a husband and caregiver following the diagnosis of his beloved wife Elaine in 2007 is described in his book, *"My Two Elaine's: Learning, Coping, and Surviving as an Alzheimer's Caregiver."*

## MONDAY, MAY 8

7:30 - 8:30 am - Breakfast

8:00 am - 4:00 pm - Exhibit Fair

8:30 - 10:00 am - Monday Morning Keynote Address

### ***Creativity, Connection and Hope***

**Anne Basting, PhD**

**Founder & President, TimeSlips Creative Storytelling**

Creativity is an open, symbolic language that can bring us back into emotional connection when dementia breaks our bonds. Anne Basting shares the inspiring stories from 50 nursing homes across Wisconsin that are learning to use creativity to build community, and invites us to try our hand at creative engagement.

10:00 - 10:30 am - Break

10:30 - 11:45 am - Concurrent Workshops

### **101 - *Balancing Risk & Autonomy: Ethical Dilemmas for Social Workers*** **Beth Spencer, MA, MSW**

This presentation explores the ways in which our culture's emphasis on independence and autonomy impacts aging adults and the work of geriatric social work professionals. Our own values related to risk tolerance are discussed as well as some of the ethical issues and challenges inherent in the work we do with at-risk older people. A risk tolerance self-assessment is used to help participants understand the range of beliefs and values related to decisions.

### **102 - *Creativity, Connection and Hope - How To*** **Anne Basting, PhD** **TimeSlips Creative Storytelling**

Building off of her keynote presentation, Basting and the TimeSlips team invite attendees to practice a variety of creative engagement approaches and begin to imagine partnerships and community events that can create feelings of belonging and purpose.

**103 - *The Wisconsin Alzheimer's Institute: Future Directions***

**Jane Mahoney, MD  
Cindy Carlsson, MD, MS  
Sterling Johnson PhD  
Stephanie Houston, MBA  
Nia Norris, MA  
Wisconsin Alzheimer's Institute**

The Wisconsin Alzheimer's Institute (WAI) has been an integral partner within the Alzheimer's education, service, and research landscape in Wisconsin since the Institute's inception in 1998. With the retirement of WAI's founding Director, Dr. Mark Sager, a new leadership team was appointed in November 2015. Under the visionary direction of Jane Mahoney, MD, and Associate Director, Cindy Carlsson, MD, WAI is building upon its established programs to grow and expand. This session will offer attendees a glimpse at the current status and future direction of the WAI-affiliated Memory Clinic Network, the latest findings and new initiatives of the Wisconsin Registry for Alzheimer's Prevention (WRAP) research study, the growing work of the WAI Milwaukee office, and the expanding activities of WAI's public health team.

**104 - *Caring for Your Soul, Mind, and Body While Caring for Others***

**Jill Hoven, RN, BSN  
MemoryMinders**

As a caregiver both professionally and personally, Jill will discuss lifestyle behaviors and choices all caregivers can implement for their own wellness. Learning to care for oneself while caring for others is a delicate balancing act. Jill will be offering soul wellness strategies of presence, prayer, and practice as options to center oneself before caring for others. Strategies to adjust the caregiver's focus, attitude, and stress levels will be presented for optimal mind wellness. The impact of and strategies for the caregiver's physical and mental exercise, sleep, and nutrition will also be addressed.

**105 - *Medication treatment of cognitive and behavioral symptoms of dementia***

**Cary Kohlenberg, MD  
Independent Psychiatric Consultants, Waukesha**

While there are no medications to prevent dementia, we are not without pharmacological tools. "Cognitive" medications may provide symptomatic treatment, not only for cognitive decline, but also for aiding with functional impairments and modest behavioral symptoms. Behavioral medications may relieve mood or anxiety symptoms, or the most difficult symptoms—psychosis and aggression which may accompany later stages of dementia. Dr. Kohlenberg will review both FDA approved and Off-Label uses of medications prescribed for people with dementia. He will address when to consider starting and stopping medications, best choices, and potential adverse effects.

**106 - *Creating Safer Support Interactions***

**Mark Sweet, PhD**

## **Disability Rights Wisconsin**

What is referenced as a person's "behavior" is that person's way to cope with, assert, or accomplish something that, at least in the moment, matters. We are witnessing a person's point of view (POV). This is true whether that person has a developmental disability, mental illness or some form of dementia. The more able we are to respectfully consider a person's POV, the more able we are to offer support in a safe and meaningful way.

**107 - *Leaving A Living Legacy: At The End Of The Day*  
Moiria Kneer  
Sacred Heart Hospital, The Healing Place**

This workshop will include teaching about how spiritual knowledge, our moral compass, and our ethical wisdom is the true treasure we can leave behind for our loved ones. There will be a discussion and naming of our personal legacies and ways to make them available.

**108 - *Supporting Volunteer Opportunities for Those with Dementia*  
Amy Dedow  
Interfaith Older Adult Programs/Greater Tosa Neighborhood Outreach**

We will explore pilot studies that have been completed globally to measure the effect volunteering has on the lives of those with a dementia diagnosis. Participants will come away with a simple guideline for how to set up volunteer opportunities for adults with dementia, including information to help organizations feel more comfortable with these new volunteers, as well as tips for retaining volunteers that are exhibiting signs of dementia. Let's make volunteering part of the Dementia-Friendly Communities initiative!

11:45 - 1:45 pm - Lunch and Keynote Address

***How We Accomplish Change*  
Tom Hlavacek, Kari Paterson, Laurie Schill  
Alzheimer's Association - Wisconsin Chapter Executive Directors**

Learn about what the Alzheimer's Association does and what it has planned in terms of strategic initiatives from the leaders of the three Wisconsin Chapters.

1:45 - 3:00 pm - Concurrent Workshops

**201 - *Top Tips for Maximizing Treatment and Quality of Life in Lewy Body Dementia, Frontotemporal Dementia, and Vascular Dementia.***

**Michelle Braun, PhD**

**Aspire Neuropsychology & Brain Health**

As diagnostic precision improves, there is a growing desire to understand more about the management of dementias that differ from Alzheimer's, including Lewy-Body Dementia, Frontotemporal Dementia, and Vascular Dementia. Join Dr. Michelle Braun to learn about the diagnosis, causes, and symptoms of these conditions. Learn the importance of strength-based approach in managing challenging behaviors and situations, and effective methods to enhance quality of life for individuals experiencing these conditions.

**202 - *Meeting the Needs of LGBT Couples (Panel Discussion)***

**Sue Moser, MSW**

**Froedtert & Medical College of Wisconsin**

**Bonnie Nutt**

**Alzheimer's Association, South Central Wisconsin**

It's still challenging to get a proper diagnosis, maneuver the health care system and access appropriate resources. What unique challenges does the person with MCI or dementia and their care partner face when they self identify as LGBT? Learn from a panel of LGBT persons with MCI and their caregivers as they discuss their diagnostic process, access to services, their experiences with healthcare professionals and their experiences with heterosexual couples and their community.

**203 - *Performance Dashboard for Person-Centered Care in Practice***

**Lyn Geboy**

**Cygnnet Innovations Group, LLC**

"Person-Centered Care in Practice" is a comprehensive, practical approach to implementing person-centered care, whether in long-term care or home settings. Discover (or review) the fundamentals of Person-Centered Care in Practice. Deepen your understanding of the person-centered care model in concrete terms and everyday language. Learn the metrics of the Person-Centered Care in Practice Dashboard that will help you measure changes in yourself, staff, and care community or day center. Gauge the benefits for persons with dementia.

**204 - *Behavioral Challenges in Dementia***

**Tanya Sutton and Marion Chapin**

**Senior Helpers, Madison**

Participants will learn about common behavioral challenges and predictors of behavioral challenges. Participants will be given a tool to explore the four steps of identifying the cause of behavioral challenges and ways to create an action plan.

**205 - *The Power of Purpose***

**Gina Green-Harris, MBA**  
**University of Wisconsin School of Medicine and Public Health/Center for  
Community Engagement and Health Partnerships**

Many times in life we get bogged down by the daily hustle and bustle of work, family, friends, our kids and more. Some of us may be trying to understand and wrap our minds around a recent diagnosis, others are serving as family or paid care partners for our friends or loved ones with dementia. We have great compassion, care and commitment to our loved ones, patients, and clients, and yet at times we find ourselves so overwhelmed that the importance of our presence gets lost and we wonder how to "keep on keeping on". In this interactive and motivational learning session, we will be reminded of who we are and why we exist. This conversation will highlight the joy that can accompany our work when we recognize that we have been hand-selected to serve others. Participants will leave this workshop feeling empowered, energized and excited about their own personal purpose.

**206 - *Building a Service-Based and Programmatic Approach to Alzheimer's Disease  
Care and Research in Indian Country***  
**Carey Gleason, PhD**  
**UW Madison School of Medicine and Public Health**

The incidence of dementia in American Indians/Alaskan Natives (AI/AN) is approximately 40% higher than the rate in Asian Americans and Whites. In this workshop, we will highlight the collaborations occurring between the Oneida Nation of Wisconsin's Oneida Commission on Aging (OnCOA), the State of Wisconsin's Aging Services for Alzheimer's Division, and the Wisconsin Alzheimer's Disease Research Center. Through these collaborations we seek to build programmatic approaches to address caregiver needs and build awareness about Alzheimer's disease/ dementia in Indian Country, while promoting AI/AN participation in Alzheimer's research.

**207 - *Program Progress: A Silver Alert Update***  
**Kari Orn**  
**Wisconsin Department of Justice**

This workshop will update attendees on the progress of Wisconsin's Silver Alert program. Special attention will be given to data regarding the number of professional/first responder trainings statewide, the number of alerts and findings, as well as what has been learned to date. Future goals of the program will be shared including how community partnerships can be improved to support the program.

**208 - *Legal Decision-Making and Options for Support***  
**Grace Knutson, JD**  
**GWAAR Guardianship Support Center**

This workshop will discuss different methods of advance planning including living wills and powers of attorney. Example scenarios will provide an opportunity to see how advance planning is used and what may happen when an individual does not complete any advance planning. Participants will learn about an individual's decision-making rights and the possible authority of a power of attorney agent and guardian.

3:00 - 3:15 pm – Break

3:15 - 4:30 pm - Concurrent Workshops

**301 - *Help With The Difficult Conversations***

**Sue Bronson**

**New Prospects, Milwaukee**

Caring for a person with dementia is hard. Adding family stress and conflict to the pile can be overwhelming for anyone. Learn skills to have a better conversation, navigate through family conflict, and know when it is time to bring in outside experts.

**302 - *The Helen E.F. Decision and its Impact on Crisis Response Statewide***

**Pat Enright**

**Wisconsin Department of Health Services**

**Dinah LaCaze, MBA, MSW, APSW**

**Milwaukee County Department on Aging**

This workshop will explore strategies and best practices used by Wisconsin counties to develop local coalitions to provide continuity of care that strives to prevent crisis, assure that crisis responders are dementia-capable, and builds a system of stabilization resources and trusting relationships with facilities to accept people in crisis when placement is required.

**303 - *"Conducting" Music in Memory Care***

**Lynnae Novak, MT-BC**

**VMP Healthcare and Community Living, Milwaukee**

This workshop provides information on what music therapy is how it helps those with dementia and Alzheimer's disease in terms of their health and well-being. It also discusses suggestions for using Music and Memory, as well as techniques one can use to incorporate music into leisure programs and activities of daily living.

**304 - *Mind and Memory Matters: Early Detection and Diagnosis of Dementia for Persons with Intellectual/Developmental Disabilities***

**Brenda Bauer, Jeremy Gundlach**

## **Wisconsin Board for People with Developmental Disabilities (WI BPDD)**

Six in ten individuals with Down syndrome will develop dementia in their lifetimes, and many more people with intellectual disabilities also experience early-onset dementia. This interactive and evidence-informed workshop covers the basic concepts of care of an adult with I/DD and dementia; characteristics, effects of aging, and the importance of specialized care, screening and supports for adults with I/DD.

### **305 - *It's all about Relationships: Real People Connections!***

**Lynda Markut, Wendy Betley**  
**Alzheimer's Association of SE Wisconsin**

Participants will learn what happens to relationships that persons with dementia and care partners had, the impact of the loss of many relationships, and the need to maintain and develop new relationships. Presenters will utilize Dr. Amy Banks' CARE System and reflections of care partners and persons with dementia to help attendees understand the impact relationships have on their emotional, physical, and cognitive health.

### **306 - *Inspiring Hope through Alzheimer's Research: An update from the Wisconsin Alzheimer's Disease Research Center***

**Cynthia Carlsson, MD; Hanna Blazel, MS**  
**University of Wisconsin School of Medicine and Public Health**

This workshop will address the ongoing translational research efforts of the Wisconsin Alzheimer's Disease Research Center (ADRC). Dr. Carlsson will review the course of Alzheimer's disease research, present results from ongoing ADRC and affiliated studies, and discuss research ideas on the horizon. Attendees will also learn more how to become involved in the research efforts happening at the University of Wisconsin.

### **307 - *Engaging Behaviors One Moment at a Time***

**Paula Gibson**  
**Azura Memory Care**

This workshop will provide attendees with a better understanding of the underlying causes of behaviors or expressions. It will walk them through ways to approach and communicate with someone who is having an expression and will teach attendees how to engage them in personalized activities to enhance care and quality of life. Attendees will be able to get up and move, laugh, learn and find easy ways to refocus those with expressions toward moments of peace and joy, rather than catastrophe.

### **308 - *Dementia-Friendly Communities Across Wisconsin***

**Bonnie Nutt, Alzheimer's Association South Central WI**  
**Cori Marsh, Aging & Disability Resource Center - Rock County**  
**Whitney Thompson, MPH, CHES, Aging & Disability Resource Center - SW WI**

**Melody Riedel, Director of Operations and Services, Colonial Club Senior Activity Center; Dementia Friendly Sun Prairie Initiative Leader**

This panel will bring together individuals from across the state of WI who are actively working on Dementia-Friendly Initiatives from urban to rural communities. The panel will discuss challenges and successes in their communities and will seek input from attendees.

5:00 - 5:45 pm - Walk to End Alzheimer's

6:00 - 7:00 pm - After Walk Social (The Great Karoo)

7:00 - 8:30 pm - Concurrent Workshops

**M1 - *The Science and the Soul of Dancing with Dementia: An Evidence-Based Approach*  
Dianne Brakarsh  
Moving from Within**

This workshop will examine the multi-dimensional benefits of creative dance for persons with dementia. We will focus on what makes dance a uniquely effective intervention for this population as compared to other forms of movement and exercise. Attendees will then participate in a creative dance session - no prior dance or movement experience necessary. Stimulate your brain and energize your body; be prepared to laugh, loosen up and have fun!

**M2 - *Let the Good Times (Drum) Roll - Rhythm Engagement on a Budget*  
Tom Gill  
Rhythm for Unity**

Using low cost or homemade instruments, participants will have a hands-on, heart opening experience of the powerful and unifying experience of Rhythm Engagement! See, hear and FEEL for yourself what it's like to be a part of a magical, in-the-moment and inclusive program. It may inspire you to start a similar program on your own! No musical experience required, passion a plus!

**M3 - *Benefits of Using Aromatherapy: Support for Caregivers Every Day and Every Way*  
Barbara Lemke, RN, CCAP  
Avolen Wellness Center**

This session will introduce using essential oils as a therapeutic option for client, family and caregivers. Essential oils use our sense of smell which is a direct route to our limbic system of the brain, the most primitive area which can affect our emotions and mood within a matter of minutes. Essential oils can bring about a calm and stress-free environment. Learn which oils benefit the most. Essential oils will be diffused and can be sampled during the session.

## **TUESDAY, MAY 9**

7:00 - 8:00 am - Breakfast

8:00 - 9:15 am - Tuesday Morning Keynote Address

***Federal Policy that Matters to You***  
**Matthew Baumgart**  
**Alzheimer's Association, Senior Director of Public Policy**

As the Senior Director of Public Policy for the Alzheimer's Association, Matthew will share his insights into where things may be headed with federal budget and policy issues affecting people with dementia and their care partners.

9:15 - 9:30 am - Break

9:30 - 10:45 am - Concurrent Workshops

**401 - *Behavior as Communication - or How to Understand, Prevent, and Respond to Behavior Symptoms Associated with Dementia***  
**Diane Baughn, Alzheimer's Association of SE Wisconsin**  
**Dinah LaCaze, MSW, APSW, MBA, Milwaukee County Department on Aging**  
**Jim Freiburger, PhD, Allied Counseling Services**

The presenters will discuss how to understand, prevent, and respond effectively to behavioral symptoms of dementia. Participants will learn how to identify behavioral triggers and use techniques to de-escalate behaviors, recognizing the need to see and treat the person with dementia as an individual.

**402 - *Present in the Now: An Adapted Mindfulness Intervention for People with Dementia***  
**Christine Kovach, PhD, FGSA**

**Jewish Home and Care Center, Milwaukee**  
**Lisa Sattell**

Over the past two decades, mindfulness has gained increasing popularity as a means to develop a deeper sense of happiness and personal calm. This workshop will describe and provide opportunities for practicing a mindfulness intervention called Present in the Now. The components of this intervention are specifically chosen so that those who are cognitively impaired can participate and benefit. The three components of the intervention are attention regulation, body awareness, and compassion meditation. The rationale for these components and the mechanisms by which each component helps people to regulate stress reactivity, increase body awareness, and improve quality of life will be described. Results of a preliminary study testing the effectiveness of this intervention in residents of a long-term care nursing home and residential living center will be described.

**403 - *Living in the Moment: Creative Engagement and Sensory Integration***  
**Dawn Koceja**  
**Milwaukee Public Museum**

Art, music, dance, theater and object-based interactions all provide opportunities for brain stimulation. Through conversations, stories, and quality interactions these types of activities can provide meaningful experiences in the here and now. The SPARK! Alliance provides museum-based programs for people with early stage memory loss across the Midwest. Come learn new and creative ways to LIVE IN THE MOMENT by participating in this very hands-on workshop and gain ideas on how to integrate arts and culture into your programs.

**404 - *We're on the Road Again: A Team Approach to Providing Education to Enhance Dementia Care in the Healthcare Field***  
**Marge Hendrickson, RN, Aurora Health Care**  
**Soryal Soryal, MD, Aurora Health Care**  
**Krista Scheel, Alzheimer's Association of SE Wisconsin**

You, too, can go on the road! Join us for this interactive workshop and learn ideas and strategies to assist you in developing and implementing a program that can provide extra tools for your primary care physicians as well as hospital and clinic staff to enhance the dementia care they provide. We will be addressing the burden of caregiver stress and will highlight the importance of collaboration between a health care providers and the Alzheimer's Association.

**405 - *Overwhelmed and Unpaid: Guiding Overwhelmed Families Through Difficult Conversations***  
**Cori Marsh**  
**Aging & Disability Resource Center of Rock County**

This workshop will provide an overview of some of the more difficult conversations caregivers often want to have, but are not sure how to bring up or to whom to turn. Telling someone what they should do is much easier than talking to them about what they think. An important question to ask of any caregiver is what they worry about when they are alone with their thoughts. This seminar will discuss ways to bring up challenging topics including driving, the future, end of life, difficult behaviors, and sexuality and intimacy.

**406 - *Music & Memory Program in the Home: A Unique and Intergenerational Approach***  
**Trisha Bailkey**  
**Aging & Disability Resource Center of Barron, Rusk and Washburn Counties**

This workshop will walk participants through the approach used by the Aging & Disability Resource Center of Barron, Rusk, and Washburn Counties to connect area youth with elders living with dementia at home through the Music & Memory Program. The workshop will encourage participants to explore a possible unmet need in their community, while reaping the benefits of connecting generations. The result is a community thriving in empathy and connection, all the while decreasing the long-held stigma associated with dementia.

**407 - *The Myths and Realities of Aging and Driving***  
**Steve Paczynski**  
**Wisconsin Department of Motor Vehicles**

Research indicates that some of the safest drivers on the road today are 65 and older. When they do get into accidents, however, they are more likely to have serious injuries or die. We will debunk some of the myths surrounding older drivers and will provide information on what the DMV and private citizens can do for older drivers.

**408 - *Engaging Behaviors One Moment at a Time***  
**Paula Gibson**  
**Azura Memory Care**

This workshop will provide attendees with a better understanding of the underlying causes of behaviors or expressions. It will walk them through ways to approach and communicate with someone who is having an expression and will teach attendees how to engage them in personalized activities to enhance care and quality of life. Attendees will be able to get up and move, laugh, learn and find easy ways to refocus those with expressions toward moments of peace and joy, rather than catastrophe.

10:45 - 11:00 am - Break

11:00 am - 12:15 pm - Concurrent Workshops

**501 - *Mediating Family Differences in Elder Care***

**Rachel Monaco-Wilcox, JD, Winnebago Conflict Resolution Center, Inc.**

**Michael Rust, JD, Winnebago Conflict Resolution Center, Inc.**

**Sue Coyle, COTA, BA CMC, Coyle Care Management and Consulting, LLC**

Elder Mediation is a multiparty problem-solving process facilitated by a trained professional who understands the issues of aging and the interplay of law and family needs. The participant will gain an understanding of a mediator's role and approaches in helping to reach resolution with disputes among families, older adults, and professionals. Mediation allows all to be heard and works toward finding understanding and resolution versus determining blame or fault. The emphasis is on helping the involved persons to reach their own resolutions in a safe and fair atmosphere.

**502 - *Understanding and living with Lewy Body Dementia***

**Tracy Sherman, MD**

**Prevea Health**

Lewy Body Dementia is a devastating disease that differs from Alzheimer's Disease and has its own challenges. In order to live with and give care for individuals with this disease we must first understand it. This workshop will help give a deeper understanding of the disease, current treatment strategies, and what the future holds.

**503 - *The Importance of Social Connectedness***

**Patricia Morter**

**Wisconsin Representatives of Activity Professionals**

Maintaining brain health and staying physically active are important factors in aging well. This session will explore the importance of maintaining relationships and social connectedness. We will discover how time spent engaged in social connections can improve our overall health and well-being. During this session, care partners will learn individualized ways of bringing meaning and purpose to others living with dementia. We will share the importance of designing communities for seniors that facilitate social connections. We will explore ways to develop continual intergenerational programming to form lasting relationships.

**504 - *The Myths and Realities of Aging and Driving***

**Steve Paczynski**

**Wisconsin Department of Motor Vehicles**

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**505 - *Inpatient Geriatric Psychiatry and Our Journey to Becoming a Dementia***

**Friendly Hospital**  
**Heather Kleinbrook, RN-BC**  
**Stoughton Hospital**  
**Jake Dunn, LCSW**  
**Stacy Wendt, RN**

The Geriatric Psychiatry Inpatient Program at Stoughton Hospital is designed to treat acute mental health disorders and challenging behaviors in adults age 55 and over. This session will provide an overview of this unique program, describing the patients served and interventions utilized. Following an employee staff meeting in November, 2015, the unit committed to leading our hospital in becoming dementia-friendly and on August 29th, 2016, we were able to celebrate our accomplishment with a ribbon cutting ceremony. Come and hear about our unit and our journey to becoming the first Dementia-Friendly Hospital in Dane County.

**506 - *Life Interrupted: Living with Young-Onset Memory Loss and the Need for Connection***  
**Dawn Adler & Dana Rubin-Winkelman, MSW**  
**Jewish Home and Care Center, Milwaukee**

The session will offer real life stories as well as ways to support independence through creative and innovative programming. Its purpose is to assist those with younger onset dementia under the age of 65.

**507 - *Improving Understanding and Care Through Life Story***  
**Diane Baughn, Alzheimer's Association of SE Wisconsin**  
**Dinah LaCaze, Milwaukee County Department on Aging**  
**Jim Freiburger, PhD Allied Counseling Services**

Attendees will learn how to better understand those suffering from Alzheimer's and neurocognitive disorders. By exploring, uncovering, or learning an individual's history and "life story", it helps one understand the important life events that impact and shape an individual's thoughts, identity and behaviors. Knowing one's Life Story enables loved ones, friends, family, and caregivers to better understand how to care for, support, and treat individuals in the later stages of life, especially those who cannot communicate, describe, or explain their needs, wants, wishes, and distress. Developing a Life Plan is essential in any and all attempts to meet an individual's needs to improve quality of life, to increase purpose and meaning, and to decrease and minimize emotional and behavioral distress.

**508 - *Legal Interventions for Persons with Dementia***  
**Carol Wessels, JD**  
**Wessels Law Office, LLC**

This workshop will cover the different kinds of legal remedies available when an individual with dementia is in need of care or protection, will explain the difference between a mental commitment under Wisconsin Statutes Chapter 51 and a protective placement under Chapter 55. It will also cover the proactive steps that can be taken to minimize the likelihood that such interventions will be necessary.

12:15 - 1:45 - Lunch and Keynote Address

***Living Well with Dementia: The Younger-Onset Perspective***

**Lonni Schicker**

**Member, Alzheimer's Association - National Early Stage Advisory Group**

Join National Early-Stage Advisor, Lonni Schicker, for a personal account of her experience living with mild cognitive impairment. This session will also include a panel discussion with other individuals living in the early-stage of Alzheimer's and related dementias to address how they have chosen to live well with dementia.



Save the Date for our 32<sup>nd</sup> annual Wisconsin State Conference

May 6-8, 2018

24/7 Helpline 800.272.3900

The Alzheimer's Association® 24/7 Helpline – 800.272.3900 – is available around the clock, 365 days a year. Through this free service, specialists and master's-level clinicians offer confidential support and information to people with disease, caregivers, families, professionals and the public.

Contact the Helpline day or night for:

- Information about memory loss, dementia and Alzheimer's disease
  - Information on medication and other treatment options
    - Safety issues and services
    - Tips for providing quality care
  - Strategies to reduce caregiver stress
- Recommendations on how to find quality care providers
- Referrals to local education, care and support programs and services