

## IN HONOR OF WOMEN'S HISTORY MONTH

Which has been recognized by Congress since 1982



Join Congresswoman  
**JACKIE SPEIER** for

# ALZHEIMER'S: A WOMEN'S HEALTH ISSUE

## AN INFORMATIONAL PANEL DISCUSSION

• **DO YOU HAVE QUESTIONS? OUR PANEL HAS ANSWERS** •  
What are the early signs of Alzheimer's disease? • How can you distinguish between Alzheimer's and everyday forgetfulness? • How is Alzheimer's diagnosed? What's it like to live with Alzheimer's? • Are there reasons why women represent 64% of Alzheimer's patients? • Is there hope for a cure? • What's the future for new treatments and research? • What is the funding for Alzheimer's research?



**Cynthia Ortiz Guzman, LVN, RT**  
Alzheimer's Advocate,  
Person Living with Alzheimer's

In 2011, Cynthia was diagnosed with younger-onset Alzheimer's disease on her 63<sup>rd</sup> birthday.

She served on the Alzheimer's Association's National Early Stage Advisory Group and was a consultant for the movie *Still Alice*. Cynthia volunteers as a speaker and advocate with the Alzheimer's Association. She is the 2015 "Woman of the Year" for the 5th Congressional District.



**Michael Greicius, MD, MPH**  
Medical Director, Stanford Center for  
Memory Disorders

Dr. Greicius is an Associate Professor in the Department of Neurology and Neurological Sciences at the Stanford University School of Medicine. Recent work has focused on sex-based differences in the genetic risk of Alzheimer's disease revealing that the effect of the APOE4 risk gene is stronger in women than in men. A new research project examines whether these differences in Alzheimer's risk begin to appear near the time of menopause.



**Elizabeth Landsverk, MD**  
Medical Director, ElderConsult

Dr. Landsverk has over twenty years of experience in providing medical care to the elderly. She is board-certified in Internal medicine, Geriatric medicine and Palliative care medicine. Dr.

Landsverk founded ElderConsult to address the challenging medical and social issues often facing older patients and their families.



**Ruth Gay** · Director of Public Policy and  
Advocacy, Alzheimer's Association,  
Northern California and Northern Nevada

Since 1996, Ruth's scope of work with the Alzheimer's Association has encompassed working directly with families who are coping with Alzheimer's disease, to working with the legislation which will influence how these individuals are served in the community.

**Monday, March 30, 2015 · 12:00 noon**  
**City of San Mateo Council Chambers · 330 W. 20<sup>th</sup> Avenue, San Mateo**

YOU'RE WELCOME TO BRING YOUR "BROWN BAG" LUNCH TO ENJOY AT THE EVENT

SPACE IS LIMITED. **PRE-REGISTRATION RECOMMENDED AT [www.SPEIER.HOUSE.GOV](http://www.SPEIER.HOUSE.GOV)** OR (650) 342-0300

